

# INDIAN ACADEMY

## Degree College - Autonomous

Committee : Youth Red Cross Society

Annual Report: August 1, 2023 to April 30, 2024

### I. Guest Lecture

Sl No	Resource Person	Title of Talk	Date	No. of students / class participate
1	Dr. Mahesh Pavan Sathavalli, Program Manager WPP India IT, Bengaluru.	Self-Esteem and Learning techniques (Youth empowerment and entrepreneurship program for UG first sem students)	6 <sup>th</sup> October 2023 10:30 AM- 12:00PM in SH II, IADC-A	107 (UG I sem)

### II Activities

Sl No	Date	Activity	Details
1	Gandhi Jayanti celebration 2 <sup>nd</sup> October 2023 at 9:00AM-11:00AM	Celebrating Gandhi Jayanthi 2023. Theme : Live as if you were to die tomorrow. Learn as if you were to live forever	Homage for Mahatma Gandhiji In Open auditorium IADC-A followed by cultural activity by students.

230, Meganahalli, Kalyan Nagar, Bengaluru, Karnataka - 560043

Website - <https://www.indianacademy.edu.in/>

# INDIAN ACADEMY

## Degree College - Autonomous

2	National Youth day celebration 12 <sup>th</sup> Jan 2024 at 10:00AM	Celebrating National Youth Day 2024. Theme for 2024: It's All In The Mind.	Poster display, Pay homage to Swami Vivekananda and organised Essay competition and Pencil Sketching competition for students
3	Annual Blood Donation Camp on 24 <sup>th</sup> April 2024 from 9:00am to 3:00pm	Conducted blood donation camp for all students and staff of IADCA	In multipurpose hall IADCA. 190 donors and 155 unit of blood was successfully collected from volunteers

  
Coordinator

**Prof. Dilshad Begum**

230, Meganahalli, Kalyan Nagar, Bengaluru, Karnataka - 560043

Website - <https://www.indianacademy.edu.in/>

**YOUTH RED CROSS, IADC-A**

Organises

**A Guest Talk**

On



**“SELF-ESTEEM AND  
LEARNING TECHNIQUES”**

 Friday, 6<sup>th</sup> October 2023

 10:30 am to 12:00 pm  Seminar Hall - II



**Guest Speaker:**

**Dr. Mahesh Pavan Sathavalli**  
Program Manager,  
WPP India IT, Bengaluru.

**Organising Member**

**Dr. N Thilaka**  
Principal,  
IADC-A

Coordinator and members of YRC

# INDIAN ACADEMY

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## YOUTH RED CROSS

03-10-2023

To

The Principal,

IADC-A

Bangalore.

Respected sir,

**Sub:** Request to conduct a Guest talk on “Self-Esteem and Learning Techniques” for UG I sem students of IADC-A on 6<sup>th</sup> October, 2023.

Respected madam,

Youth Red cross is planning to organize a Guest talk for UG I sem students of IADC-A on 6<sup>th</sup> October, 2023, on the topic “Self-Esteem and Learning Techniques” .The resource person is Dr.Mahesh Pavan Sathavalli, currently working for WPP India IT as Program Manager and having 20+ years of experience. WPP is a creative transformation company, known for Work-Life balance, which is rated at the top and given a rating of 3.5. I have attached his brief profile for further details.

So kindly permit us to have this talk on 6<sup>th</sup> Oct, 2023 at 10:30 AM to 12:00PM in SH II-IADC-A and approve the budget of Rs. 2290 for the same.

Thanking you,

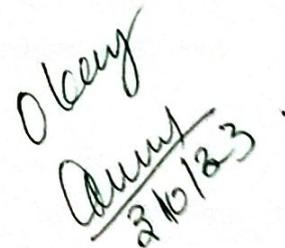
  
Your's truly

Mrs.Dilshad Begum

Coordinator

Youth Red Cross

IADC-A

  
3/10/23

PRINCIPAL  
INDIAN ACADEMY DEGREE COLLEGE  
AUTONOMOUS  
HENNUR MAIN ROAD  
BENGALURU - 43

# INDIAN ACADEMY

Degree College - Autonomous

## YOUTH RED CROSS

3<sup>rd</sup> October, 2023

### CIRCULAR

Youth Red Cross committee is organizing a Guest talk for UG I Sem students on the topic "Self-Esteem and Learning Techniques" on 6<sup>th</sup> October 2023.

Resource Person	Topic	Date and Time	Venue
Dr.Mahesh Pavan Sathavalli, Program Manager WPP India IT, Bengaluru.	"Self-Esteem and Learning Techniques"	6 <sup>th</sup> October 2023 10:30 AM-12:00PM	SH II, IADC-A

#### Objectives:

- Strategies and tips to encounter the concept of respecting their feelings and abilities.
- To enable youth to experience of being competent to cope with the basic challenges of life and of being worthy of happiness.

#### Outcomes:

- Gain knowledge about self-esteem is a realistic respect for a favorable impression of oneself.
- Encourage the youth's curiosity in building healthy life style techniques and make meaningful decisions.

