

INDIAN ACADEMY

Degree College - Autonomous

REPUBLIC DAY CELEBRATION

Date: 26th January 2024

Timing: 8:00am -11:00am

VENUE: Open Auditorium

AIMS:

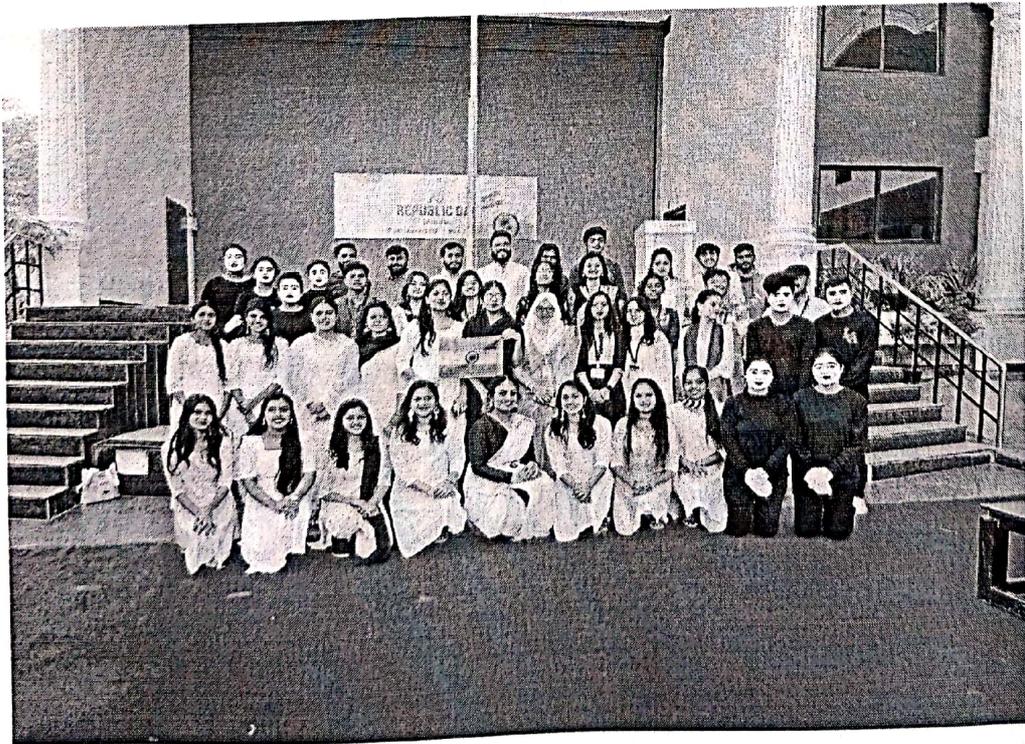
Remembering and cherishing the day when India became a sovereign, socialist, secular, and democratic republic.

OBJECTIVES:

- It reminds us of the sacrifices made by freedom fighters and the values enshrined in the Constitution.
- Promotion of Diversity.
- The cultural performances and tableaux during the parade highlight the diverse cultures, traditions, and languages of India, promoting a sense of pride in the country's unity in diversity.
- It marks the day when India became a sovereign, socialist, secular, and democratic republic.
- The Constitution which declared our country a Republic allow us to live in own way, live a dignified life and rule ourselves – it proclaims us a democracy. Helps to understand Democracy and its importance.

OUTCOMES:

- We realize Our right to lead a good and dignified life.
- right to get educated.
- right to follow any religion.
- right to speak freely and putting own views, everything depends on Constitution of India.



On January 26, 2024, Indian Academy Degree College, Autonomous celebrated Republic Day with great enthusiasm and patriotic fervor. The celebrations commenced at 8:30 am with the hoisting of the national flag by Lt. Col. Vivek Muthanna in the presence of the students and faculty of Indian Academy Group of Institutes. The Chairman of the institute, Dr T Somasekhar, was also present on the occasion.

The cultural programmes, which followed the flag hoisting, were a treat to the eyes and ears of the audience. The students of Indian Academy Degree College, Autonomous, presented a mesmerizing dance performance, while the students of Indian Academy Junior College, Bangalore, showcased their talent in singing and dancing. The students of Indian Academy School, Bangalore, left the audience spellbound with their melodious rendition of patriotic songs.

In his address, Lt. Col. Vivek Muthanna, the guest of honor, shared his experiences and emphasized the importance of the day. He spoke about the significance of the Constitution and the values it embodies, and urged the students to imbibe these values in their daily lives.

Dr T Somasekhar, the Chairman of the institute, delivered the presidential address, in which he appreciated the efforts of the students and faculty in organizing the event. He exhorted the students to grow in a positive approach towards the Constitution and its importance, and to strive for excellence in all their endeavors.

The Republic Day celebrations at Indian Academy Degree College, Autonomous, were a grand success, and the students and faculty left the venue feeling proud of their country and its rich heritage. The event served as a reminder of the importance of patriotism, unity, and national pride, and inspired the students to work towards building a better India.


STUDENT WELFARE OFFICER
Indian Academy Degree College - Autonomous
Hennur Main Road, Kalyan Nagar
Bangalore - 560 043, Karnataka



On January 26, 2024, Indian Academy Degree College, Autonomous celebrated Republic Day with great enthusiasm and patriotic fervor. The celebrations commenced at 8:30 am with the hoisting of the national flag by Lt. Col. Vivek Muthanna in the presence of the students and faculty of Indian Academy Group of Institutes. The Chairman of the institute, Dr T Somasekhar, was also present on the occasion.

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INDIAN ACADEMY

Degree College - Autonomous

ETHNIC DAY CONDUCTED IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

VENUE:

BASKETBALLCOURT IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS
ON SEPTEMBER 9TH 2023.

AIMS:

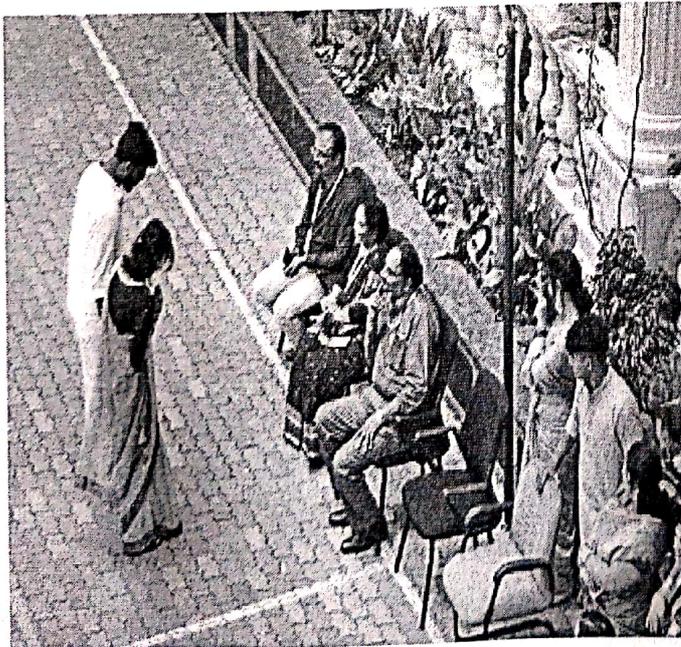
- World Ethnic Day aims at celebrating different cultures and ethnic groups.
- The day helps reconnect people with traditional and cultural roots
- Promote the true essence of age-old customs and traditions that have helped forged the different civilisations around the world.
- Cultural Appreciation.
- Education and Awareness
- Fostering Inclusivity

OBJECTIVES:

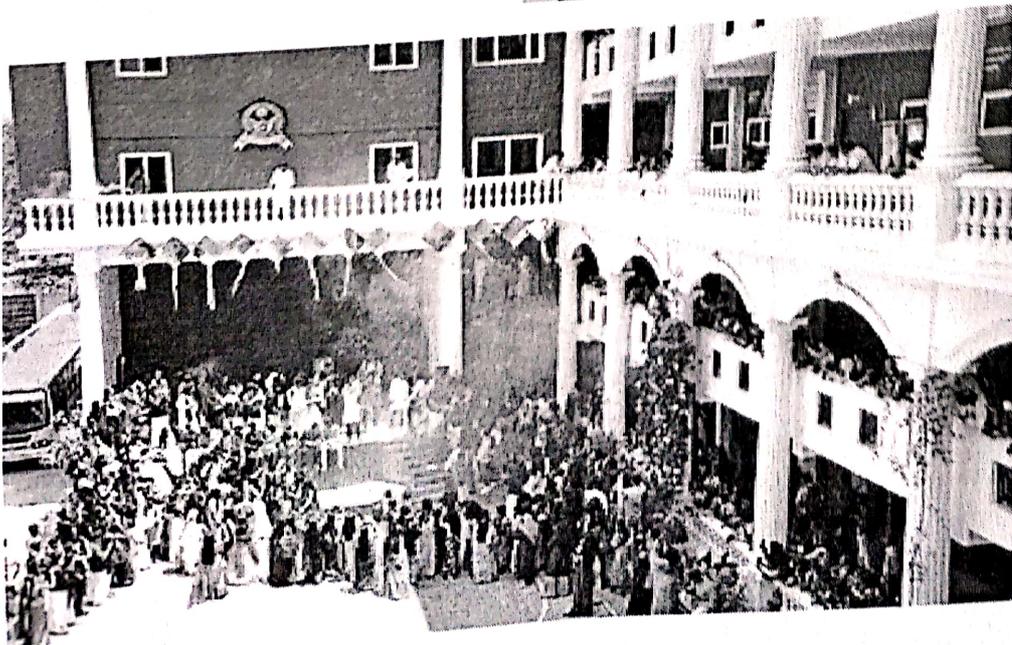
- It's a day designated for all to come in traditional attire from their home state, or specific culture of their choice.
- Encourage students and staff to wear traditional dresses that represent their culture. It could be a Phiran from Kashmir, a Pattu Pavadai from Karnataka, a ghagra Choli from Gujarat or a Dhoti kurta from Bengal.
- We celebrate Ethnic Day to spread awareness and preserve and save different regions' historical heritage, civilization, ethnology, art, and culture.
- The Day helps reconnect people with their traditional and cultural roots.
- It is celebrated to showcase and honouring the cultural diversity and traditions of a specific ethnic group or community.
- The day marks the celebration of unique cultures as well as their heritage ,tradition, music and art.

OUTCOMES:

Cultural Awareness: Celebrating ethnic days fosters cultural awareness, encouraging people to learn about and appreciate the traditions, customs, and history of different ethnic groups.
Unity and Inclusivity: Such celebrations promote a sense of unity and inclusivity by bringing together people from various backgrounds, fostering a shared understanding and appreciation for diversity.
Educational Opportunities: Ethnic days often provide educational opportunities, offering platforms for individuals to share their cultural knowledge and experiences, contributing to a more informed and enlightened community.
Cultural Exchange: Celebrations encourage the exchange of ideas, traditions, and values among diverse groups, promoting dialogue and understanding between people of different ethnicities.









IMPLIMENTATION PALN:

On occasion of celebration of ethnic day, a circular was shared to the students prior all the students and faculty were informed to dress in an attire way. Ethnic day celebration began at 1:30pm all the student's faculty members and principal were gathered there. We had different performances by the students as well as the launch of spectrum was released and we concluded with DJ and parted away to go home.


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INDIAN ACADEMY

Degree College - Autonomous

YUVTARANG 2024

The carnival of colours

Date: 6th & 7th of MARCH

Timing: 9:00 AM-7:00 PM

VENUE: Open Auditorium

AIMS:

It promotes the unique personality of the college, brings students together, and provides a platform for interaction and collaboration. College fests help in developing leadership and organizational skills, which are essential for future careers.

OBJECTIVES:

- **Promote Cultural Diversity:** The fest can serve as a platform to celebrate and showcase the diverse cultures present within the college community. By featuring performances, exhibitions, and activities representing various cultures, students can gain a deeper appreciation and understanding of different traditions, languages, arts, and customs.
- **Foster Inclusivity and Unity:** Cultural fests provide an opportunity for students from different backgrounds to come together and participate in a shared experience. By organizing inclusive events and encouraging collaboration among students of diverse cultural backgrounds, the fest can help promote unity and mutual respect within the college community.
- **Encourage Creative Expression:** Cultural fests often include various competitions, performances, and artistic showcases that encourage students to express themselves creatively. Whether it's through music, dance, drama, art, or literature, the fest can inspire students to explore and express their cultural identity and creativity in meaningful ways.
- **Enhance Interpersonal Skills:** Organizing and participating in cultural fest activities such as planning committees, event management, and team performances require students to collaborate, communicate effectively, and work towards common goals. These experiences can help students develop valuable interpersonal skills such as leadership, teamwork, and problem-solving, which are essential for their personal and professional growth.



- **Promote Cultural Awareness and Education:** Cultural fests can also serve as educational platforms, offering workshops, seminars, and interactive sessions that delve into various aspects of different cultures. By organizing talks, demonstrations, and exhibitions, the fest can raise awareness about cultural heritage, traditions, social issues, and global perspectives, fostering a more informed and culturally sensitive student body.

OUTCOMES:

- **Cultural Awareness and Appreciation:** Students develop a deeper understanding and appreciation of diverse cultures through exposure to various cultural performances, exhibits, and activities during the fest.
- **Community Building:** The fest fosters a sense of community among students, faculty, and staff by providing opportunities for interaction, collaboration, and shared experiences.
- **Skill Development:** Students involved in organizing and participating in the fest gain valuable skills such as event planning, teamwork, leadership, communication, and project management.
- **Promotion of Talent:** The fest provides a platform for students to showcase their talents in areas such as music, dance, drama, art, literature, and other cultural forms, thereby boosting their confidence and recognition within the college community.
- **Cultural Exchange:** The fest facilitates cultural exchange and dialogue among students from different backgrounds, promoting cross-cultural understanding and tolerance.

