

INDIAN ACADEMY

Degree College - Autonomous

Department of Physical Education

Achievers Report 2022-2023

The Legend Muhammad Ali has once said that “The One Who Has No Imagination Has No Wings”.

For Sports personalities, Sports are the epitome of hard work and dedication. To get to the pinnacle of their sport, even the most naturally gifted athletes have to give it their all.

It is true that watching sports is exciting, but even more so for the drama that happens. There’s nothing more exciting than seeing a team come back to win the 4th game after being down 0-3, or a fighter getting off the canvas to score a comeback after knock-out.

Sports are about those incredible moments where ordinary human will and desire overcomes the odds.

With such ordinary will and desire the students of Indian Academy Degree College – Autonomous has participated in the sports and games conducted all over the INDIA.

The students not only participated but also have brought glory to the college in various competitions. Indian Academy Degree College – Autonomous has achieved the milestone which the department of Physical Education has been working on since months, **three students** from the college has secured **Bronze Medal** in All India Inter-University pencak silat championship.

Students of Indian Academy Degree College - Autonomous have been selected for various tournaments to represent Bengaluru North University and IADC-A.

Karate, Pencak Silat, Taekwondo and in yoga our students represented Bengaluru North University in All India University competitions

Along with it our students have got selected for South Zone Representing Bengaluru North University in various games like Table Tennis, Kabaddi, Kho-Kho, Football and Volleyball.

Students of Indian Academy Degree College - Autonomous has also secured positions in Bengaluru North University Inter-Collegiate tournaments, we have secured Overall Team Championship Trophy in Karate both Men and Women, Pencak Silat Both Men and Women, Table Tennis Men and Chess Men. Secured silver in Men's best physique Table tennis women's has secured overall third position.

Overall our students have secured many other achievements, and proved that the normal human will, desire and hard work does pay off.

The department of physical education has also improved a lot in this year with a motive of giving the students a quality environment, equipment's and proper coaching to ensure their participation in sports, motivation to perform and put their hard work and to make sure they improve and succeed in their particular sport.

Also organized the BNU tournaments which are Karate and Pencak Silat, Conducted All India University Camp for Pencak silat and annual sports meet.

With the support of the Management the Department of Physical Education were able to fulfil the milestones and encourage the students for sports as well.

DEPARTMENT OF PHYSICAL EDUCATION

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St. Joseph University- Sportstakes Table Tennis Tournament



Tennis team of Indian Academy Degree College – Autonomous has participated in St. Joseph University – Sportstakes Table Tennis Tournament.

The Event, which took place at St. Joseph University, Bangalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students:

NAME	CLASS	REG NO
Mr. Johnson Rajkumar	1 st Sem MBA	P19RN22MO15061
Mr. Chetan Kumar Gupta	5 th Sem BCA	20IABCA017
Mr. Gautam Singh Bisht	3 rd Sem BSC	21IABSC005
Mr. Soumyadeep Roy	1 st Sem BSC	22IABSC013
Mr. Nikhil V	3 rd Sem BBA	21IABBA100

St. Joseph University- Sportstakes Throw ball Womens Tournament



Womens Throw Ball team of Indian Academy Degree College - Autonomous has participated in St. Joseph University - Sportstakes Throw Ball Women's Tournament.

The Event, which took place at St. Joseph University, Bangalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Ms. Sampreetha B M	4 th Sem B.Com	21IABCM277
Ms. Rashmi P	2 nd Sem BCA	22IABCA057
Ms. Dasari S Ajitha Roy	4 th Sem BSC	21IABSC004
Ms. Likitha Shree	4 th Sem BBA	21IABBA061
Ms. Sneha C	2 nd Sem BCA	22IABCA068
Ms. Kavya	2 nd Sem BCA	22IABCA029
Ms. Bindhu	2 nd Sem BCA	22IABCA009
Ms. Komal	2 nd Sem B.Com	22IABCM045
Ms. Latha	2 nd Sem B.Com	22IABCM046
Ms. Gayathri	2 nd Sem B.Com	22IABCM032
Ms. Namratha	2 nd Sem BCA	22IABCA043
Ms. Laksmi Kumari	4 th Sem B.Com	21IABCM140

St. Joseph University- Sportstakes Throw ball Mens Tournament



Men's Throw Ball team of Indian Academy Degree College – Autonomous has participated in St. Joseph University – Sportstakes Throw Ball Men's Tournament.