*Dr. N. Thilaka*  
3/10/2023  
Dr.N.Thilaka  
Principal

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# INDIAN ACADEMY

Degree College - Autonomous

## YOUTH RED CROSS

### A Report on Guest Lecture "Self Esteem and Learning Techniques"

**Date:** 06-10-2023

**Time:** 10:30-12:00 PM

**Venue:** Seminar Hall II (IADCA)

**Target audience:** First semester undergraduate students.

**Broad Aim of the Event:** To address the crucial struggle the students face with their self-esteem and encourage them with practical learning techniques which would help in their academics. To explore how self-esteem impacts an individual's ability to learn effectively and make the most of educational opportunities. Additionally, the lecture discusses various learning techniques and strategies that can be employed to enhance self-esteem and optimize the learning process.

#### **Objectives:**

1. Strategies and tips to encounter the concept of respecting their feelings and abilities.
2. To enable youth to experience being competent to cope with the basic challenges of life and of being worthy of happiness.
3. Boosting learning techniques by introducing effective learning strategies and study techniques and concept of growth mindset and its role in enhancing learning.

#### **Outcomes:**

1. Gained knowledge that self esteem is a realistic respect for a favorable impression of oneself.
2. Encouraged students to learn healthy lifestyle techniques and make meaningful decisions.
3. Acquired practical tips and actionable steps that students can implement to promote self-awareness and self-improvement.

## Report:

The lecture on "Self Esteem and Learning Techniques" was addressed by a very esteemed IIM Ahmedabad Alumnus with more than 20 years of proven excellence in Program Management, Business Operations, Service Delivery, Cloud Support, Business Analysis, Research, and Sustainability Development, Dr. Mahesh Pavan Sathavalli.

Self-esteem is the evaluation we make of our own worth and abilities. It can be influenced by internal factors such as self-perception and external factors such as social interactions and feedback. Individuals with high self-esteem tend to be more resilient, motivated, and open to learning. The lecture was divided into three segments- Story telling ,an activity which included role play and presentation with the speaker's insights which were intertwined together to keep the audience engaged in listening.

The speaker ,Dr. Mahesh Pavan Sathavalli asked the volunteers to have a role play enactment of a product (water bottle) sales to a store manager and at the same time asked the students to write two positives and one negative adjective to describe themselves. After the play was acted, he drew conclusions from students stating that the positives which they describe are the expectations from the sale and the weakness are the the inhibitions or the obstacles which is holding them back from the closing of the sale which was an eye opener for all to see themselves in everything they do which in turn affects their self esteem and value in the world around.

The speaker then told a story about a young boy (Swami Vivekananda) who desired to be tonga rider and that his mother asked him to be the rider of five such tonga which abbreviates to-  
C- Character K- Knowledge A- Attitude S- Skills H- Habits ( C/KASH)

### Some of the Effective Learning Techniques:

- To optimize learning, individuals can employ various techniques, including:
- **Active Learning:** Engaging actively with the material through discussions, problem-solving, and practical applications.
- **Effective Time Management:** Prioritizing tasks, setting achievable goals, and maintaining a study schedule.
- **Metacognition:** Reflecting on one's learning process, identifying strengths and weaknesses, and adjusting strategies accordingly.

- Collaborative Learning: Working in groups to foster diverse perspectives and enhance understanding.
- Use of Technology: Leveraging educational tools and resources available online for self-paced learning.

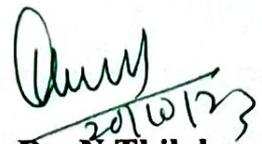
The Speaker emphasized that learning with a purpose , situation, image, experiment and video will enhance memory and knowledge retention in students. He gave practical tips through his presentation on the power of the product, its Benefits, timing and the time with good examples and catchy phrases which helped students to understand better.

He concluded with three main tips which will help students in their employment in near future- open LinkedIn profiles, invest in mutual funds and finally learn about advertisements and Promotions. Overall the speaker hit the high note that Self-esteem and learning techniques are intrinsically linked, with one influencing the other. By nurturing self-esteem and employing effective learning strategies, individuals can unlock their full potential and achieve academic success.



**Coordinator**

**Youth Red Cross**



**Dr. N. Thilaka**

**Principal-IADCA**

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**YRC members:**

- Mrs. Dilshad Begum, Coordinator
- Ms. Venessa Priya M
- Dr. G. Robin Wilson
- Ms. N Lakshmi
- Ms. Cynthia Irene Kasi
- Mrs. Meenakshi Unnikrishnan
- Mrs. Soumya Babu

  
**Coordinator**  
**Youth Red Cross**

  
**Dr. N.Thilaka**  
**Principal-IADCA**  
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# INDIAN ACADEMY

Degree College - Autonomous

## YOUTH RED CROSS

A Guest talk on

“Self-Esteem and Learning Techniques”

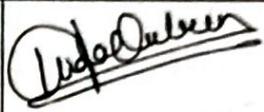
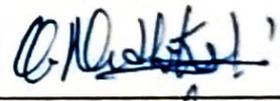
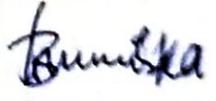
Resource person: Dr. Mahesh Pavan Sathavalli