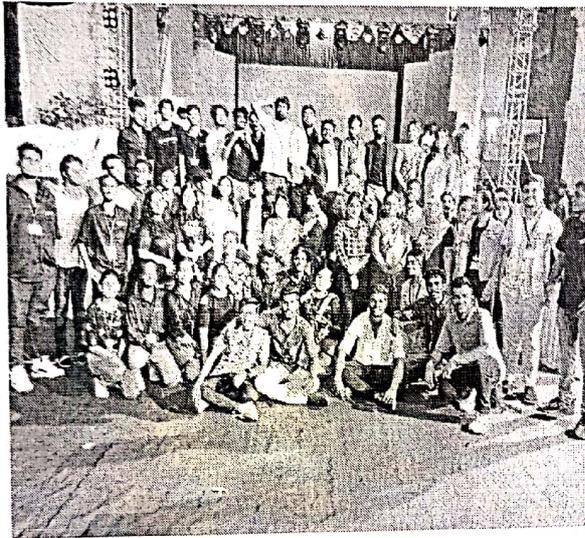
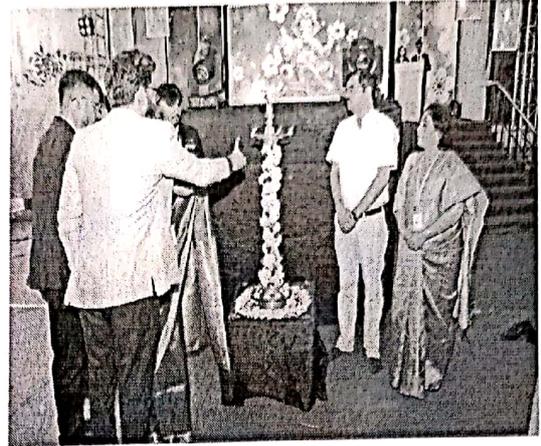
The remarkable event Yuvtarang – The carnival of colours, the 6th Annual Cultural Fest of Indian Academy Degree College, Autonomous held on 6th and 7th March 2024. Yuvtarang-carnival of colours, is a culturally vibrant platform for youngsters to showcase their passion for cultural events. It was a fantabulous opportunity, for the students. It not only provides entertainment and knowledge but also helps students develop organizing skills that include but are not limited to communication, marketing, public relations, networking, leadership, mentoring, conflict management and community building. to exhibit their talents and honing their managerial skills, and people skills. This event is one of the biggest and highly anticipated cultural fests in the city. Yuvtarang is a multitude of events ranging from Indian and Western music, Dance contests to Fashion shows and much more.

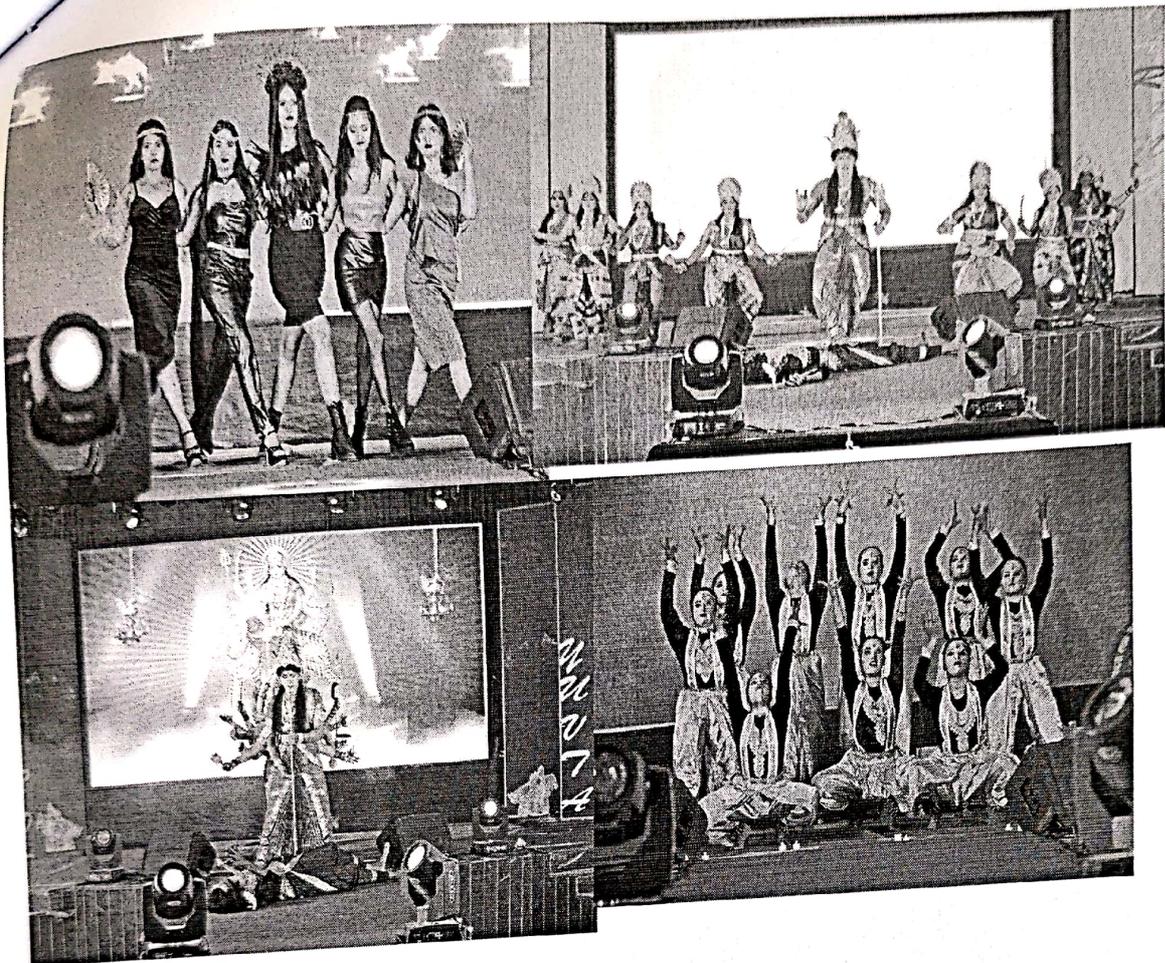
The two- days of cultural fest was inaugurated by the chairman, Dr.T.Somashekar, Indian Academy Education Trust. (IAET). Dr.T.Thilaka principal Indian Academy Degree College, gave welcome address. .Dr.T.Somashekar, gave presidential address, there he mentioned about the importance of extracurricular activities for the students.

The cultural fest started with the launching of the event on 4th March. The day was celebrated as an Ethnic day. The whole week the students were asked follow colour code on each day. On 7th March 2024, Yuvatrang started with the off-stage programmes such as face painting,

Bridal Make up ,Cooking without Fire, Mehandi, Short movie Making, Stand-up Comedy, Mobile Gaming, Photography, Pencil Sketching, Poetry, Treasure Hunt, Photo Feature, Reels Making, Quiz, and Nail Art.....and so on attracted the creative young stars. The next day 7th the on- stage events were conducted. The events are Mono Melody, Solo singing Indian, Group Singing Indian and Non- Indian, Battle of Bands, Fashion Show, Folk Dance, Folk Dance, Rap, Mime, Mad Ads, Group Dance Indian and Non -Indian, Beat Boxing, Solo Dance Indian and Non- Indian. The student from more than 30 colleges in and around Bangalore taken part. The overall champion ship was won by Indian Academy Degree College Autonomous. The judges of high profile were invited to witness and judge the event. The cash prizes were given to the winners.

SL.NO	INVOCATION DANCE	Theme dance
1	SOUNDARYA 2 ND SEM BCA	NANDINI SINGH 6 TH SEM BSC
2	DEEPAK 4 TH SEM BCA	SANJAY 6 TH SEM BSC
3	SANDHYA 4 TH SEM BCA	SAMUEL 6 TH SEM BSC
4	PRIYA GUPTA 4 TH SEM BCA	VANDANA 2 ND SEM BSC
5	DHEEPIKA 4 TH SEM BCA	SHAGUN 2 ND SEM
6	DAFNY 2 ND SEM BCA	
7	PRINCE 4 TH SEM BCA	
8	SAM 4 TH SEM BCA	





M. J. Jy
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Arul

INDIAN ACADEMY

Degree College - Autonomous

ZENITH-2K24 CONDUCTED IN INDIAN ACADEMY DEGREE COLLEGE **AUTONOMOUS**

VENUE:

SEMINAR HALL I – INDIAN ACADEMY DEGREE COLLEGE – AUTONOMOUS
1:00pm on 30th May 2024

AIMS:

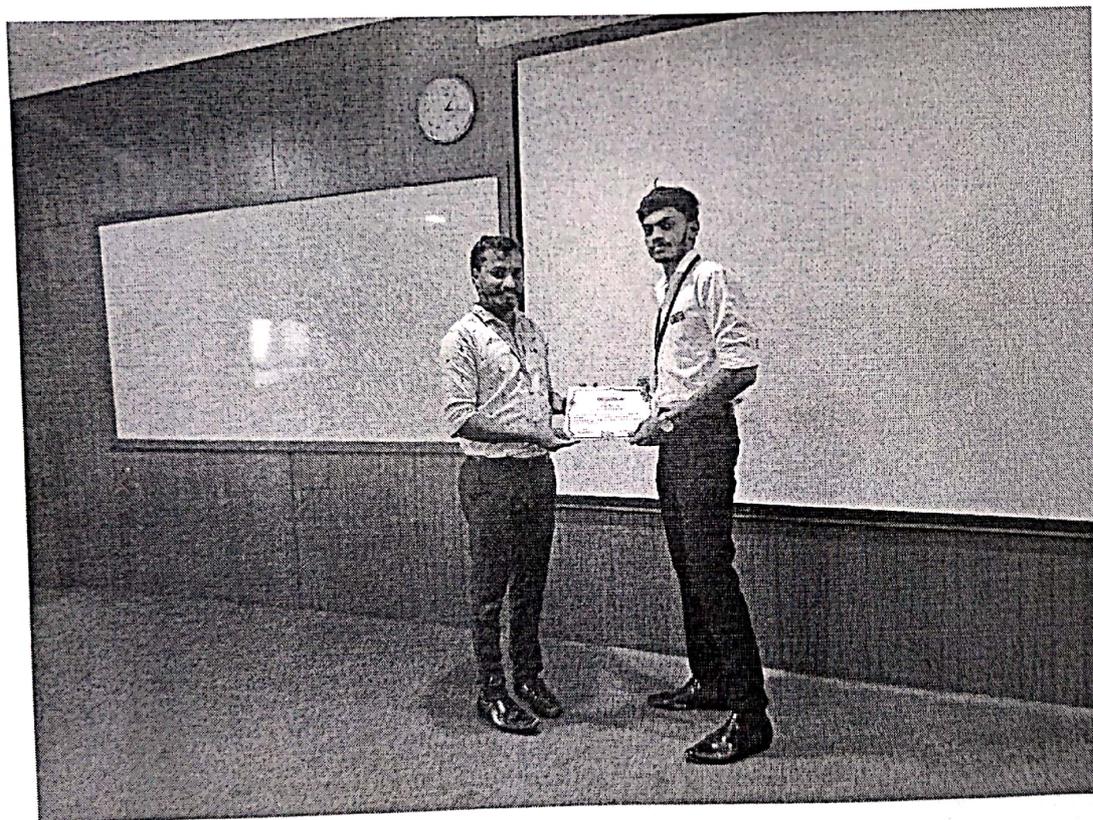
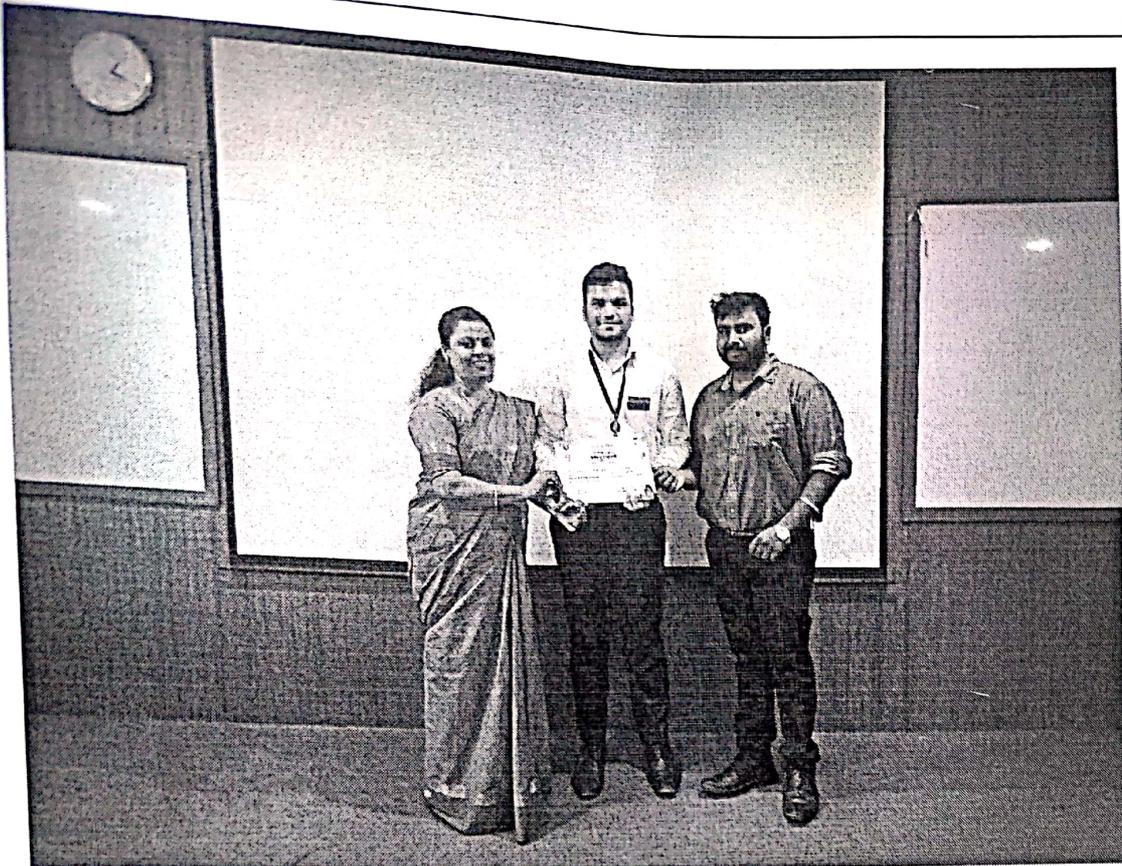
The main objective of conducting this event(zenith-2k24) is to reward/award the Student Council Members of the year 2023-24