The Event, which took place at St. Joseph University, Bangalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Manohar K	4 th Sem B.Com	21IABCM157
Mr. Vasanth Kumar	6 th Sem B.Com	20IABCM300
Mr. Ram	6 th Sem BBA	20IABBA076
Mr. Aravind Rajesh	6 th Sem BBA	20IABBA014
Mr. Madhan Abhishek	4 th Sem BBA	21IABBA066
Mr. Fareed Babai	2 nd Sem B.Com	22IABCM029
Mr. Jerom Alexander	4 th Sem BBA	21IABBA049
Mr. Jeevith	4 th Sem BBA	21IABBA048
Mr. Godwin	4 th Sem BBA	21IABBA038
Mr. Arun Kumar	4 th Sem BBA	21IABBA020
Mr. Sunil J	6 th Sem BCA	20IABCA082
Mr. Nithin S	1 st Sem MSC	22IAMOS144

St. Joseph University- Sportstakes Volleyball Tournament



Men's Volleyball team of Indian Academy Degree College – Autonomous has participated in St. Joseph University – Sportstakes Volleyball Tournament.

The Event, which took place at St. Joseph University, Bangalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Pawan Malla	4 th Sem B.Com	21IABCM223
Mr. Sumanth J	4 th Sem B.Com	21IABCM318
Mr. Sanjay	4 th Sem B.Com	21IABCM280
Mr. Pranay	4 th Sem B.Com	21IABCM232
Mr. Ebenezer	2 nd Sem B.Com	22IABCM027
Mr. Rajesh	2 nd Sem B.Com	22IABCM056
Mr. Darshan	6 th Sem B.Com	20IABCA018
Mr. Rohit Singh Thapa	4 th Sem B.Com	21IABCM260
Mr. Sai Deepak	4 th Sem B.Com	21IABCM273

St. Joseph University- Sportstakes Kho-Kho Tournament



Men's Kho-Kho team of Indian Academy Degree College - Autonomous has participated in St. Joseph University - Sportstakes Kho-Kho Tournament.

The Event, which took place at St. Joseph University, Bangalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Veeresh V	4 th Sem B.Com	21IABCM352
Mr. Rakesh M	4 th Sem B.Com	21IABCM045
Mr. Tejas D S	4 th Sem B.Com	21IABCM337
Mr. Veeresh Kumar	4 th Sem B.Com	21IABCM351
Mr. Saravanan	4 th Sem B.Com	21IABCM288
Mr. Manjith	4 th Sem BSC	21IABSC101
Mr. Rohit Singh Thapa	4 th Sem B.Com	21IABCM260
Mr. Harish J	4 th Sem BBA	21IABBA040
Mr. Rahul S	6 th Sem B.Com	21IABCM203
Mr. Sunil S	6 th Sem BBA	21IABCM094
Mr. Jayanth J M	2 nd Sem B.Com	21IABCM040

St. Joseph University- Sportstakes Kabaddi Tournament



Men's Kabaddi team of Indian Academy Degree College - Autonomous has participated in St. Joseph University - Sportstakes Kabaddi Tournament.