Date: 06-10-2023

Venue: SH II

Time: 10:30AM -12.00PM

### Attendance

Sl.No.	Name of the student	Register number	Class/ section /Semester	Signature
1.	Huda Qubeen	20	BBA 'A' Sem I	
2.	ARBIN BANU	10	BBA 'A' I SEM	
3.	Kavya . B	24	BBA 'A' I Sem	
4.	Aishwarya . M.	07	BBA 'A' I Sem	
5.	challa Nidhi Krishna	46	BBA 'B' I sem	
6.	Sinchana s.n		BBA 'B' I sem	
7.	Karrija	23	BBA 'A' "	
8	Divya . V.	103	BBA 'B' I sem	
9	Bhoomika	201	BBA 'B' I sem	
10.	Bhoomika Sangamithere	014	BBA 'A' I Sem	
11.	Aishwarya . K	06	BBA 'A' I Sem	

Sl.No.	Name of the student	Register number	Class/ section /Semester	Signature
12.	Sandhya.D	BBA 108	BBA 'B' 1 <sup>st</sup> Sem	<u>Sandhya</u>
13	K. Jasmine mary	021	BBA 'A' 1 <sup>st</sup> Sem	<u>Jasmine</u>
14	Preethanjali.N	018	BBA 'A' 1 <sup>st</sup> Sem	<u>Preethanjali</u>
15.	Rehana Banu	052	BBA 'B' 1 <sup>st</sup> Sem	<u>Rehana</u>
16	Natania Shantay	045	BBA 'B' 1 <sup>st</sup> Sem	<u>Natania</u>
17.	Umanazera.	059	BBA 'B' 1 <sup>st</sup> Sem	<u>Umanazera</u>
18.	Sharon	056	BBA 'B' 1 <sup>st</sup> Sem	<u>Sharon</u>
19.	Tam Pinya	202	BBA 'B' 1 <sup>st</sup> Sem	<u>Tam Pinya</u>
20.	Abhinaya.R	002	BBA 'A' 1 <sup>st</sup> Sem	<u>Abhinaya.R</u>
21.	S. Muskan Anjum	043	BBA 'A' 1 <sup>st</sup> Sem	<u>Muskan Anjum</u>
22.	Dinya.S	151	BBA 'B' 1 <sup>st</sup> Sem	<u>Dinya</u>
23	Abhisha.B	03.	BBA 'A' 1 <sup>st</sup> Sem	<u>Abhisha</u>
24	SM Brindashree	053	BBA 'B' 1 <sup>st</sup> Sem	<u>Brindashree</u>
25.	Akshatha	008	BBA 'A' 1 <sup>st</sup> Sem	<u>Akshatha.S</u>
26.	Jaysree	054	BBA 'B' 1 <sup>st</sup> Sem	<u>JR Jaysree</u>

Sl.No.	Name of the student	Register number	Class/ section /Semester	Signature
27	Kaishnavi R	061	BBA 'B' 1 <sup>st</sup> Sem	<u>Kaishnavi R</u>
28	Manasvi R	030	BBA 'A' 1 <sup>st</sup> Sem	Manasvi R.
29	Usha P	060	BBA 'B' 1 <sup>st</sup> Sem	<u>Usha P</u>
30	Divyanka Sharma	152	BBA 'B' 1 <sup>st</sup> SEM	<u>Divyanka</u>
31	Durgashree	153	BBA 'B' 1 <sup>st</sup> SEM	<u>Durgashree</u>
32	Afzalulhaqhan	004	BBA 'A' 1 <sup>st</sup> sem	<u>Afzal</u>
33	Mukaram Ahmed	042	BBA 'A' 1 <sup>st</sup> sem	<u>Mukaram</u>
34	Sham V	055	BBA 'B' 1 <sup>st</sup> sem	<u>Sham V</u>
35	Dileepan R	016	BBA 'A' 1 <sup>st</sup> sem	<u>Dileepan</u>
36	Mohammed Eahab	037	BBA 'A' 1 <sup>st</sup> sem	Md Eahab
37	MELVIN ABISHEK	032	BBA 'A' 1 <sup>st</sup> sem	<u>Melvin</u>
38	V. Pradeep Kumar	050	BBA 'B' 1 <sup>st</sup> sem	Pradeep Kumar
39	NITHIN S	048	BBA 'B' I sem	<u>Nithin</u>
40	Mohammed Toufeeq	035	BBA 'A' I sem	<u>Mohammed</u>
41	Narayana Teja	034	BBA 'A' I sem	<u>M.T.N. Teja</u>

42 Mit Hamaad 033

BBA 'A' I Sem Mit Hamaad

43 Pruthvi V 107

BBA 'B' I Sem Pruthvi

44 Afnaan 101

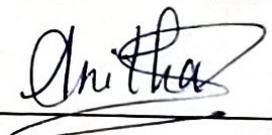
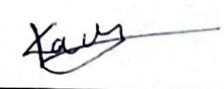
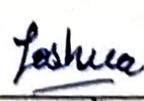
BBA 'B' I sem Afnaan