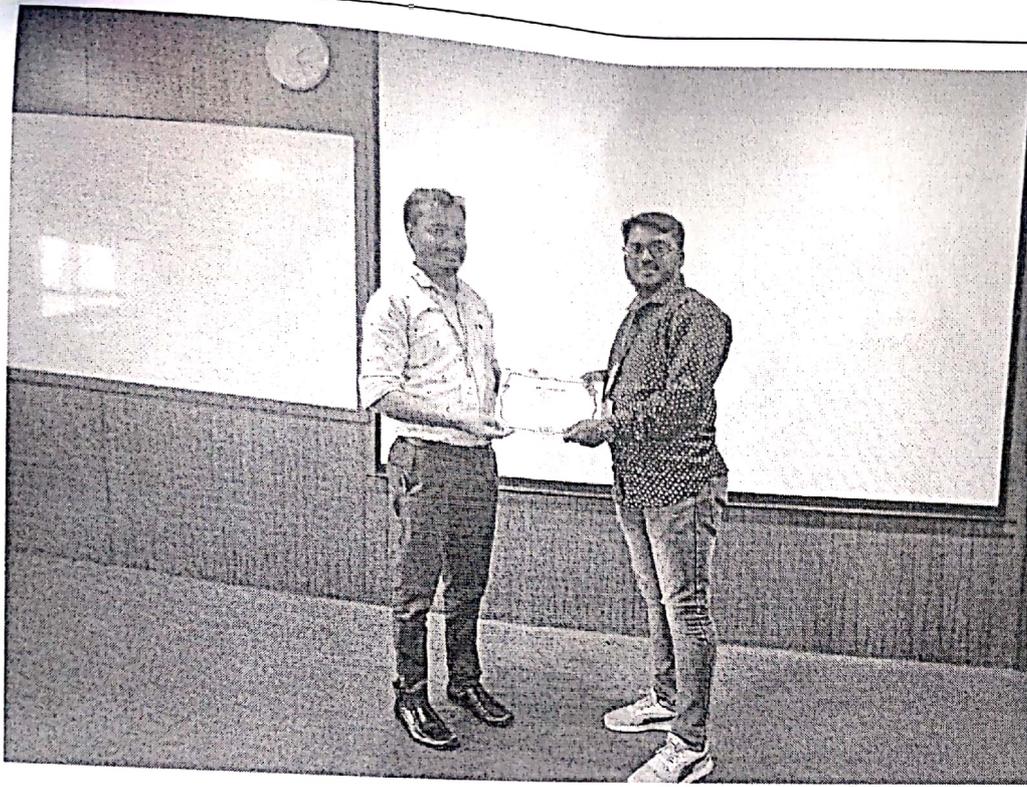
OBJECTIVES:

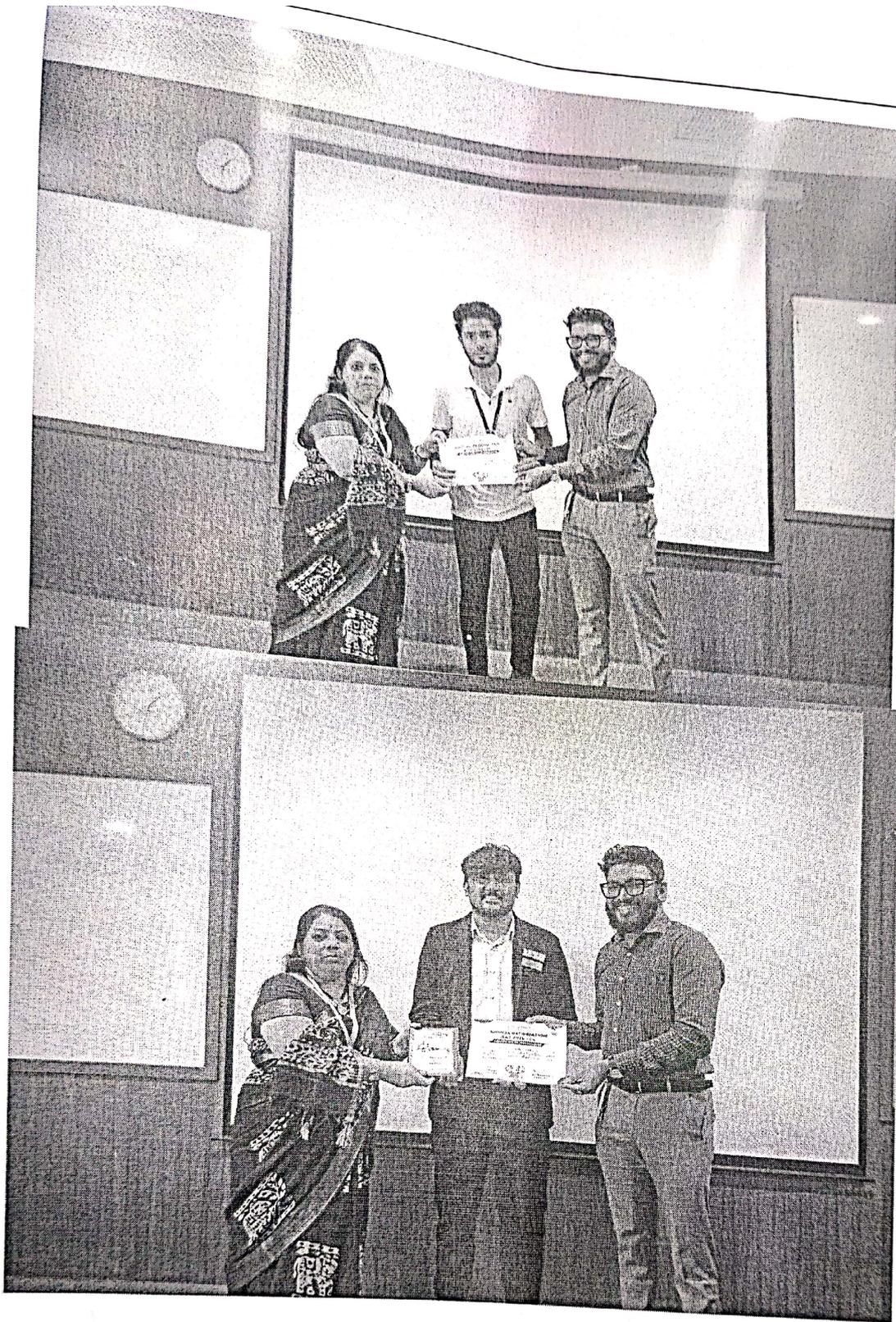
- **To appreciate the efforts of students towards the institution**
- **To boost up the student's morale**
- **To encourage future participation and engagement in student council**
- **To celebrate the leadership and teamwork demonstrated by CR's and student council**
- **To strengthen the sense of community within the institution by bringing together students, faculty, and staff in celebrating student leadership.**

OUTCOME:

- **The recognition of current CRs served as an inspiration for other students, encouraging them to take on leadership roles in the future.**
- **The event increased awareness and visibility of the student council's work, showcasing their achievements and initiatives.**







[Handwritten Signature]
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Dist. - 401 103, K. M. - 43

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INDIAN ACADEMY

Degree College - Autonomous

ZUMBA CONDUCTED IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

VENUE:

MULTIPURPOSE HALL IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS
ON 23th DECEMBER 2023

AIMS:

- Promotion of Sustainable Fashion
- Celebration of Cultural Diversity
- Customer Engagement and Loyalty
- Promoting Physical Fitness
- Fostering Community Engagement
- Raising Awareness about Mental Well-being

OBJECTIVES:

- Encouraging Physical Activity
- Building a Sense of Community
- Raising Awareness about Fitness Benefits
- Promoting Stress Relief: The dance
- Showcasing Cultural Appreciation
- Showcasing Cultural Appreciation

OUTCOMES:

Participation in Zumba Day activities can lead to improved physical fitness, including enhanced cardiovascular health, increased endurance, and improved flexibility and coordination. Zumba Day fosters a sense of community, strengthening social connections among participants who share a common interest in dance and fitness. Zumba's energetic and rhythmic nature can have a positive impact on mental well-being, reducing stress and boosting mood. Celebrating Zumba Day contributes to the promotion of mental health.



GPS Map Camera
Bengaluru, Karnataka, India
230, Hennur Main Rd, Meganahalli, Kalyan Nagar,
Bengaluru, Karnataka 560043, India
Lat 13.030298°
Long 77.635646°
23/12/23 08:19 AM GMT +05:30



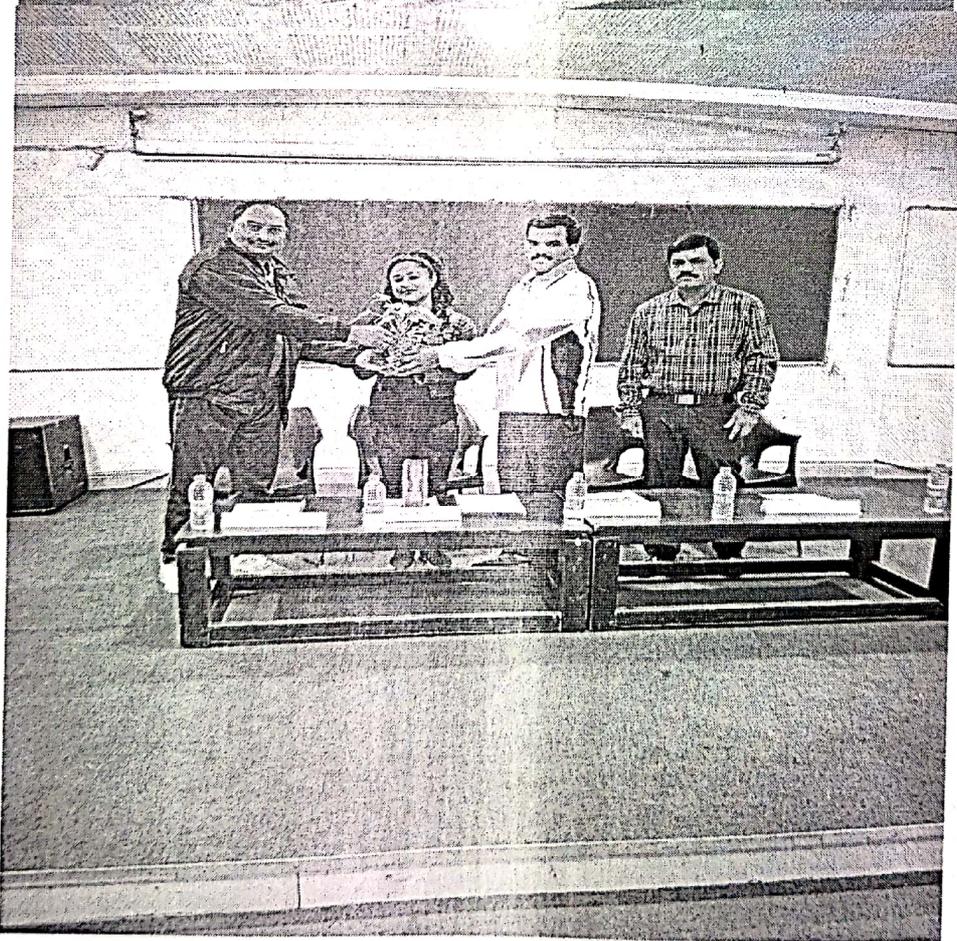
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GPS Map Camera



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 **GPS Map Camera**

Bengaluru, Karnataka, India

2JJP+269 Hennur 4th Cross Rd, HBR Layout 4th Block,
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Sharanya.M	Vth sem BA	sharan
Sani mk	B. Com c section	
Guhan	Humanities	
Guru prasad	3rd sem BCA	
Ashwini.V	3 rd Sem BBA	as
Jibran Ahmed	BCA 'B'	
Dhanjith kumar	Bcom	dh
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UMAIMA MARIUM	B.Com A	un
SANJAY	3rd BCA	s
Tejashwini s	Bca c section 1st sem	Tej
V.Bharath	5 th semester bcom 'e'	Bhara
Anusha.S	BCA A 1st sem	a
Ronaldo	1 sem bca	
Karan	Bca 1st year	
Kavya B	1st sem BBA	
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(Signature)

INDIAN ACADEMY

Degree College - Autonomous

Khadi Day Celebration

VENUE:

Basket Ball Court – INDIAN ACADEMY DEGREE COLLEGE – AUTONOMOUS

1:00pm on 30th September 2023

Aim:

To promote and celebrate the significance of Khadi, a symbol of India's struggle for independence and self-reliance.

Objectives:

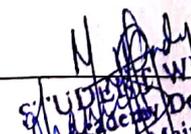
- To raise awareness about the importance of Khadi and its contribution to India's freedom movement.
- To promote the use of Khadi products and support the artisans and weavers involved in its production.
- To encourage the youth to adopt Khadi as a symbol of nationalism and self-reliance.

Outcome:

The Khadi Day celebration was a huge success, with a significant increase in the sale of Khadi products. The event also witnessed a surge in the number of youngsters adopting Khadi as a part of their daily attire. The awareness campaigns and workshops conducted during the event helped to educate people about the importance of Khadi and its contribution to India's freedom movement.

About:

Khadi Day is celebrated on September 17th every year to commemorate the adoption of Khadi by Mahatma Gandhi as a symbol of India's struggle for independence. Khadi, which refers to handspun and handwoven cloth, was promoted by Gandhi as a way to promote self-reliance and economic independence. Today, Khadi Day is celebrated across India to promote the use of Khadi products and to honor the legacy of Mahatma Gandhi.


WELFARE OFFICER
Indian Academy Degree College - Autonomous
Hennur Main Road, Kalyan Nagar
Bangalore - 560 043, Karnataka





INDIAN ACADEMY

Degree College - Autonomous

ART BATTLE FASHION

VENUE:

MULTIPURPOSE HALL

INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

1:20pm on 30th NOVEMBER 2023

AIMS:

Opportunities given to the young youth to build up the confidence and showcase their talents.

OBJECTIVES:

- Fashion trend forecasting
- Fashion shows the market the new fashions
- Fashion shows are of different types depending on the audience exclusivity, and purpose
- It enables you to gain insights into prevailing consumption patterns and figure out which ones have a direct effect on your production.

OUTCOMES:

- Students will adapt their artistic abilities to support their future design careers.
- Develop a systematic, critical approach to problem solving at all levels of the design process.
- Overall, the outcome of the fashion show event as a learning experience was reported to be positive.