The Event, which took place at St. Joseph University, Banagalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Varshith S	4 th Sem BBA	21IABBA173
Mr. Chirag Shekar Poojari	4 th Sem B.com	21IABCM055
Mr. Karthik Kumar	4 th Sem BBA	21IABBA054
Mr. Saradhi K	4 th Sem BBA	21IABBA137
Mr. Fareed Babai	2 nd Sem B.Com	22IABCM029
Mr. Harish J	4 th Sem BBA	21IABBA040
Mr. K K Akash	4 th Sem BSC	21IABSC054
Mr. Madesh M	4 th Sem BBA	21IABBA065
Mr. Gunashekar	2 nd Sem B.Com	22IABCM035
Mr. Vinay	4 th Sem B.Com	21IABCM363
Mr. Tharun P	2 nd Sem BCA	22IABCA162
Mr. Manjunath	4 th Sem BBA	21IABCM069
Mr. Sunil J	6 th Sem BCA	20IABCA082
Mr. Nandish V R	6 th Sem BCA	20IABCA058
Mr. Kaushik A	2 nd Sem BCA	22IABCA028

Reva University- Revothsava Football Tournament



Men's Football team of Indian Academy Degree College - Autonomous has participated in Reva University - Revothsava Football Tournament.

The Event, which took place at St. Joseph University, Banagalore on April 26th, 2023 organized by Reva University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Heevan S	6 th Sem B.Com	20IABCM087
Mr. Shreyas S	6 th Sem B.Com	20IABCM248
Mr. Christopher Melvin	6 th Sem B.Com	20IABCM044
Mr. Ignatius Rozario	4 th Sem B.com	21IABCM098
Mr. Krishna Teja	4 th Sem B.com	21IABCM136
Mr. Arun Raj	4 th Sem B.com	21IABCM024
Mr. Vishal Singh	6 th Sem B.Com	20IABCM309
Mr. Rakesh M	4 th Sem B.com	21IABCM245
Mr. Vinith Raj	1 st Sem MBA	P19RN22M015110
Mr. Sanjay D	4 th Sem B.com	21IABCM281
Mr. Sanjay S	4 th Sem B.com	21IABCM283
Mr. Ravi Kiran B	2 nd Sem B.com	22IABCM095
Mr. S Praveen	6 th Sem B.Com	20IABCM220
Mr. Sandesh Kumar	6 th Sem B.Com	20IABCM278
Mr. Rakesh P	4 th Sem B.com	21IABCM246
Mr. Sunny	4 th Sem B.com	21IABCM114
Mr. Krithik Raj A	4 th Sem B.com	21IABCM136
Mr. Stephen	6 th Sem BBA	20IABCM091

Reva University- Revothsava Kabaddi Tournament



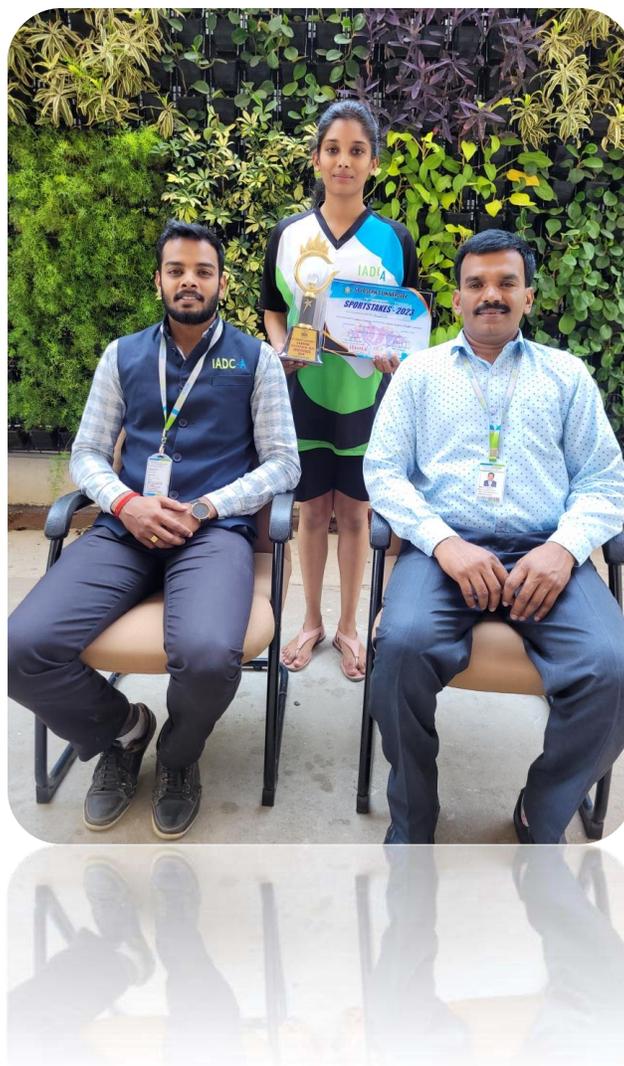
Men's Kabaddi team of Indian Academy Degree College – Autonomous has participated in Reva University – Revothsava Kabaddi Tournament.