45 Bharath N. Suthar 102

BBA 'B' I sem Bharath N. Suthar

Sl.No.	Name of the student	Register number	Class/ section /Semester	Signature
42	Vidya Sagar Gouda	23BBA158	BBA 'B' 1 <sup>st</sup> sem	
43	MOHAMMED UMMAR.N	041	BBA 'A' 1 <sup>st</sup> sem	
44	MOHAMMED Tausif	23IABBA040	BBA 'A' 1 <sup>st</sup> sem	
45	Ahmed Sharief	23IABBA005	BBA 'A' 1 <sup>st</sup> sem	
46	K. PRAJWAL	23IABBA022	BBA 'A'	
47	Augustin Babu	23IABBA013	BBA 'A'	
48	Judha Johnson	23IABBA015	BBA 'A'	
49	Abenny	23IABBA01	BBA 'A'	
50	RAKSHITH.A	23IABBA051	BBA 'B'	
51	Emmanuel.C	23IABBA017	BBA 'A'	
52	Lakshmi Puarad	23IABBA025	BBA 'A'	
53	Abhishek.C	—	BBA 'B'	
54	Ashok.P	23IABBA012	BBA 'A'	
55	G. Akshay Babu	23IABBA104	BBA 'B'	
56	Manish.C	23IABBA031	BBA 'A'	
57	Antony Reson	23IABBA009	BBA 'A'	
58	Penvel Mochamani	23IABBA049	BBA 'B'	
59	Jimelliot	23IABBA154	BBA 'B'	
60	Rahul Kumar	23IABBA157	BBA 'B'	

# BA-I sem attendance

Sl.No.	Name of the student	Register number	Class/ section /Semester	Signature
01	Syeda Roslini	23IAB0A011	1 <sup>st</sup> sem B.A	
02	Faiza Fatima	23IAB0A043	1 <sup>st</sup> sem B.A	
03	Syeda Ruheen	23IAB0A021	1 <sup>st</sup> sem BA	
04	Hafsaa	-	1 <sup>st</sup> Sem BA	Hafsaa
05	Ancy MOL	23IAB0A041	1 <sup>st</sup> sem BA	
06	Anitha	23IAB0A042	1 <sup>st</sup> sem BA	
07	Kanya	23IAB0A045	1 <sup>st</sup> sem BA	
08	Afuina V	23IAB0A051	1 <sup>st</sup> SEM BA	
09	Winston G	23IAB0A052	1 <sup>st</sup> Sem BA	
10	Pavan	23IAB0A032	1 <sup>st</sup> Sem BA	
11	Hanshith	23IAB0A001	1 <sup>st</sup> sem BA	
12	Adith Mathew	23IAB0	1 <sup>st</sup> sem BA	
13	Manish JR	23IAB0A044	1 <sup>st</sup> sem BA	
14	Jeshua John	23IAB0A046	1 <sup>st</sup> SEM BA	

# INDIAN ACADEMY

Degree College - Autonomous

## YOUTH RED CROSS

A Guest talk on

Topic: "Self-Esteem and Learning Techniques"

Resource person: Dr. Mahesh Pavan Sathavalli

Venue: SH II

Date: 06-10-2023

Time: 10:30AM - 12.00PM

### FEEDBACK FORM

Student name: Mukesh.C

Class/ Sec/Sem: BBA / B / 1<sup>st</sup> sem

Please rate the program from 1 to 5 (5 is for very good).

Overall view of the program	5	4	3	2	1
The talk was well paced within the allotted time	3	4	3	2	1
It was worth spending time	5	4	3	2	1
The talk was interactive	5	4	3	2	1
The talk was knowledgeable	5	4	3	2	1
Did the program make you appreciate/enjoy/think	5	4	3	2	1
Usefulness of this session in your lives	5	4	3	2	1

Would you be interested in more sessions like this in future?

Yes / No

Any suggestions for improvement?

More examples and more hours of the sessions in the future

Signature of the student

Mukesh.C

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## YOUTH RED CROSS

A Guest talk on

Topic: "Self-Esteem and Learning Techniques"

Resource person: Dr. Mahesh Pavan Sathavalli

Venue: SH II

Date: 06-10-2023

Time: 10:30AM -12.00PM

### FEEDBACK FORM

Student name: *Heeda Qubeen*

Class/ Sec/Sem: *BBA 'A' 1<sup>st</sup> Sem*

Please rate the program from 1 to 5 (5 is for very good).