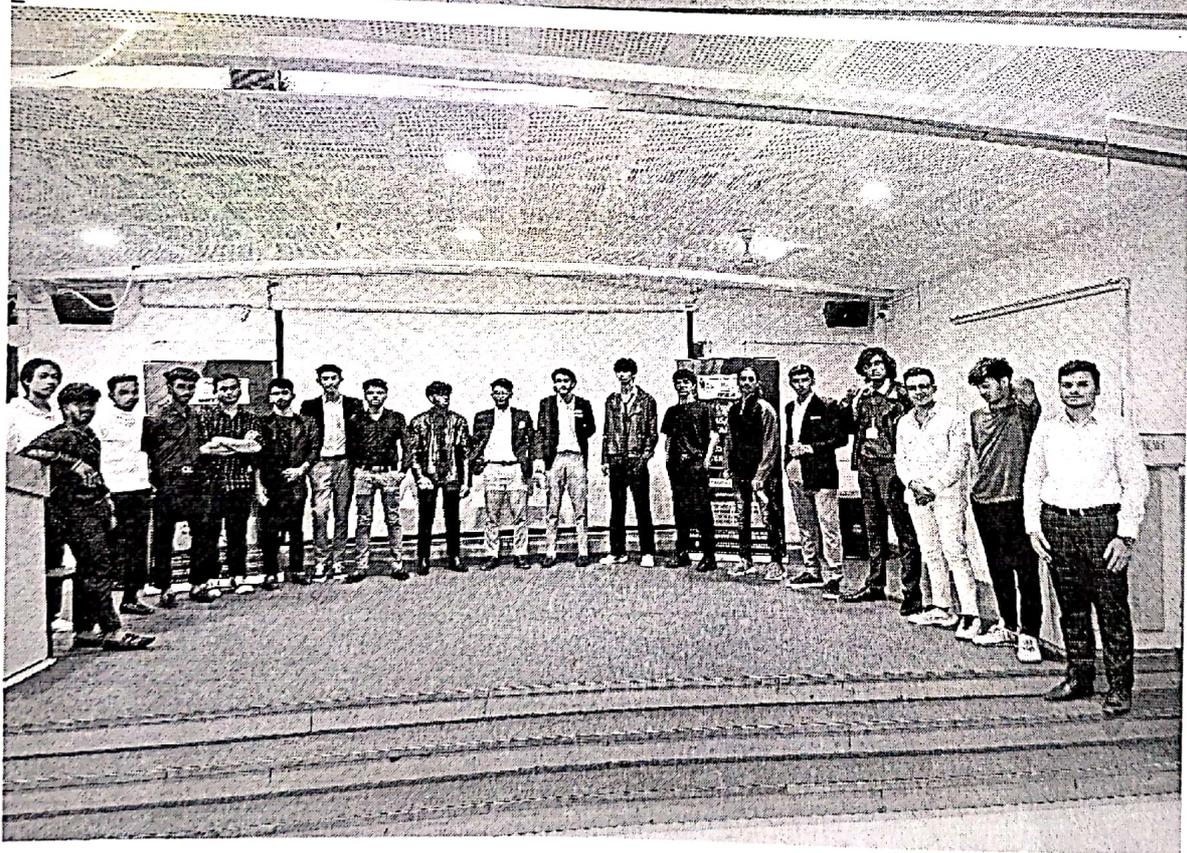
STUDENT WELFARE OFFICE IN ASSOCIATION WITH ART BATTLE FASHION

There were five members who had visited our college out of which two were jury members who were inter model, one was the organizer, rest was athlete. The event began at 2:30p.m and then Mr. Jaffer inaugurated the guest, Co-ordinator of ART BATTLE FASHION and Mr Neel Nithin with saplings.

Auditions started where our college students were asked to introduce themselves to a through ramp walk and showcase their talent.

There were many students who had taken part in these auditions out of which 19 students were selected. The complete event was joyful and a new learning in the field of modelling for our students.







PARTICIPANTS

SL.NO	NAMES	COURSE	CONTACT.NO	REG NO.
1.	KAVYA.K	BBA	9901984946	21IABBA055
2.	ARHAM ABBAS SAIT	BBA	9019251399	23IABBA012
3.	VIKITHI T ZHIMOMI	BCM	8787499345	23IABCM
4.	SHIRIN FATHIMA	BCM	8123657806	21IABCM304
5.	MD.AFAAN SHEIK	BCM	7975855026	23IABCM217
6.	SYED HAMMAAD	BCA	7406860950	22IABCA075

7.	MOHIT SHARMA	BCA	7406359908	22IABCA040
8.	RANA SEN	BBA	9886337675	21IABBA
9.	NITHIN INFANT	BCM	7019762867	21IABCM214
10.	SHAGUN	BCA	7996620698	23IABCA149
11.	NIKITA CHHABHAIYA	BBA	9353552728	21IABBA029
12.	SHEEMA RAKSHAN	BBA	8892817750	21IABBA143
13.	MAGED MOHAMMED	BDS	9108897404	23IABDS013
14.	SURYA LAKSHMI	BBA	7899933498	21IABBA153
15.	ABDUL RAYAN J	BSC	9008909293	23IABSC008
16.	SNEHA ASHOK RAMPUR	BBA	6364517732	21IABBA147
17.	RIYA BHUNIA	MSC	8336988215	22IAMOS150


STUDENT WELFARE OFFICER
Institute of Management Studies Degree College - Autonomous
Institue Academy Main Road, Kalyan Nagar
Hebbur Main Road, Bangalore - 560 043, Karnataka
Bangalore - 560 043, Karnataka



INDIAN ACADEMY

Degree College - Autonomous

INVESTITURE CEREMONY CONDUCTED IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

VENUE:

INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS ON 6TH SEPTEMBER 2023

AIMS:

- The investiture ceremony is a platform to recognize and nurture leadership qualities among students.
- By honouring students with leadership positions, the school reinforces the importance of leadership
- It provides them with opportunities to develop essential leadership skills.
- Leadership Development.
- Fostering a Sense of Responsibility.
- Building a Positive School/Community Culture.

OBJECTIVES:

- Recognition: Acknowledging and celebrating individuals taking on important roles.
- Leadership Growth: Providing a platform for developing leadership skills.
- Identity Building: Strengthening a sense of identity and belonging.
- Inspiration: Motivating both leaders and the community.
- Expectations: Clearly outlining responsibilities and expectations.
- Community Involvement: Engaging the broader community and fostering support.

OUTCOMES:

Investiture ceremonies provide students with the opportunity to step into leadership roles. Through the process of nomination, election, and appointment, students learn valuable lessons about responsibility, accountability, and decision-making.





Designation	Class	Reg :No	Name of the student	Phone number
President	V BBA A	21IABBA066	Madhan Abhishek	9742914941
Secretary	V BBA A	21IABBA047	Javeriya Sadiya	7892045072
Vice President	III SEM BCA A	22IABCA037	Mohammed Owaiz	9663430182

Treasurer	III BBA	22IABBA029	Mohammed mudaser	7975771675
Joint Secretary	I B.SC [DS]	23IABDS021	Vandana K	94837 31860
Sports Secretary	V semBSC	21ABSC005	Gautham singh bisht	9880776343
Cultural Secretary	V sem BSC	21IABSC058	Nandini singh	9531844543

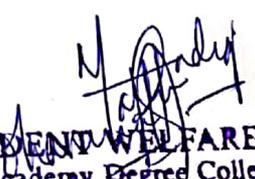
S.No	Class	Reg: No	Name of the student	Phone number
1	V B. Com A	21IABM186	Mohammed Rayan Qureshi	9480229132
2	V B.Com A	21IABCM029	Ayesha Khanum	9731785737
3	V B.Com B	21IABCM248	Ramesh Kumar Sharma	9693480215
4	V B.Com B	21IABCM271	Sagyarani	6360984626
5	V B.Com C	21IABCM033	Babitha. S	6366327683
6	V B.Com C	21IABCM049	Chandru M	7204288321
7	VB.Com D	21IABCM214	Nithin Infant	7019762867
8	VB.Com D	21IABCM130	Keerthana Murali	9353713631
9	V B.Com E	21IABCM261	Roohie Banu	7899365337
10	V B.Com E	21IABCM346	V.Bharath	8073946754
11	III B.Com A	22IABCM046	Komal	7975234179
12	III B.Com A	22IABCM006	Akshay	6366055389
13	III B.Com B	22IABCM072	Mohammed Sharieff	8197406402
14	III B.Com B	22IABCM078	Nisha DP	8050597031
15	I B.Com A	23IABCM222	Pavithra .B	8217769317
16	I B.Com A	23IABCM027	Chandra Shekar .A	8431217120
17	I B.Com B	23IABCM032	Dhanjith Kumar	8521393427
18	I B.Com B	23IABCM104	Nishath kausar	9110863454
19	I B.Com C	23IABCM132	Sani M.k	9019851870
20	I B.Com C	23IABCM123	Riyan Baig	9731730734
23	V BBA B	21IABBA135	Sanjay R	6361145449
24	V BBA B	21IABBA153	Surya Lakshmi	7899933498
26	III BBA	22IABBA008	Ashwini	7204957708
27	I BBA A	23IABBA017	Emmanuel	7795852757
28	I BBA A	23IABBA023	Kashifa	9886210250
29	I BBA B	23IABBA103	Divya	8296056505
30	I BBA B	23IABBA106	Mohammed Afreed	7483137186
31	V SEM BCA A	21IABCA034	Darshan P.C.	8660376648
32	V SEM BCA A	21IABCA075	Manasa L	6363901457
33	V SEM BCA B	21IABCA113	N. Manasa	9392134315

34	V SEM BCA B	21IABCA175		
36	III SEM BCA A	22IABCA080	Syed Afreed	7090025658
37	III SEM BCA B	22IABCA103	Urooj Khan	6363595606
38	III SEM BCA B	22IABCA100	GuruPrasad	7349237154
39	I SEM BCA A	23IABCA027	Dhumbi	9148310019
40	I SEM BCA A	23IABCA044	Dafny Fathima	9746134652
41	I SEM BCA B	23IABCA085	Francis Arun	9019768881
42	I SEM BCA B	23IABCA121	Mohammed Tahir	8660373093
43	I SEM BCA C	23IABCA149	Priyanka M.S.	9606549502
44	I SEM BCA C	23IABCA167	Ronaldo Domenic Doll	9513129956
			Tejaswini	9448682192

45	V B.SC [ECs]	21IABSC088	Saranya	96637 28880
46	V B.SC [MCs]	21IABSC091	Hitesh Kumar	93539 34149
47	V B.SC [BCBT]	21IABSC019	Noor Rabiya	63613 19484
48	V B.SC [BCBT]	21IABSC011	Jaison William	98800 37508
49	V B.SC [CMB]	21IABSC044	Nandini T	63666 39860
50	III B.SC [ECs]	22IABSC024	Simran Bhatt	97408 18653
51	III B.SC [BCBT]	22IABSC012	Nishara R	97421 16868
52	III B.SC [BCBT]	22IABSC011	Gawtham	95130 35407
53	III B.SC [CMB]	22IABSC014	Bipna Singh	98008 46933
54	I B.SC [ECs]	23IABSC110	Yeshwanth A V	97315 04837
55	I B.SC [GBT]	23IABSC083	Mohammed Zaki	81974 63748
56	I B.SC [BCMB]	23IABSC021	Deekshawini N.	80886 85851
58	I B.SC [DS]	23IABDS004	Bharath B	91106 28166

59	V SEM BA	21IABOA002	GUHAN. S	7411611057
60	V SEM BA	21IABOA019	SANJANA. P	9110281612
61	V SEM BA	21IABOA030	SHARANYA. M	8105487907
62	V SEM BA	21IABOA037	MARIYA. R	7411776712
63	III SEM BA	22IABOA006	MARIA NITHYA SHREE	9535516703
64	III SEM BA	22IABOA010	MURRY NZANDI	9611673150

65	I SEM BA	23IABOA044	MANISH. J. R.	7022934844
66	I SEM BA	23IABOA011	SYEDA ROSHNI	8217684076


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INDIAN ACADEMY

Degree College - Autonomous

LEADERSHIP TRAINING CAMP FOR THE STUDENTS OF INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

VENUE: Don Bosco Yuvakara Grama Ajjanahalli (Youth Skill Training)

AIMS:

- The main objective of this leadership training is to understand the quality and strengths of a person's leadership ability.

OBJECTIVES:

- To reflect on what leadership means at the turn of the century, having seen major changes in how organisations are led and how people work together to produce results.
- To understand leadership independent of what we know about management – on the assumption that leadership occurs in relation to followers, not as an exercise of authority.
- To focus on what we can learn from followers about leadership.
- To remove the mystique from leadership and relate it to what a wide variety of people are capable of doing.
- To describe leadership by beginning at the level of observation and to ask “what do leaders do when they lead?”
- To capitalise on well done observational studies already completed.
- To apply a method of analysis that has not been used, or used infrequently, to analyse the concept.

INDIAN ACADEMY

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PROGRAM SCHEDULE:

DAY 01:

10:05 AM = Reached "DON BOSCO YUVAKARA GRAMA"

10:30 AM-1:00PM = Leadership training session conducted by Father ANIL

1:00PM – 2:00PM = Lunch

2:00pm – 2:30pm = Separation of teams and rules and regulations regarding treasure hunt.

3:00 pm – 5:30pm = Trekking along with treasure hunt

5:30pm – 6:00pm = Refreshments

6:00pm – 7:00pm = getting refreshed/taking shower

7:00pm – 7:30pm = Meditation and relaxation

7:30pm – 8:30pm = Dinner

8:30pm – 11:00pm = Camp fire.

Day 02:

6:00 am = Assemble in hall

6:00am – 6:30am = Warm-up and rules and guidelines for trekking.

6:30am – 8:30am = Trekking

8:30am – 9:30am = Breakfast

9:30am – 1:00pm = Group activity

1:00pm – 2:00pm = Lunch

2:00pm – 3:30pm = Review meeting

3:30pm – 4:00pm = Refresh and pack up

4:00pm – 4:30pm = Group picture and left the place



INDIAN ACADEMY

Degree College - Autonomous

Report on leadership workshop:

The student welfare office organised a "Leadership Training workshop" for all the Class Representatives on 15th and 16th of November, 2023. The sessions were organised at "DON BOSCO YUVAKARA GRAMA" and there were various activities both outdoor and indoor arranged for the betterment and enhancement of the skills and knowledge.