The Event, which took place at St. Joseph University, Banagalore on April 28th, 2023 organized by Reva University, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Varshith S	4 th Sem BBA	21IABBA173
Mr. Chirag Shekar Poojari	4 th Sem B.com	21IABCM055
Mr. Karthik Kumar	4 th Sem BBA	21IABBA054
Mr. Saradhi K	4 th Sem BBA	21IABBA137
Mr. Fareed Babai	2 nd Sem B.Com	22IABCM029
Mr. Harish J	4 th Sem BBA	21IABBA040
Mr. K K Akash	4 th Sem BSC	21IABSC054
Mr. Madesh M	4 th Sem BBA	21IABBA065
Mr. Gunashekar	2 nd Sem B.Com	22IABCM035
Mr. Vinay	4 th Sem B.Com	21IABCM363
Mr. Tharun P	2 nd Sem BCA	22IABCA162
Mr. Manjunath	4 th Sem BBA	21IABCM069
Mr. Sunil J	6 th Sem BCA	20IABCA082
Mr. Nandish V R	6 th Sem BCA	20IABCA058
Mr. Kaushik A	2 nd Sem BCA	22IABCA028

St. Joseph University- Sportstakes Carrom Tournament



Ms. Bhoomi M (21IABSC003) a 3rd Semester BSC Student, competed in the Sportstakes 2023 Inter-Collegiate Carrom Tournament and has secured Second Position.

The Event, which took place at St. Joseph University, Banagalore on April 15th, 2023 organized by St. Joseph University, Bangalore.

Decathlon Sweat Fest 2022



Mr. Sohit Sivaraj B (22IABBA010) a 1st Semester BBA Student, competed in the Kalenji 10k Decathlon Sweat fest 2022 and has secured 1st position.

The Event, which took place at Decathlon Anubhava, Bengaluru, which was organized by AllForSports Decathlon, Bangalore.

District Level Dasara Boxing Championship



Mr. Sohit Sivaraj B (22IABBA010) a 1st Semester BBA Student, competed in the district Dasara Boxing Championship and won a silver medal.

The Event, which took place at Bangalore's Kanteerva Stadium from September 20th to 21st, 2022, which was organized by the Government of Karnataka's Youth Empowerment and Sports Department.

District Level Dasara Kabaddi Championship



Mr. Manjunath H (21IABBA069) a 3rd Semester BBA Student, competed in the district Dasara Kabaddi Championship and won a Gold Medal.

The Event, which took place at Bangalore's Kanteerva Stadium from September 20th to 21st, 2022, Which was

organized by the Government of Karnataka's Youth Empowerment and Sports Department.

District Level Dasara Throw Ball Championship



Ms. Rashmi P (22IABCA057) a 1st Semester BCA Student, competed in the District Dasara Throw Ball Championship and secured Runners up trophy.

The Event, which took place at Mysore, on September 14th, 2022, Which was organized by the Government of Karnataka's Youth Empowerment and Sports Department.

District Level Kabaddi Tournament



Mr. Chirag Shekar Poojari (21IABCM055) of 3rd Semester B.Com and Varshith of 3rd Semester BBA, Participated in District Level Kabaddi Tournament and has secured First Place.

The Event, which took place at Hoodi, Bangalore on January 29th, 2023 organized by Hoodi Sports Club.