- |   |              |                                       |   |   |   |
|---|--------------|---------------------------------------|---|---|---|
| 1. Overall view of the program                      | <del>5</del> | <input checked="" type="checkbox"/> 4 | 3 | 2 | 1 |
| 2. The talk was well paced within the allotted time | <del>5</del> | 4                                     | 3 | 2 | 1 |
| 3. It was worth spending time                       | <del>5</del> | 4                                     | 3 | 2 | 1 |
| 4. The talk was interactive                         | <del>5</del> | 4                                     | 3 | 2 | 1 |
| 5. The talk was knowledgeable                       | <del>5</del> | 4                                     | 3 | 2 | 1 |
| 6. Did the program make you appreciate/enjoy/think  | <del>5</del> | 4                                     | 3 | 2 | 1 |
| 7. Usefulness of this session in your lives         | <del>5</del> | 4                                     | 3 | 2 | 1 |

8. Would you be interested in more sessions like this in future?

Yes / No

9. Any suggestions for improvement?

*Heeda*

Signature of the student

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## YOUTH RED CROSS

A Guest talk on

Topic: "Self-Esteem and Learning Techniques"

Resource person: Dr. Mahesh Pavan Sathavalli

Venue: SH II

Date: 06-10-2023

Time: 10:30AM - 12.00PM

### FEEDBACK FORM

Student name: Anitha

Class/ Sec/Sem: BBA I sem

Please rate the program from 1 to 5 (5 is for very good).

1. Overall view of the program	5	4	3	2	1
2. The talk was well paced within the allotted time	5	4	3	2	1
3. It was worth spending time	5	4	3	2	1
4. The talk was interactive	5	4	3	2	1
5. The talk was knowledgeable	5	4	3	2	1
6. Did the program make you appreciate/enjoy/think	5	4	3	2	1
7. Usefulness of this session in your lives	5	4	3	2	1

8. Would you be interested in more sessions like this in future?

Yes / No

9. Any suggestions for improvement?

Good session

Anitha  
Signature of the student

# INDIAN ACADEMY

Degree College - Autonomous

## YOUTH RED CROSS

A Guest talk on

Topic: "Self-Esteem and Learning Techniques"

Resource person: Dr. Mahesh Pavan Sathavalli  
Venue: SH II

Date: 06-10-2023  
Time: 10:30AM -12.00PM

### FEEDBACK FORM

Student name: J. Nactania Shentay  
Class/ Sec/Sem: 1<sup>st</sup> Sem BBA

Please rate the program from 1 to 5 (5 is for very good).

1. Overall view of the program	5	④	3	2	1
2. The talk was well paced within the allotted time	⑤	4	3	2	1
3. It was worth spending time	⑤	4	3	2	1
4. The talk was interactive	⑤	4	3	2	1
5. The talk was knowledgeable	⑤	4	3	2	1
6. Did the program make you appreciate/enjoy/think ✓	⑤	4	3	2	1
7. Usefulness of this session in your lives	⑤	4	3	2	1

8. Would you be interested in more sessions like this in future?

Yes / No

9. Any suggestions for improvement?

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*Nactania*  
Signature of the student

**INDIAN ACADEMY**

Degree College - Autonomous

## **Youth Red Cross**

In association with

**Sri Aurobindo Centre for Education in  
Human Values**

Celebrates



# **National Youth Day 2024**

Pay homage for Swami Vivekananda.

Essay and Pencil Sketching Competitions on the topic  
Swami Vivekananda as a "Youth Icon" for PG students

**Theme for 2024: It's All In The Mind**

 **Friday, 12<sup>th</sup> January 2024**

 **10:00 am**

 **Open Auditorium (Portico)**

# INDIAN ACADEMY

Degree College - Autonomous

## REPORT ON

### NATIONAL YOUTH DAY-2024

Theme for 2024: It's All In The Mind

**Organized by:** Youth Red Cross & Sri Aurobindo Centre for Education in Human Values

**Date and time:** 12<sup>th</sup> Jan 2024 at 10:00AM

**Venue:** Portico and Seminar Hall II, IADCA

**Target audience-** PG Students

**No. of participants -** 150

#### **Learning Objectives of the Event:**

- To sensitize the youth and spreading the ideas of the Swami Vivekananda.
- To instill the feeling of healthy society.
- To motivate all students, to make a better future for the country
- To impart students the value of youth.
- To showcase youth talents in various activities to cover almost all socio-cultural aspects of life.

#### **Learning Outcomes of the Event:**

At the end of the program, students will be able

- The students will understand their role in building healthy society.
- The students will be informed of their social responsibility in this cause.
- The youth will get consciousness and galvanizing them towards nation-building.
- The students will get to know the importance of healthy environment.
- The Youth will get full of hope and positive energy because they are the future of our nation.

#### **About the event:**

Youth Red Cross in association with Sri Aurobindo Centre for Education in Human Values of the Indian Academy College-Autonomous, had organized National Youth Day programme on 12-01-2024. The theme for 2024 is *It's All In The Mind*. The College principal Dr N.Thilaka had headed the programme. The program was conducted at the portico of IADCA at 10.00 am. The coordinator of YRC Mrs Dilshad Begum took the lead and with the help of M.Sc students and Aurobindo volunteers/ Captain/Vice captain she got the arrangement done at the Portico where

Swami Vivekananda's photo was arranged for homage. The programme started with an invocation song by the M.Sc student and after which Principal and all senior faculties gave homage to Swami Vivekananda. Principal Dr N.Thilaka, Vice Principal Prof. Rajarajan P and evening college Principal Prof. Jaffer Mohammed C addressed the students and motivated them to follow the principles of Swami Vivekananda. Later sweets and chocolates were distributed among the students and faculties. The programme ended with group photo. Later in the afternoon essay competitions and pencil sketching were conducted for the Post Graduate students. Overall it was a good programme where students and faculties were delighted to coordinate and attend it.