The workshop was organised mainly with the objective to instil leadership skills among the class representatives. To enhance the skills of the leader such as interpersonal, team building, communication, decision making and self-awareness.

The session began at 10:30am and it started with the inaugural address by Fr. ANIL D'SA SDB, an inbuilt personality with amazing ethics and dignity and who embraced our minds and thoughts with motivation, enthusiasm and self-confidence. Fr. Anil explained the importance of employability and all the required qualities a leader should aspire. The students were informed on the various opportunities and responsibilities.

We had activities filled with communication, productivity, team work, creativity etc. Then, all that made it more interesting was the outdoor activities led by Fr. Anil and Roshan sir. They conducted various activities starting from listening skills, interaction activities, team building activity, leading the blind folds and much more. Each and every activity conducted had at most significance which thoroughly registered in the minds of the students. We had an amazing experience by trekking along with treasure hunt where all were too involved in the activity rather than sticking on to their mobile phones, enjoying the nature not worried about any artificial tensions or worries. The camp fire enlightened our lives with love and joy, where students had built up their confidence and took up all the challenges that came their way. We had refreshments, quality food was served with amazing taste and the ambience was something that kept us always fresh and active. We had meditation sessions and feedback sessions as well.

The students actually lived their lives without any worries, tension and especially were far away from the social media which helped them in developing relationships among the individual and got to know more about each and every individual.

Through these activities we learnt:



- Listening skills is the most important skill that one should in built.
- It's not about how big the problem is it's all about how patiently/calmly you find the solution.
- Life is a rhythm wherein we have to get set with the tune of the system that is in and around us. It's always better to GO WITH THE FLOW!!
- Both Team efforts and individual efforts everything is equally important for a healthy development.
- Active participation is always appreciated.
- Coordination and mutual understanding is very important.
- Leadership is vital
- Responsibilities are to be taken seriously and its importance was enhanced.

Thus, overall, it was an amazing experience to be a part of this workshop wherein each one of us got a lot to learn in these 2 days in the most effective way and we the STUDENT WELFARE TEAM look forward for many more such training sessions to be conducted in the upcoming months

INDIAN ACADEMY

Degree College - Autonomous

OUTCOMES:

- TEAM BUILDING ACTIVITIES
- DEVELOPED RELATIONSHIPS AMONG THE STUDENTS
- INDIVIDUAL SKILL ENHANCEMENT
- INCREASED PRODUCTIVITY
- EFFECTIVE WORKTEAM
- ENABLED BETTER DECISION MAKING
- HELPED IN CLARIFYING CONFUSIONS AND WORK WILLINGLY IN THE TEAM TO STRIVE OR ACHIEVE THE DESIRED OUTCOME.

INDIAN ACADEMY

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FEEDBACKS:

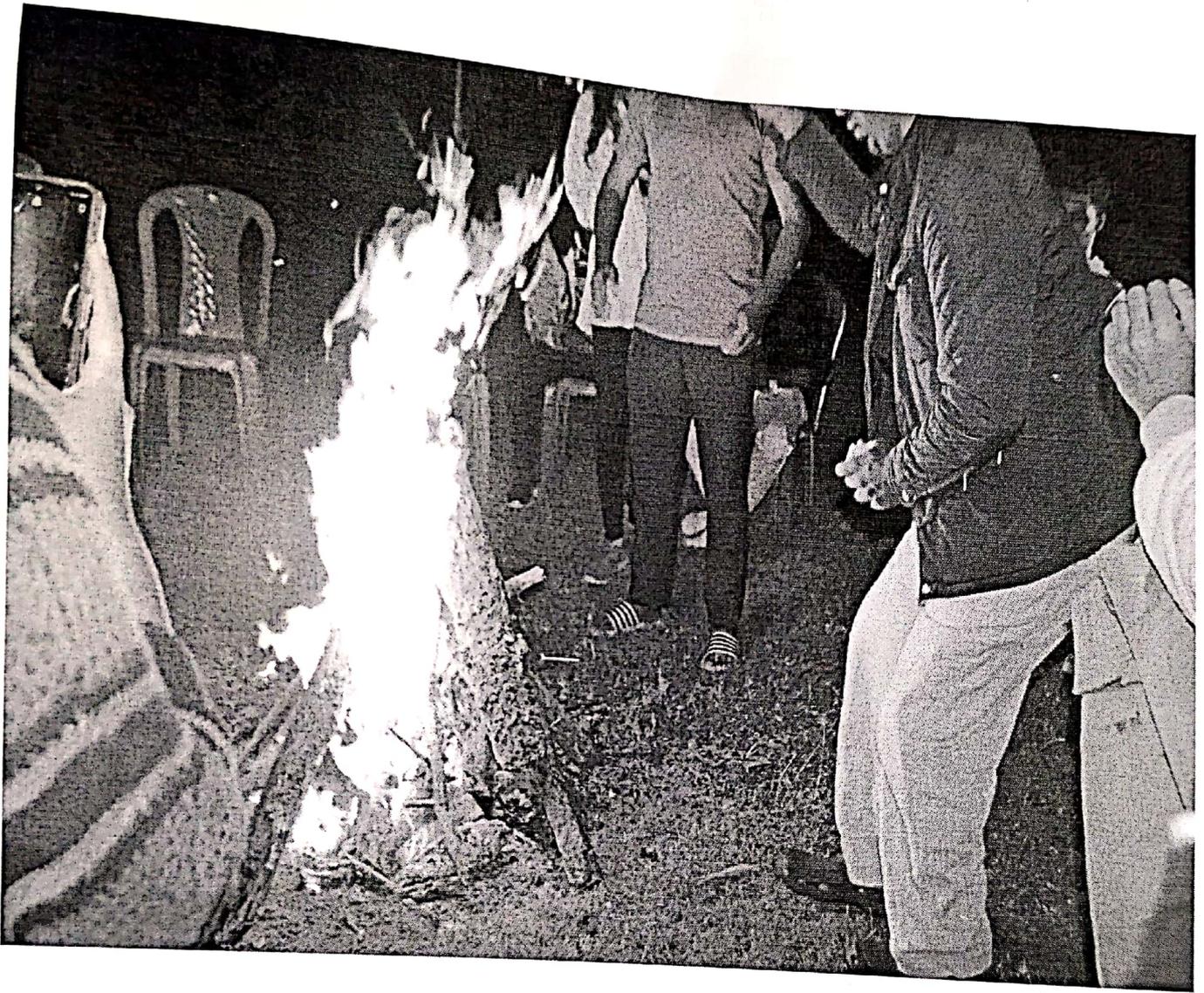
- Got motivated from FATHER ANIL'S session
- Started to recognise new friends
- Had more time to spent with friends and the nature rather than sticking on with the mobile phone
- Felt happy when allotted to do their own respective works or tasks
- Came forward leaving away their comfort zone and actively took part in the activities conducted
- New experience fun ,joy and team work through trekking and camp fire
- Felt like they were leaving in BIGG BOSS house
- Enjoyed the entertainment and had lots of fun
- Looking forward for another such inspiring and motivating LEADERSHIP TRAINING SESIIONS

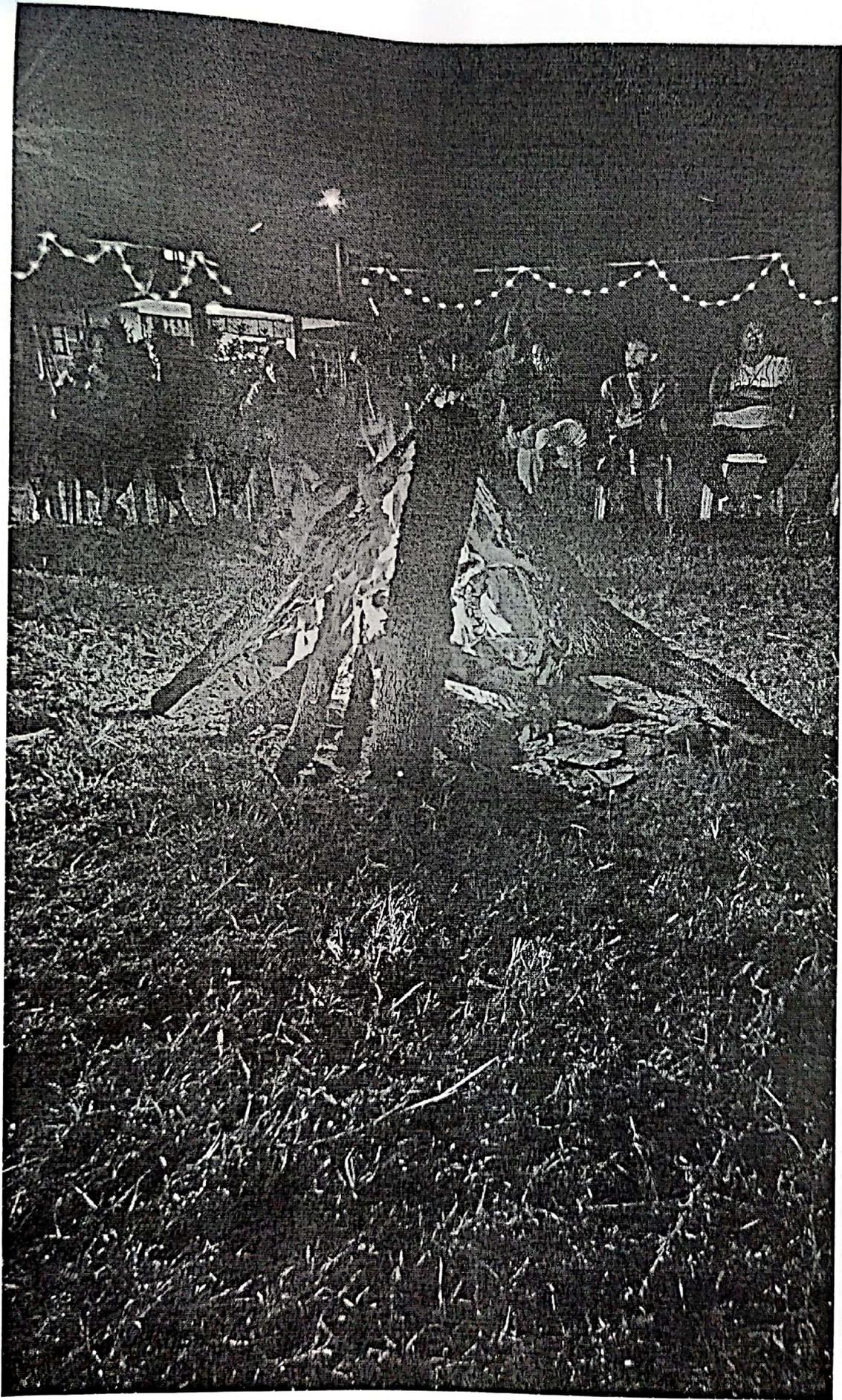
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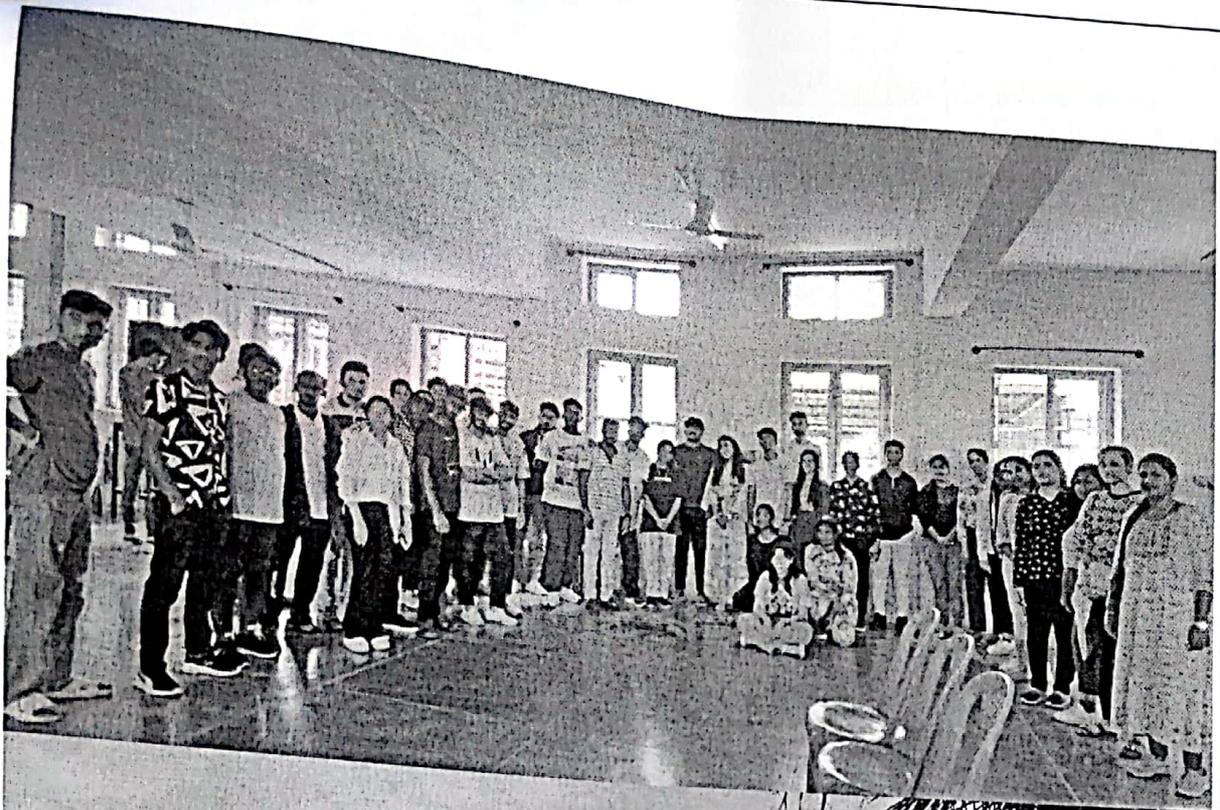
ACTIVITIES CONDUCTED