Hari Vidyala Alliance Square Vidhyarthi Run



Mr. Sohit Sivaraj B (22IABBA010) a 1st Semester BBA Student, competed in the 5km Hari Vidyalyaya Alliance Square Vidhyarthi Run and has secured 3rd Position.

The Event, which took place at Shikshakara sadana, Kempegowda road, Bengaluru on 19th Feb 2023 which was organized by Hari Vidyalyaya, Bengaluru.

Kannada Abhivrudhi Pradhikara 3km Marathon Race Winners



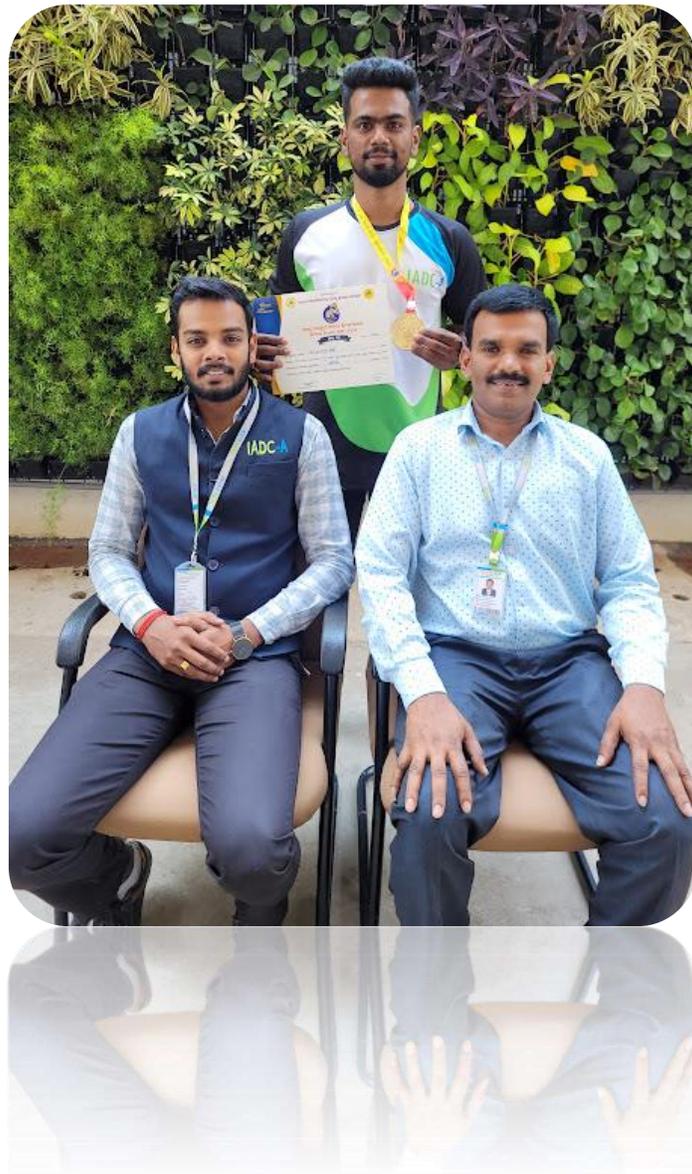
Students of Indian Academy Degree College - Autonomous Participated in the Kannada Abhivrudhi Pradhikara 3km Marathon Race and has secured various positions.

The Event, which took place at Kammanahalli, Kalyan Nagar on September 10th, 2022 organized by Kaddana Abhivrudhi Pradhikara

The List of Students got selected:

NAME	PRIZE	CLASS	REG NO
Mr. Rakesh M	4 th Place	3 rd Sem B.Com	21IABCM245
Mr. Sohit Sivaraj	2 nd Place	1 st Sem BBA	22IABBA010
Ms. Meena M	1 st Place	1 st Sem BBA	22IABBA026
Mr. Rakesh P	1 st Place	3 rd Sem B.Com	21IABCM246

State Level Dasara Kabaddi Tournament



Mr. Manjunath H (21IABBA069) a 3rd Semester BBA Student, competed in the State Level Dasara Kabaddi Championship and won a Gold Medal.