Event	Venue
Poster display	Main Notice board
Pay homage to Swami Vivekananda	Open Auditorium
Essay competition and Pencil Sketching competition	Seminar Hall II IADC-A

### About National Youth Day

In 1984, the Government of India declared 12th January as National Youth Day, and since 1985, the event has been celebrated in India every year to commemorate Swami Vivekananda's birthday. Vivekananda was adored by the people of the country and was considered one of India's greatest social leaders. National Youth Day celebrates Vivekananda's achievements and honors his great philosophical and religious ideas.

Swami Vivekananda was one of India's greatest youth leaders and followers. A passionate student of Sri RamaKrishna Paramahansa, he was an important force in the resurrection of Hinduism in India.

Celebrated on the occasion of Swami Vivekananda's birth anniversary, National Youth Day is about reminiscing the works of Vivekananda and applying his philosophies into our own lives. Vivekananda's life and mission were an example to all, and his ideas are spread and discussed on National Youth Day.

This day is about celebrating the youth of the country, and encouraging them to take up on Vivekananda's ideas and philosophies.

### **Importance of National Youth Day**

The goal of celebrating National Youth Day on such a massive scale is to motivate the youth, create a better future for the country, and spread the ideology of Swami Vivekananda. National Youth Day is also known as "Yuva Diwas". The government's main goal is to give the country a better future by motivating young people through Swami Vivekananda's way of life and ideas.

The youths have a much more important role in nation-building than you might think. The future of the country depends on them and they represent it at every level. Every youth is equally responsible, for a country's future. They are the building blocks of a country. The youths are very energetic and enthusiastic.

Coordinator  14/01/2024 (D. K. S. Ladd)

(Rajani Singh)

  
Principal  
PRINCIPAL  
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BENGALURU - 43

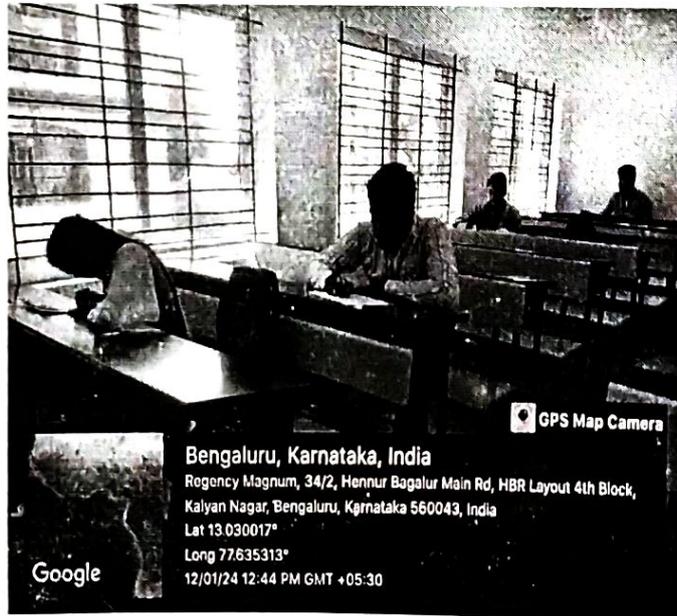
### Competitions:

On the occasion of National Youth Day 2024, Essay competition and pencil sketching competition were conducted for the Post Graduate students. It was conducted in SH II IADCA at 12:30PM. There was a good number of participants. Essay competition was embarked in English as well in Kannada language.

### Photos of essay competition



### Photos of pencil sketching competition



Coordinator

*(Signature)*  
14/11/2024 (D. Shad)

(Rajani Singh)

*(Signature)*  
Principal

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# INDIAN ACADEMY

Degree College - Autonomous

## Youth Red Cross Society

In Association with

ISR Committee, NSS & NCC Wing

Organize

# ANNUAL BLOOD DONATION CAMP - 2024

"DONATE BLOOD, BE A LIFESAVER"

📅 Wednesday, 24<sup>th</sup> April 2024

🕒 09:00 am to 03:00 pm 📍 IADC-A Campus

Collaborators: **BMS<sup>T</sup>** Bangalore Medical Services Trust **Rotary** Bangalore West 

Bengaluru Medical Services Trust,  
Rotary Blood Centre, Bengaluru.

### Organizing Committee

**Prof. K.S. Suryanarayana**  
Chief Academic Officer

**Dr. N. Thilaka**  
Principal, IADC-A

**Prof. Rajarajan P**  
Vice-Principal, IADC-A

### Organizers

**Prof. Dilshad Begum**  
Coordinator, Youth Red Cross Society

**Prof. N Lakshmi**  
Coordinator, Institutional Social Responsibility

**Dr. Nataraja .P**  
Programme officer, National Service Scheme

**Lt. Vijayakumar**  
Associate NCC Officer

Click the link for Registration or Scan the QR Code

<https://forms.gle/vFmUGUSuNqDDeSWbA>



**INDIAN ACADEMY**  
Degree College - Autonomous

17-04-2024

To

The Principal,  
IADC-A,  
Bangalore.