INDIAN ACADEMY

Degree College - Autonomous

STUDENTS LIST

SL.NO	NAME	CLASS	SIGNATURES
1	MADHAN ABISHEK D	V BBA A	<i>Madhan</i>
2	JAVERIYA SADIYA	V BBA A	<i>Javeriya</i>
3	MOHAMMED OWAIZ	III SEM BCA A	<i>Mohammed</i>
4	MOHAMMED MUDASER	III BBA	<i>Mudaser</i>
5	VANDANA K	I B.SC [DS]	<i>Vandana</i>
6	NANDINI	V BSC (LS)	<i>Nandini</i>
7	MOHAMMED RAYAN QURESHI	V B.Com A	<i>Mohammed</i>
8	NITHIN INFANT	V B.Com D	<i>Nithin Infant</i>
9	KEERTHANA MURALI	V B.Com D	<i>Keerthana Murali</i>
10	ROOHIE BANU	V B.Com E	<i>Roohie</i>
11	V.BHARATH	V B.Com E	<i>Bharath</i>
12	MOHAMMED SHARIEFF	III BCOM B	<i>Mohammed</i>
13	CHANDRA SHEKAR .A	I BCOM A	<i>Chandra</i>
14	DHANJITH KUMAR	I BCOM B	<i>Dhanjith</i>
15	SANI M.K	I BCOM C	<i>Sani</i>
16	RIYAN BAIG	I BCOM C	<i>Riyan</i>
17	SANJAY R	V BBA B	<i>Sanjay</i>
18	SURYA LAKSHMI	V BBA B	<i>Surya</i>
19	ASHWINI	III BBA	<i>Ashwini</i>
20	EMMANUEL	I BBA A	<i>Emmanuel</i>
21	KASHIFA	I BBA A	<i>Kashifa</i>
22	DIVYA	I BBA B	<i>Divya</i>
23	MOHAMMED AFREED	I BBA B	<i>Afreed</i>

24	UROOJ KHAN	III BCA A	Urooj Khan
25	PRIYANKA M.S.	I BCA B	Priyanka
26	SARANYA	V BSC (ECS)	Saranya
27	NOOR RABIYA	V BSC (BCBT)	Noor
28	JAISON WILLIAM	V BSC (BCBT)	Jaison
29	SIMRAN BHATT	II BCS (ECS)	Simran
30	NISHARA R	III BSC(BCBT)	Nishara
31	GAWTHAM	III BSC(BCBT)	Gautham
32	BIPNA SINGH	III BSC (CMB)	Bipna
33	DEEKSHAWINI N.	I BSC (BCMB)	Deekshawini
34	GUHAN. S	V BA	Guhan
35	MARIYA. R	V BA	Mariya
36	MANISH. J. R.	I BA	Manish
37	SYEDA ROSHNI	I BA	Syeda Roshni
38	MOHAMMED TAHIR	I SEM BCA B	Mohammed Tahir
39	MD ZAKI W	I BSC (LS)	MD Zaki W
40	GAUTHAM SINGH BISHT	V BSC	Gautham
41	Yeshwanth A V	I BSC (ECS)	Yeshwanth


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INDIAN ACADEMY

Degree College - Autonomous

ANTI – RAGGING AWARENESS PROGRAM CONDUCTED IN INDIAN ACADEMY DEGREE COLLEGE AUTONOMOUS

VENUE:

BASKET BALL COURT – INDIAN ACADEMY DEGREE COLLEGE
AUTONOMOUS

1:20pm on 29th NOVEMBER 2023.

AIMS:

The main objective of conducting this event to spread awareness among the college students in the campus.

OBJECTIVES:

- To keep a continuous watch and vigil over ragging.
- To prevent its occurrence and recurrence.
- To build a ragging free atmosphere.
- Passing a clear message that zero tolerance will be maintained against any form of ragging.
- To ensure overall disciplined environment in the college.
- To spread awareness among the students of dehumanizing effect of ragging inherits in its perversity.

OUTCOME:

- Apart from sustaining grievous physical injuries.
- Those unfortunate students who succumb to ragging either develop a fear psychosis that haunts them throughout their lives, or worse, quit their college education even before it begins.

STUDENT WELFARE OFFICE ASSOCIATION WITH ANTI RAGGING CELL:

Circular was sent to all the students a day prior regarding the anti- ragging awareness event.

As per the circular shared students were asked to assemble in basketball court at 1:30pm.

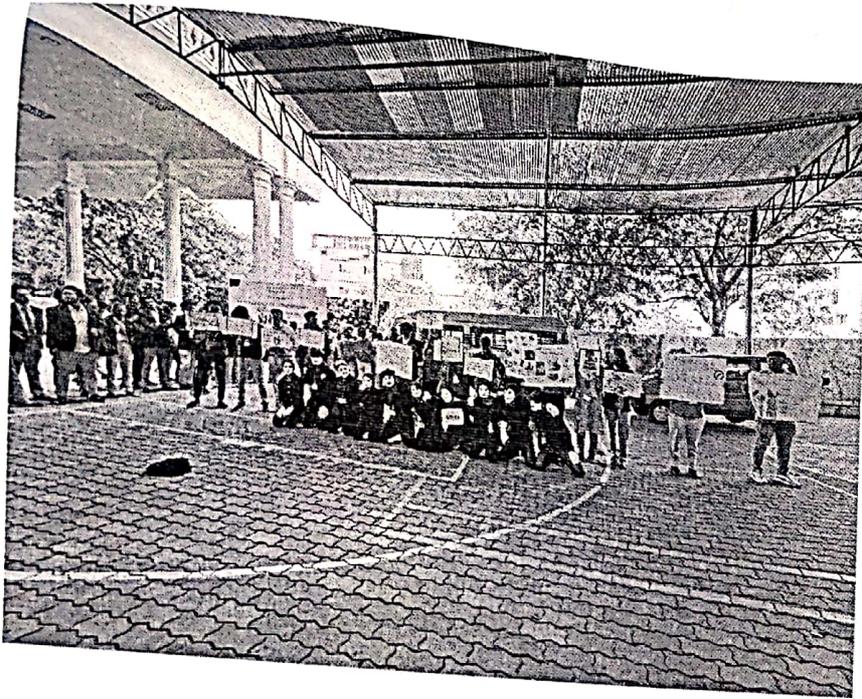
Once everyone gathered the event began at 1:35pm in the presence of principal

SWO officers and all the students. We got to learn much about anti-ragging such as ragging is disturbing reality in the higher education system of our country despite the fact that over the years ragging has claimed hundreds of innocent life and has ruined careers of thousand of bright students the practise is still perceived by many as a way of familiarization and an initiation into real world for young college going students and we should stop this activity. At 1:50pm the event came to an end.



MIME PARTICIPANTS

Hemavathi	3 rd Sem BSc	21IABSC010
Sahana	3 rd Sem BSc	21IABSC022
Vijay Kumar BV	1 st Sem BCA	23IABCA010
Chandu	1 st Sem BCA	23IABCA018
Brinda	3 rd Sem BSc	22IABSC015
Ramya	3 rd Sem BSc	22IABSC019
Chandravadan	3 rd Sem BSc	22IABSC016
Nanjegowda	3 rd Sem BSc	22IABSC018
Varshitha	3 rd Sem BSc	22IABSC021




STUDENT WELFARE OFFICER
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Bangalore - 560 043, Karnataka



INDIAN ACADEMY

GROUP OF INSTITUTIONS

Department of Physical Education and Student Council

Organized

Marathon – 2023

Report

Date: 26-08-2023

Time- 6:30 AM-8:30 AM

Place: Indian Academy Degree College – Autonomous

Theme: Run for Good Health and Fitness



Introduction: On the 26th of August 2023, the Indian Academy Group of institutions hosted the Inter-Institution Marathon under the theme "*Run for Good Health and Fitness.*" The event witnessed enthusiastic participation from diverse institutions, including IAPUC, IADC-A, IASMS, IACN, and IAEC Students (Boys and Girls).

Participant Engagement: Over 300 participants eagerly took part in the event, which was divided into two categories: IAPUC (Boys and Girls) and IADC, IASMS, IAEC, and IACN (Men and Women). The morning session commenced at 5:45 AM with an invigorating warm-up led by a Zumba instructor. The race covered 6 km, allowing the participants to showcase their endurance and determination. There were 100 staff and student volunteers who actively participated in the event lending support to the participants and in organizing the event.

Recognition and Awards: Acknowledging the exceptional performances, prizes were distributed to the winners in various categories. The IAPUC category recognized the top finishers:

- **IAPUC Boys:**
 1. Akash Sharma (2nd PUC) - 1st Place.
 2. Bharath (2nd PUC) - 2nd Place.
 3. Srinivas (1st PUC) - 3rd Place.
- **IAPUC Girls:**
 1. Pooja R (1st PUC) - 1st Place.
 2. Preethi (2nd PUC) - 2nd Place.
 3. Gokul Priya (2nd PUC) - 3rd Place.
- **IAGI Men:**
 1. Rakesh M (B.Com) - 1st Place
 2. Saravana M (B.Com) - 2nd Place
 3. B Sohit Sivaraj (BBA) - 3rd Place
- **IAGI Women:**
 1. Pooja N (B.Com) - 1st Place
 2. Vinutha (MBA) - 2nd Place
 3. Roquaya Saba (B.Com) - 3rd Place

Distinguished Presence: The event was graced by Dr. T Somasekhar, Chairman IAET, and other dignitaries, the Chief Academic Officer, IAGI, and the Principals of various institutions under IAGI, adding prestige and encouragement to the event.

Community Impact: The marathon reverberated with positive effects on the local community. It emphasized essential messages such as "*No Drugs,*" "*Obey Traffic Rules,*" and "*Fitness is Important,*" contributing to a healthier and safer society.

Acknowledgments: The success of the event would not have been possible without the dedication and hard work of numerous volunteers. The gratitude goes out to both the staff volunteers and student volunteers who contributed both directly and indirectly to the event's triumph.

Sponsors: The event received valuable support from a range of sponsors who recognized the significance of promoting health and fitness:

- **Edify Institute** – Knowledge Partners
- **MRK Tent House** – Refreshment Partners
- **CyteCare Hospital** – Medical Partners
- **StyleInn Clothing** – Textile Partners
- **My Logic** – Knowledge Partners
- **Decathlon Play** – Sports Partners
- **Hydrovyn** – Fluid Partners
- **Mr. Prashanth Kumar (Alumni)** for sponsoring water
- **Mr. Chandan R Shetty (Alumni)** for sponsoring banners, posters, etc.

In conclusion, the IAGI Inter-Institutions Marathon held at Indian Academy Degree College – Autonomous was a resounding success, bringing together participants, sponsors, and the community to celebrate the importance of good health, fitness, and positive values.



INDIAN ACADEMY

GROUP OF INSTITUTIONS

Department of Physical Education

Teachers Day Report

Celebrating Teachers' Day: A Tribute to the Heartbeat Indian Academy Group of Institution.

Broad Aim of the Event:

- Motivate of the physical Activity to know the importance of health and Fitness the Faculties were Eagerly Participated in sports and games.

Objectives:

- To motivate the Faculties to take care of Health and Fitness
- To gain knowledge on various Activities

Outcomes:

The Faculties were encouraged and inspired by this event

Brief Detail about the event:

On the Occasion of Teachers' Day the Department of Physical Education associated with Department of English organized various activity and Co-Curricular Activities for a faculties. So we have organized the various type of Games and Sports like Carrom, Chess, Table Tennis and Badminton with Co-Curricular activates like Singing, Pick and Speak and Debate for both Men and Women Faculty and the Winners and Runners were awarded on 5th September 2023 by our Honorable Chairman along with Chief Guest.





INDIAN ACADEMY

GROUP OF INSTITUTIONS

Department of Physical Education

Organized

College Team Selection 2023-24

Men & Women

Report

Date: 19th September to 7th October 2023

The Department of Physical Education of Indian Academy Degree College – Autonomous is conducted various college Team Selection for representing the college team in various inter collegiate, state, south zone, nationals, all India and international tournaments. Team selections was conducted in the respective venues. Students participated from every classes in their respective games.

Purpose: The Selection process aimed to identify the most skilled and suitable athletes to represent the college in upcoming competition.

Selection Process: Team selection for every sport which are listed in a table along with the date, time and venue of the sport. Students were met the eligibility criteria, which included in the above list. The participant were evaluated based on their performance, skill, strength and coordination. The selection process conducted in fair and transparent.

Participant Information: A total of 600 students participated in the selection process. The participant represented various years and majors, providing a diverse pool of talent.

Observation: Overall, the performance of the participant was impressive, with many demonstrating excellent skills and sportsmanship.



Kabaddi Men Team



Volleyball Men Team



Football Men Team



Pencak Silat Team



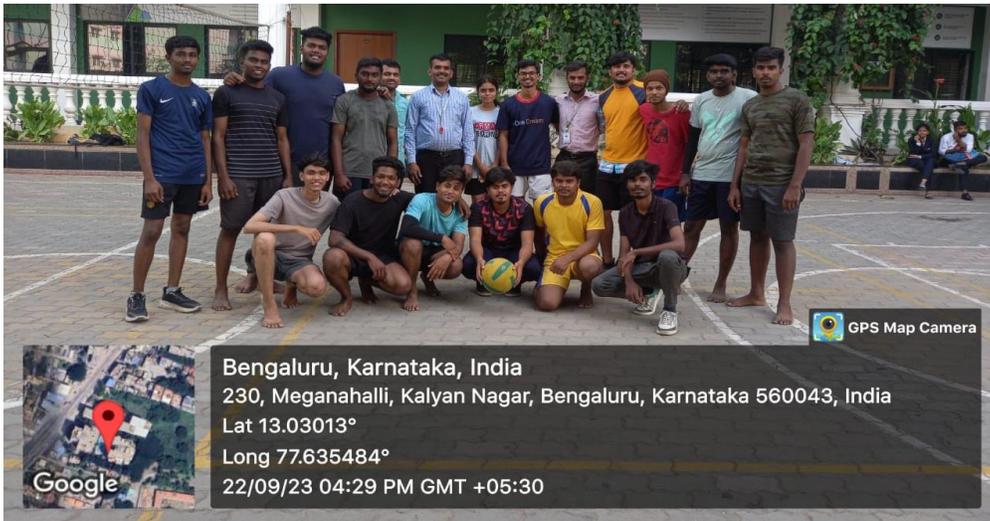
Throwball Women Team



Table Tennis Men Team



Karate Team



Throwball Men Team



Basketball Men Team



Basketball Women Team



Kho Kho Men Team



Cricket Men Team

INDIAN ACADEMY

Degree College - Autonomous

DEPARTMENT OF PHYSICAL EDUCATION

IN

ASSOCIATION WITH

BENGALURU NORTH UNIVERSITY

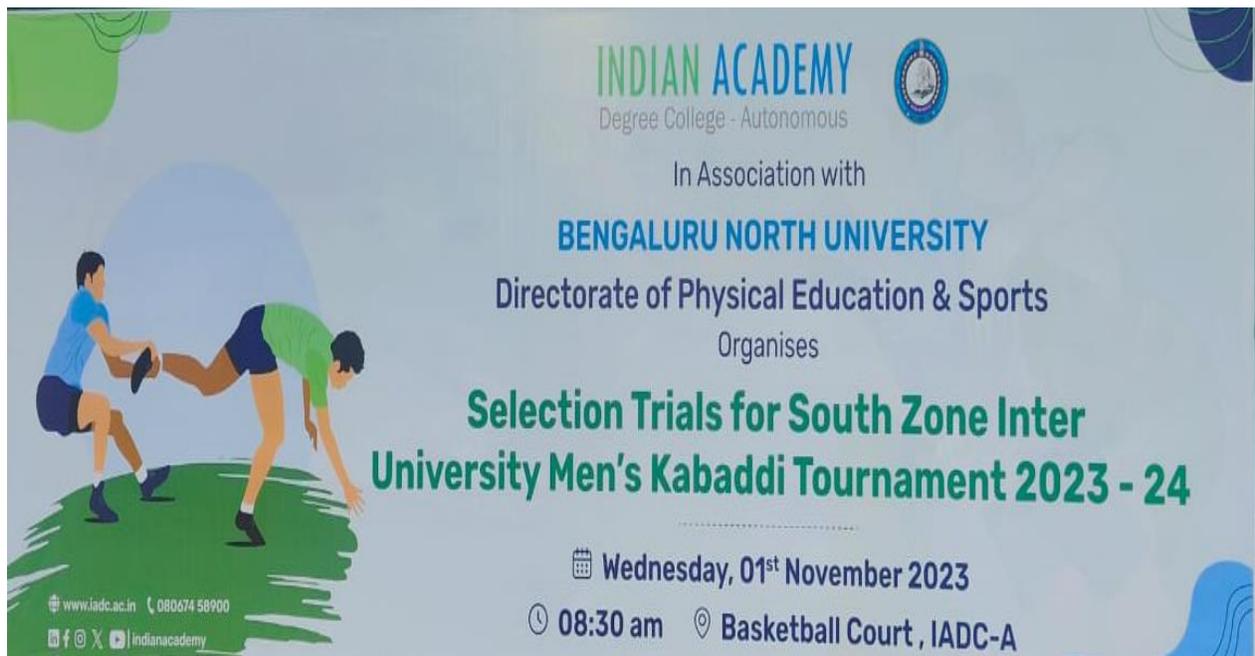
Organized

KABADDI TEAM SELECTIONS

REPORT

“Only those who dare to fail greatly can ever achieve greatly.”

-Robert F. Kennedy



INDIAN ACADEMY
Degree College - Autonomous

In Association with
BENGALURU NORTH UNIVERSITY
Directorate of Physical Education & Sports
Organises

**Selection Trials for South Zone Inter
University Men's Kabaddi Tournament 2023 - 24**

Wednesday, 01st November 2023
08:30 am | Basketball Court, IADC-A

www.iadc.ac.in | 080674 58900
Indianacademy

When you achieve something, it means you have carried out something successfully. Today it's about the pride of **Indian Academy Degree College – Autonomous**, in collaboration with **Bengaluru North University**, Organized Selections Trails for Men's South Zone Inter University Kabaddi Tournament 2023-24 on the 01st of November 2023 (Wednesday).



41 Colleges Represented from Bengaluru North University for this Mega Event around **150 Participants** are represented for the Selection Trails. The students of Every Colleges have shown their dedication, toiled hard towards achieving the goal and participated in Selection Trail with whole heart and sportsman spirit.

The program welcome addressed by the **Dr. R Srikanth**, Director and Directorate of Physical education & Sports, Bengaluru North University. He addressed about the event Instructions and Physical fitness among the Players for this selection trails and **Dr. N Thilaka** has given the Presidential address and welcoming the Selection Committee Members and Honored the Director. The Selection committee members identify the Players talents and Skill among the 150 Participants they filtered 18 Players from different Colleges in BNU for Coaching Camp and South Zone Tournaments 2023-24.



INDIAN ACADEMY

Degree College - Autonomous

ZUMBA

VENUE: MULTIPURPOSE HALL

Date: 23rd DECEMBER 2023

Aims:

- To promote physical fitness and well-being among college students.
- To provide an enjoyable and inclusive physical activity option for students.
- To enhance social interaction and community building through group exercise.

Objectives:

- Introduce students to the principles and basic movements of Zumba.
- Encourage regular participation in Zumba sessions for overall fitness improvement.
- Foster a positive attitude towards physical activity and exercise.
- Create an inclusive and non-judgmental environment for students of all fitness levels.
- Educate students on the health benefits of Zumba, including cardiovascular fitness and stress reduction.

Outcomes:

- Improved cardiovascular fitness and endurance among participating students.
- Increased awareness of the importance of regular physical activity for overall health.
- Enhanced social connections and camaraderie among students.
- Development of basic Zumba skills and coordination.
- Positive changes in mood and stress levels after participating in Zumba sessions.





INDIAN ACADEMY

Degree College - Autonomous

DEPARTMENT OF PHYSICAL EDUCATION
IN
ASSOCIATION WITH
BENGALURU NORTH UNIVERSITY
Organized
PENCAK SILAT TEAM SELECTIONS
REPORT

“Mistakes are always forgivable, if one who has the courage to admit them.”

- Bruce Lee



The moment which all are expecting to achieve something bigger, today is the day **Indian Academy Degree College – Autonomous** are proud to organize the **Selection Trails for Men & Women All India Inter university Pencak Silat Championship 2023-24** in association with **Bengaluru North University** on 9th January 2024 (Tuesday).



6 Colleges Represented from Bengaluru North University for this Mega Event around **60 Participants** are represented for the Selection Trails. The students of Every Colleges have shown their dedication, toiled hard towards achieving the goal and participated in Selection Trail with whole heart and sportsman spirit.



The program welcome addressed by the **Mr.Gautam Singh Bisth** of 5th SEM BSC Sports Secretary of IADC-A. **Mr. Jagadeesh S P** International Pencak Silat Player, National Coach and Technical Director KSPSA. He addressed about the event Instructions and Physical fitness among the Players for this selection trails and **Dr. N Thilaka** has given the Presidential address and welcoming the Selection Committee Members. At last Vote of Thanks given by **Ms. Sama Khan** of 5th SEM BBA. The Selection committee members identify the Players talents and Skill among the 60 Participants they filtered 16 Players from different Colleges in BNU for Coaching Camp and All India Inter University Tournament 2023-24.

INDIAN ACADEMY

Degree College - Autonomous

**Department Of Physical Education
In
Association with
Bengaluru North University
Organized
Pencak Silat Coaching Camp
Report**

It's a proud moment for Indian Academy Degree College- Autonomous to conduct a coaching camp for BNU Pencak Silat Team in favor of All India Inter University Pencak Silat Championship 2023-24 to be held at GNDU, Amritsar from 25th to 28th January 2024.



The selected players are informed to attend the Coaching Camp from 12th to 23rd January 2024. It includes two sessions of training one is in morning 9:00am to 12:00pm and another one is in afternoon 2:00pm to 5:00 pm.

Students are actively participated in the coaching camp. Training session includes general conditioning, specific drills, strength training, skill perfection, practice match session and tactical training. Athletes have learnt every aspects in the training and they improved their strength and game in the coaching camp.

INDIAN ACADEMY

Degree College - Autonomous

DEPARTMENT OF PHYSICAL EDUCATION

Inter-class sports event Results

YOGA – MEN

DATE: 07/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SANJAY. S	4 TH SEM BBA	22IABBA047	WINNER
2	DEEPAK P	4 TH SEM BCA	22IABCA096	RUNNER

YOGA – WOMEN

DATE: 07/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SANVI SINGH	1 ST SEM MBA		Winner
2	SANIYA PARVEEN	6 TH SEM B.COM	21IABCM279	Runner

TABLE TENNIS- MEN

DATE: 08/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	GAUTAM SINGH BISHT	6 TH SEM BSC	21IABSC005	Winner
2	NIKHIL V	6 TH SEM BBA	21IABBA100	Runner

TABLE TENNIS- WOMEN

DATE: 08/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	DASARI .S. AJITHA ROY	6 TH SEM BSC	21IABSC004	Winner
2	HEMABINDU C	3 RD SEM MSC. BT	22IAM0SO37	Runner

CARROM- MEN

DATE: 09/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	RAJU S	6 TH SEM B.COM - D	22IABCM243	Winners
	PRADEEP K		21IABCM228	
2	MADHU S	3 RD SEM MBA	P19RN22MO15047	Runners
	SHUBHAM KUMAR CHAUBEY		P19RN22MO15045	

CARROM - WOMEN

DATE: 09/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	ASHLE MANOJ.	BSC NURSING	23NC0038	Winners
	ANAMIKA RAJEESH		23NC0029	
2	SWATHI R	4 TH SEM BCA	22IABCA159	Runners
	K. JEEVITHA		22IABCA110	

CHESS- MEN**DATE: 10/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	DAYANAND BHIMAPPA. UNDI	3 RD SEM MBA	P19RN22MO15094	Winner
2	ANIKET MAHATO	4 TH SEM BCOM- C	21IABCM016	Runner

CHESS – WOMEN**DATE: 10/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	B. MONISHA	6 TH SEM BSC	21IABSC092	Winner
2	PRITI GUPTA	1 ST SEM MSC BIO. TECH	23IAMOS024	Runner

THROW BALL- MEN**DATE: 12/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	JAYANTH J M	4 TH SEM B.COM-A	22IABCM040	Winners
2	FAREED BABAI M		22IABCM029	
3	AKSHAY J		22IABCM006	
4	MANZOOR AHMED SAVADATTI		22IABCM053	
5	MARTHA VELLIAN G		22IABCM055	
6	DEEPAK B		22IABCM022	
7	DHANUSH R M		22IABCM024	
8	JEEVAN V		22IABCM041	
9	GUNASHEKHAR L		22IABCM035	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SANJAY D	6 TH SEM B.COM - E	21IABCM281	Runners
2	SEVAK S		21IABCM290	
3	SANJAY S		21IABCM283	
4	SAI SANJAY S		21IABCM274	
5	ROHIT SINGH THAPA		21IABCM260	
6	SAI DEEPAK A		21IABCM273	
7	ROBIN SYLESTER RAJ		21IABCM258	
8	VISHNU V		21IABCM266	
9	SREEKANTH R		21IABCM311	

THROW BALL- WOMEN**DATE: 12/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	TEJASWINI HEGDE	3 RD SEM MSC	22IAMOS066	Winners
2	KEERTHANA JM		22IAMOS044	
3	NAVYA CM		22IAMOS051	
4	HEMABINDA C		22IAMOS037	
5	SARIKA SR		22IAMOS022	

6	RAMYA KS	23IAMOS035
7	SINDHU	23IAMOS010
8	GAYEETHRI HN	22IAMOS034
9	INCHARA R	22IAMOS038

Sl. no	Name of the student	Class & Section	Register Number	Result
1	RASHMI P	4 TH SEM BCA-A	22IABCA057	Runners
2	NIKITHA K V		22IABCA027	
3	KAVYA C		22IABCA029	
4	BINDHU T D		22IABCA009	
5	SNEHA C		22IABCA068	
6	DIVYA C		22IABCA020	
7	SHAHISTHA BEGUM		22IABCA064	
8	NAMEATHA		22IABCA043	
9	MONISHA K		22IABCA041	

VOLLEY BALL- MEN
DATE: 13/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	VISHNU BALAJI K	3 TH SEM MSC	22IAMOS118	Winners
2	PAVAN KUMAR K		23IAMOS055	
3	SHAILESHKUMAR H S		22IAMOS103	
4	ROHITH S		22IAMOS098	
5	NIKHIL I. A		22IAMOS143	
6	PRASHANTAGOUDA TEJANAGOUDA PATIL		23IAMOS048	
7	SUDEEEP K R		22IAMOS113	
8	MURALI D B		22IAMOS090	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	MITHUN GOWDA N	1 ST SEM MBA	P19RN23MOI5086	Runners
2	NUMAN KHAN		P19RN23MOI5012	
3	UVAIS AHAMAD S		P19RN23MOI5008	
4	VISHWAS M S		P19RN23MOI5035	
5	KUSHAL B R		P19RN23MOI5047	
6	PRAJWAL S		P19RN23MOI5098	
7	KAVERAPPA K M		P19RN23MOI5014	
8	SHREE SHAIL		P19RN23MOI5060	

VOLLEY BALL- WOMEN
DATE: 13/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	NIVEDHA K		P19RN22MOI5113	
2	KAVIYA ANJALI D S		P19RN22MOI5066	
3	ANDREA SUSAN P A		P19RN22MOI5003	

4	CHETANA ASHOK KUMAR	3 RD SEM MBA	P19RN22MOI5088	Winners
5	NANDINI K A		P19RN22MOI5053	
6	MANSI KUMARI		P19RN22MOI5059	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	HUYITHA RANI N J	6 TH SEM BSC	21IABSC051	Runners
2	DASARI S AJITHA ROY		21IABSC004	
3	BHOOMI M		21IABSC003	
4	NOOR RABIYA		21IABSC019	
5	LOKESHWARI M		21IABSC041	
6	SAHANA V		21IABSC022	
7	SASHIKALA V		21IABSC023	
8	KOMAL KUMARI U		21IABSC014	

BASKET BALL- MEN

DATE: 14/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	P JAI ADITYA	4 TH SEM BCA-A	22IABCA048	Winners
2	MOHIT SHARMA M		22IABCA040	
3	SHEKHAR DHAMI		22IABCA065	
4	HARSH G AGRE		22IABCA023	
5	SYED HAMMAAD MEHDI		22IABCA075	