Respected sir,

**Sub:** Request to approve the Budget for organizing Annual Blood Donation Camp & permission to make further arrangements

The Youth Red Cross committee IADCA in association with ISR, NCC and NSS would like to organize a Blood Donation Camp on 24<sup>th</sup> April 2024. We are proposing the budget to organize this event. I kindly request you to approve the budget of **Rs.7440/-** and grant permission to conduct the same.

The details of the planned budget for the same is attached.

Thanking you

  
Yours Truly

Prof. Dilshad Begum  
Co ordinator-YRC

# INDIAN ACADEMY

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## CIRCULAR

Date: 17-04-2024

An Annual Blood Donation Camp is being organized at Multipurpose Hall on 24<sup>th</sup> April 2024 from 9:00 am-3:00 pm at IADC-A campus by YRC in association with ISR, NSS and NCC committee. We request the aspirants willing, to come forward and donate blood and save lives. The donors will be provided with certificates.

**"Donate blood, be a lifesaver".**

Please register by clicking on the URL link or scan the QR code.

*Sponsors:* Bangalore Medical Services Trust.  
Rotary Blood Centre  
Bengaluru

Link for registration <https://forms.gle/vFmUGUSuNqDDeSWbA> Or Scan the QR code for registration



Scan me!

*Note:* The last date for registration is 23<sup>rd</sup> April, 2024.

### Coordinators:

Prof. Dilshad Begum  
Prof. N Lakshmi  
Dr. Nataraj A. P  
Lt. Vijayakumar

(Youth Red Cross)  
(Institutional Social Responsibility)  
(National Service Scheme)  
(National Cadet Corps, ANOs)



Principal

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# INDIAN ACADEMY

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## REPORT ON ANNUAL BLOOD DONATION CAMP-2024

**Donate Blood, Be a Lifesaver**

**Organized by:** Youth Red Cross Society in association with ISR committee, NSS & NCC Wing

**Date and time:** 24<sup>th</sup> April 2024 at 9:00AM to 3:00PM

**Venue:** Multipurpose hall, IADCA

**Target audience-** All students and staff of IADCA

**No. of donors** – 190 donors (students and staff)

**Blood units collected-** 155 units of blood

### **Learning Objectives of the Event:**

1. To educate the student community on the beneficial aspects of blood and collect blood.
2. To inculcate the value of blood donation by providing scientific knowledge as well as removing myths and wrong concepts about it.
3. To help anyone, in case of any requirement for blood.

### **Learning Outcomes of the Event:**

At the end of the program, students will be able

1. Embark positive effects like a sense of satisfaction after the donation.
2. Motivated students to come forward and donate for this noble cause.
3. Students get more awareness and understand the significance of 'blood donation'.

### **About the event:**

Youth Red Cross society in association with ISR committee, NSS & NCC Wing of the Indian Academy Degree College-Autonomous, had organized Annual blood donation camp on 24-04-2024 in collaboration with Bengaluru Medical Services Trust, Rotary Blood Centre, Bengaluru. The College Principal Dr N. Thilaka, Chief Academic Officer Prof K.S.Suryanarayana and Vice Principal Prof.Rajarajan.P had headed the programme. The program was conducted at the multipurpose hall of IADCA at 10.00 am. The coordinators of all the committee took the lead and

with the help of NSS,NCC,ISR and YRC volunteers/ Captain/Vice captain got the arrangement done for the camp. The inauguration was done by ribbon cutting ceremony and was graced by rotary team head Dr. N.Swamy with his staff nurses and technicians. Principal mam welcomed Dr.N.Swamy with a flower sapling. IADCA has been religiously organizing blood donation camps every year and students and the faculty members come forward voluntarily to donate blood. Many students, teachers, and college staff donated blood and became a part of the program. After donating blood, everyone ate fruits and drank juice. The blood donation program lasted till 3 pm. There were 190 donors and 155 units of blood was collected by both students and the staff members of IADC-A. While addressing to people at the camp our NSS volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it.

After the completion of the blood donation, the CAO, Principal, Vice principal thanked and appreciated everyone present in the camp. Rotary blood centre awarded memento and certificate for college. The day ended with the National Anthem and a heartfelt vote of thanks from the Vice Principal.