Sl. no	Name of the student	Class & Section	Register Number	Result
1	RAKESH M	6 TH SEM B.COM-B	21IABCM245	Runners
2	SARAVANAN M		21IABCM288	
3	SANDESH KUMAR S V		21IABCM278	
4	PAWAN MALLA		21IABCM223	
5	VEERESH KUMAR R		21IABCM351	

BADMINTON – MEN

DATE: 15/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	KEVIN JAIMON	2 ND YEAR GNM	21GNM001	Winners
2	NITHIN GEORGE		21GNM017	

RUNNER

Sl. no	Name of the student	Class & Section	Register Number	Result
1	CHETHAN SHINDE	6 TH SEM BCA-A	21IABCA028	Runners
2	AKSHAY K		21IABCA007	

BADMINTON – WOMEN**DATE: 15/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	TEJASWINI HEGDE	III M.Sc.	22IAMOS066	Winners
2	GAYEETHRI H.N		22IAMOS034	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	KOMAL R	4 TH SEM	22IABCM045	Runners
2	LATHA S	B.ComA	22IABCM046	

TUG OF WAR - MEN**DATE: 16/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SHAILESH KUMAR H.S	MSC	22IAMOS103	Winners
2	VISHNU BALAJI K		22IAMOS118	
3	SHARATH KUMAR G.E		22IAMOS106	
4	ROHITH S		22IAMOS098	
5	MADAN C.S		22IAMOS085	
6	PRASHANTH PATIL		23IAMOS048	
7	MURALI D.B		22IAMOS090	
8	BYRAREDDY B		23IAMOS045	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SAYOOJ GEORGE	1 ST YEAR GNM	23NC0145	Runners
2	ALBERT JOY		23NC0116	
3	SARATH KUMAR		23NC0130	
4	ABHAY GURJAR		23NC0131	
5	MANISH KUMAR		23NC0132	
6	ABHIMANYU SAJI		23NC0127	
7	SOBIN SUNNY		23NC0121	
8	AJAY KRISHNA		23NC0123	
9	SABIR ANSARI		23NC0120	

TUG OF WAR - WOMEN**DATE: 16/2/2024**

Sl. no	Name of the student	Class & Section	Register Number	Result
1	ANDREA SUSAN P A	3 RD SEM MBA	P19RN22M015003	Winners
2	SRUJANA PANCHAL P		P19RN22M015037	
3	PAVITHRA BAI M		P19RN22M015079	
4	SINDHU BAI		P19RN22M015034	
5	VINDHYA N		P19RN22M015042	
6	MONIKA G		P19RN22M015091	

7	SUSHMA R	P19RN22M015100
8	CHARULATHA G	P19RN22M015011

Sl. no	Name of the student	Class & Section	Register Number	Result
1	KEERTHANA C	4 TH SEM BCA	22IABCA111	Runners
2	NEERAJA P		22IABCA132	
3	K. JEEVITHA		22IABCA110	
4	PAVITHRA		22IABCA137	
5	ABHINAYA M		22IABCA085	
6	AMRUTHA S		22IABCA090	
7	HELEN JOICE S		22IABCA106	
8	PRIYA GUPTA J		22IABCA142	

KABADDI -MEN

DATE: 17/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	VARSHITH S	6 TH SEM BBA	21IABBA173	Winners
2	SARADHI K		21IABBA137	
3	RAKSHITH R		21IABBA115	
4	KARTHIK KUMAR V		21IABBA054	
5	ANAND M		21IABBA016	
6	NIKHIL V		21IABBA100	
7	SAI GOWTHAM P		21IABBA125	
8	SHAILESH .R		21IABBA140	
9	PACHAIAPPAN RANGANATHAN		21IABBA105	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	JAISON WILLIAM	6 TH SEM BSC	21IABSC011	Runners
2	MANJITH KUMAR		21IABSC101	
3	MANOJ S N		21IABSC042	
4	KK AKASH		21IABSC054	
5	AKASH A		21IABSC001	
6	SAI KUMAR		21IABSC077	
7	VISHWAS M		21IABSC028	
8	JAGDEO PRASAD		21IABSC082	
9	GAUTHAM SINGH BISHT		21IABSC005	

KABBADI - WOMEN

DATE: 17/2/2024

Sl. no	Name of the student	Class & Section	Register Number	Result
1	SAHANA .V		21IABSC022	
2	KOMAL KUMARI .U		21IABSC014	
3	LOKESHWARI .M		21IABSC041	

4	MONISHA .B	4 TH SEM BSC	21IABSC092	Winners
5	DEEPIKA N		21IABSC064	
6	ARPITHA H.L		21IABSC036	
7	NOOR RABIYA		21IABSC019	
8	DASARI. S AJITHA		21IABSC004	
9	BHOOMI M		21IABSC003	

RUNNERS

Sl. no	Name of the student	Class & Section	Register Number	Result
1	NANDINI K.A	1 ST SEM MBA	P19RN22MOI5053	Runners
2	AISHWARYA		P19RN22MOI5043	
3	MANSI		P19RN22MOI5059	
4	KAVYASHREE		P19RN22MOI5033	
5	ANUSHA		P19RN22MOI5077	
6	HARIJA		P19RN22MOI5094	
7	TRUPTI		P19RN22MOI5055	
8	MINIKA		P19RN22MOI5044	
9	DIMPLE		P19RN22MOI5001	

INDIAN ACADEMY

Degree College - Autonomous

DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL SPORTS MEET 2023-24

REPORT

A CELEBRATION OF ATHLETICISM AND VALUES AT INDIAN ACADEMY DEGREE COLLEGE - AUTONOMOUS, BANGALORE

Date: 23-02-2024

Time- 9:15 am

Place: HMT Ground, Jalahalli

Introduction:

The Annual Sports Meet of Indian Academy Degree College - Autonomous, Bangalore, held on 23rd February 2024, was a testament to the college's commitment to foster a holistic education. The event aimed to encourage sportsmanship, teamwork, and healthy competition among students while promoting physical fitness and well-being.

Objectives:

1. To promote physical fitness and well-being among students.
2. To provide a platform for students to showcase their athletic talents.
3. To instill values of discipline, sportsmanship, and teamwork.
4. To celebrate the achievements of students in sports.

The Annual Sports Meet of Indian Academy Degree College - Autonomous, Bangalore, was hosted with immense zeal and fervor, setting the stage for a day filled with competitive spirit and athletic prowess. The event, organized under the guidance of the Department of Physical Education led by Dr. Raghupathi K, the Director of Physical Education, aimed to encourage sportsmanship, teamwork, and healthy competition among students.

Chief Guest and Inauguration:

The Annual Sports Meet was graced by the esteemed presence of Ms. Bharathi BL, the Vice President of Karnataka Athletic Association and also a renowned international athlete as the chief guest. She ceremoniously inaugurated the event, marking its official commencement. In her keynote address, Ms. Bharathi BL emphasized the importance of sports as a lifestyle rather than just a career. Drawing from her personal experiences, she shared her journey of overcoming hardships, including financial struggles to become an international athlete. She highlighted the significance of hard work, dedication, and discipline in achieving success in sports and life. She also stressed the importance of respecting teachers and mentors as a key factor in achieving one's goals.

Events and Competitions:

The Annual Sports Meet featured a diverse range of events, including interclass sports and games such as Yoga, Table Tennis, Caroms, Chess, Throw ball, Volleyball, Basketball, Badminton, Tug of War, Kabaddi, and other athletic events for both men and women. **The main attraction of the day was the athletic competitions held at the HMT Sports Ground**, including 1500mts, 800mts, 400mts, 200mts, and 100mts race for both men and women, as well as team events like 4x400mts relay for men, women, and mixed teams. Field events such as Discus Throw, Shot Put, Javelin Throw, Long Jump, and High Jump also showcased the participants' skills and athleticism.

Participation and Execution:

The event was marked by enthusiastic participation from students, who demonstrated exceptional talent and sportsmanship throughout the day. The meticulous planning and execution of the sports meet by the Department of Physical Education, supported by the teaching and non-teaching staff members, ensured a smooth and successful conduct of the event.

Valedictory Function and Remarks:

The valedictory function, presided over by Dr. T Somasekhar, Ph.D., Chairman of Indian Academy Education Trust, celebrated the achievements of the students and emphasized the importance of sports in shaping their overall development. The VI Semester B.Sc. students continued their tradition of excellence by emerging as the overall team champions, reflecting their dedication and prowess in sports.

Outcomes:

1. Increased participation and enthusiasm among students for sports and physical activities.
2. Enhanced sportsmanship, teamwork, and discipline among participants.
3. Recognition of outstanding athletic talents among students.
4. Promotion of a healthy and active lifestyle among the college community.

Conclusion:

The Annual Sports Meet of Indian Academy Degree College - Autonomous, Bangalore, was a resounding success, thanks to the dedication and efforts of the organizing committee, the support of the faculty members, and the enthusiastic participation from the students. The event not only provided a platform for students to showcase their talents but also imparted valuable lessons in sportsmanship, discipline, and teamwork, aligning with the college's commitment to holistic education.



NCC Cadets receiving the Chief Guest



Speech by the Chief Guest



Felicitating the Chief Guest by the HOIs



Athletes representing the College at various National and South-Zone Inter-University tournaments



Oath taking Ceremony by the students



Inauguration of the sports meet by the Chief Guest and HOIs

INDIAN ACADEMY

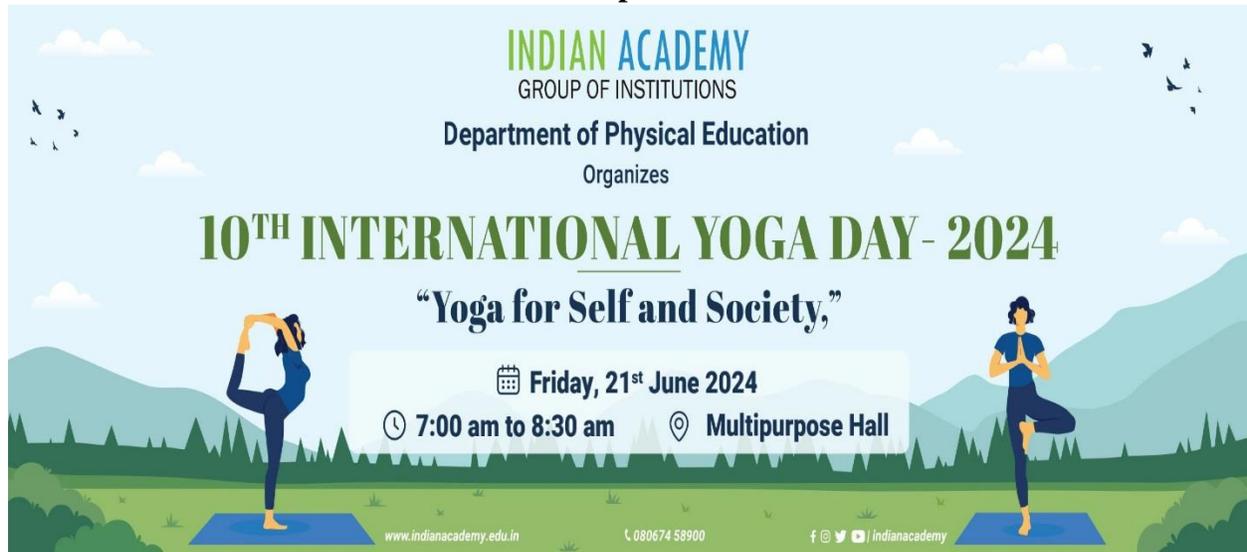
Degree College - Autonomous

DEPARTMENT OF PHYSICAL EDUCATION

Organized

10th INTERNATIONAL YOGA DAY

Report



Aim of the Event:

The goal of Yoga Mahotsav 2024 is to propel Yoga into a widespread movement, with a special emphasis on promoting women's well-being and advancing global health and peace. Also for yoga for self-improvement and social development.

Significance of Yoga:

- Yoga for Peace and harmony.
- Yoga for Health and wellbeing.
- Yoga for Mindfulness and self-awareness.
- Yoga for Calmness and stress relief.
- Yoga for Humanity.

Outcomes:

- The students and staff get knowledge about the yoga practices.
- Learned about different kinds of yoga.
- Learned the concept of yoga for self-improvement.
- Learned the concept of yoga for social development.
- Gained the knowledge about importance of pranayama's.

Brief Detail about the event:

The 10th International Yoga day was celebrated by 120 Participants of Indian Academy Group of Institutions on 21st June 2024 with great enthusiasm. **Dr. N Thilaka** – Principal, Prof. **Rajarajan P** – Vice Principal, **Dr. T Srinivasa Rao** - Controller of Examinations and **Dr.Raghupathi K** – Director of Physical Education of IADC-A has participated in the program. It began with a welcome address by **Ms. Chaithanya S K** (IV SEM MSC). A brief introduction of the Chief Guest, **Mrs. Prathima Arikeri**, Yoga Instructor, Yoga Therapist, Bengaluru was given. The Chief Guest was felicitated by all the dignitaries.



Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga for women empowerment and Yoga for self and society. **Mrs. Prathima Arikeri** explained the importance of Yoga in the life of women and how it helped in building their emotional strength and also about the women empowerment. She addressed about yoga for self and society with her personal experience. She has improved herself in personal life and also how she is developing the society through yoga into the younger minds. She explained that regular practice of Yoga will help the students achieve better mental and physical health. After the very informative and motivated speech, she started the demonstration with the yoga specific stretches and she regularized the breathing patterns through pranayama. After the warming up and stretching, she started demonstrating sitting Asanas and explaining the benefits of those Asanas. Subsequently, she added on mudras to perform pranayama and the importance of pranayama was explained. Yoga was performed by the students and the staffs enthusiastically. She started meditation session to get into the inner soul of mind to concentrate on the purpose of life to meditate every day to keep their minds calm and concentrated by the end of the session. Later Dr. N Thilaka gave a Presidential speech to the Chief Guest. All the students and staffs were awarded by the certificates by the Chief Guest and Principal along with the group photo sessions with the students and the staffs. The

function ended up with a vote of thanks by **V H Bhargavi** (II SEM MSC). The function was organized by the Department of Physical Education along with all the Teaching and Non-Teaching staffs who put in a lot of effort to make the function a great success. The function ended with a National Anthem.