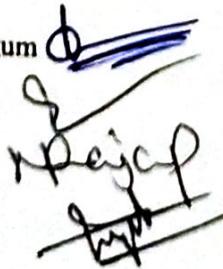
#### Coordinators

1: Prof. Dilshad Begum

2: Prof. Lakshmi N

3: Dr.Nataraj. P

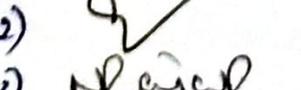
4: Lt.Vijayakumar



  
Principal  
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**Coordinators**

- 1) 
- 2) 
- 3) 
- 4) 

  
31/5/24

**Principal**  
**PRINCIPAL**  
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# INDIAN ACADEMY

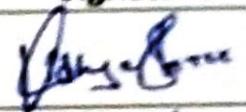
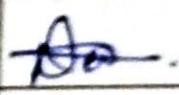
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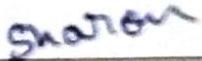
## Annual Blood Donation Camp-2024

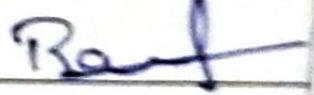
Date: 24<sup>th</sup> April 2024

### Student Volunteers List

Time: 9.00am - 4.00pm

Sl.No	Name of the student	Register number	Class and section	Signature
01	Vidhya Shree	22IABCM126	B.COM 'B'	
02	Madesh. M	21IABBA065	BBA. 'A'	
03	Deon Nash Melben	21IABBA034	BBA 'A'	
04	Manik Lee. B	21IABCM164	B.COM 'A'	
05	Rakesh. M	21IABCM245	B.COM 'B'	
06	Ravi Kiran. B	22IABCM095	B. Com 'B'	
07	Rahul A.s	22IABCM096	B. Com 'B'	
08.	Avais Pasha	22IABCM012	B.COM 'A'	
09.	AKshay	22IABLMD006	B. COM 'A'	

Sl.No	Name of the student	Register number	Class and section	Signature
10.	Rajesh. R	221ABCM092	B.COM 'B'	
11.	Christiano	221ABCM088	B.COM 'B'	
12.	K. Sumanth	21ABCM117	B.COM 'C'	
13.	Hanisharandhan	21ABCM092	B.COM 'C'	
14.	Dileep	21ABCM070	B.COM 'C'	
15.	Hemanth	21ABCM095	B.COM 'C'	
16.	Arbaz	21ABCM101	B.COM 'C'	
17.	Balaji manjunath	21ABCM034	B.COM 'C'	
18.	Gautham. C	21ABCM078	B.COM 'C'	
19.	Sharon D	231ABBBA068	BBA 'B'	
20.	Sachin	21ABCM269	B.COM 'E'	
21.	Rohan. NR	21ABCM259	B.COM 'E'	
22.	Anand Kumar	21ABCM266	B.COM 'E'	

Sl.No	Name of the student	Register number	Class and section	Signature
23.	Maatheshwaram V	21ABCM165	B.COM 'D'	
24.	Shiravanjini	21ABCM306	B.COM 'E'	
25.	Joshuva .A	20ABCM113	B.COM 'C'	
26.	Sahij	21ABBBA124	BBA . 'B'	
27	Vidya Sagar Handan	23TABBA076	BBA - 'B'	
28	Nithin .S	23IARRA057	BBA 'B'	
29	MTN Teja	23IARRA040	BBA 'A'	
30	Punith Kumar .S	22IABCM087	B.COM B	
31	Muralidhar .P	20IABCM075	B.COM 'B'	
32	Rahul .S	20IABCM091	B.COM 'B'	
33	Pruthvi Raj .O	23TARCA124	BCA	
34	Chandan .S.	23IABCA023	BCA 'A'	
35	Praveen .M	33IABCM304	B.COM 'C'	

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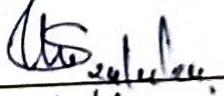
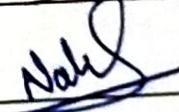
Degree College - Autonomous

## Annual Blood Donation Camp-2024

Date: 24<sup>th</sup> April 2024

### Employee Volunteers List

Time: 9.00am - 4.00pm

I.No	Name of the employee	Teaching/ Non-teaching	Department	Signature
1	A Erumalla Nemkata Nagaraju	Teaching	Biochemistry	
2.	T. SRINIVASA RAO	COE	COZ	TS Rao 24/4/24
2.	Dr. Chitabamu	Teaching	Chemistry	C 24/4/24
3.	Quattu - ulrain	Teaching	LS-Mb	
04.	Ajona PK	Teaching	LS-Mb	Ajona 24/4/24
05	Sushmita	Non-teaching	CSR	
06	Paramesh H	Teaching	LSBT	
07	Nalinis	NT	Accounts	

Name of the employee	Teaching/ Non-teaching	Department	Signature
Avinash K.S 9901343808		Rotary Club of West	
Dr. Malaiyasar P.	Teaching	Microbiology Life Science	
Dr. K. Salithy	Teaching	Microbiology - LS	
Dr. S. Anu Kiruthika	Teaching	LS - MB	
Saranya Jampala IAGS 1998	Non-Teaching	COE OFFICE	J. Saranya
Nandini B.N	Teaching	Chemistry (PD)	Nandini
7 Sushma P	Non-Teaching	COE - office	
8 Lourdi James Vinoli X	Teaching	Mathematics	Lourdi
9 Bommi P	Non-Teaching	Coe - office	
10 Sahana	"	"	
11 Violet	Non-teaching	Principals office	
12 Dr. Sangeetha Annie George	Teaching	Life Sciences - Zoology	
13 Manjula	NON-TEACHING	Coe - office	
14 Bharathi	NON-TEACHING	Life Science - Genetics	