The Event, which took place at Mysore from September 29th to October 2nd, 2022, Which was organized by the Government of Karnataka's Youth Empowerment and Sports Department

State Level Yogasana Championship



Mr. Sanjay S (22IABBA047) of 1st Semester BBA and Aadesh Sagar Naidu of 5th Semester B.Com, Participated in the State level Yogasana Championship and secured 1st and 3rd position respectively

The Event, which took place at Patel Public School, Subbaiah Palya, Bangalore on 27th November 2022, organized by Karnataka South Zone Yoga Association.

BNU Inter collegiate Best Physique Championship



Mr. Shuaibuddin (20IABCM250) a 5th Semester B.Com student, Participated in the Bengaluru North University Inter-Collegiate Best Physique Championship and has secured Silver Medal.

The Event, which took place at Sri Bhagwan mahaveer Jain College, KGF on January 7th, 2023, organized by Sri Bhagwan mahaveer Jain college, KGF, Bengaluru

BNU Inter collegiate Chess Championship



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Chess Championship and has secured the Overall Team Championship trophy.

The Event, which took place at LBS Government First Grade College, RT Nagar, Bengaluru on December 2nd, 2022, organized by LBS Government First Grade College, RT Nagar, Bengaluru.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Aniket Mahato	3 rd Sem B.Com	21IABCM016
Mr. Chirag Shekar Poojari	3 rd Sem B.Com	21IABCM055
Mr. Ganesh A K	3 rd Sem B.Com	21IABCM077

BNU Inter collegiate Table Tennis Championship (Men)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Table Tennis Championship and has secured the Overall Team Championship trophy.

The Event, which took place at Sri Bhagwan mahaveer Jain College, KGF on December 12th, 2022, organized by Sri Bhagwan mahaveer Jain College, KGF, Bengaluru.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Samuel M	5 th Sem B.Com	20IABCM227
Mr. Nikhil V	3 rd Sem BBA	21IABBA100
Mr. Gautam Singh Bisht	3 rd Sem BSC	21IABSC005
Mr. Chetan Kumar Gupta	5 th Sem BCA	20IABCA017
Mr. Soumyadeep Roy	1 st Sem BSC	22IABSC013

The Team Captain: - **Gautam Singh Bisht**

BNU Inter collegiate Table Tennis Championship (Women)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Table Tennis Championship and has secured the Overall 3rd Position.

The Event, which took place at Sri Bhagwan mahaveer Jain College, KGF on December 12th, 2022, organized by Sri Bhagwan Mahaveer Jain college, KGF, Bengaluru.

The List of Students got selected:

Ms. Saniya Parveen	-4th Sem B.Com-	21IABCM279
Ms. Sama Khan	-3rd Sem BBA-	21IABBA127
Ms. Priyanka S	-3rd Sem BBA-	21IABBA110

BNU Inter collegiate Karate Championship (Men)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Karate Championship and has secured the Overall Team Championship Trophy.

The Event, which took place at Indian Academy Degree College - Autonomous on December 22nd, 2022 organized by Indian Academy Degree College - Autonomous.

The List of Students:

NAME	CLASS	REG NO
Mr. Aadesh Sagar Naidu	5 th Sem B.Com	20IABCM001
Mr. Ranjith Kumar T V	5 th Sem BSC	20IABSC033
Mr. Ravi Kumar	5 th Sem BSC	20IABSC018
Mr. Nandish V R	5 th Sem BCA	20IABCA058
Mr. Sam B Sunny	1 st Sem BCA	22IABCA148
Mr. Akshay K	3 rd Sem BCA	21IABCA007
Mr. Manohar K	3 rd Sem B.Com	21IABCM157

BNU Inter collegiate Karate Championship (Women)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Karate Championship and has secured the Overall Team Championship Trophy.

The Event, which took place at Indian Academy Degree College - Autonomous on December 22nd, 2022 organized by Indian Academy Degree College - Autonomous.

The List of Students:

NAME	CLASS	REG NO
Ms. Bhoomi M	3 rd Sem BSC	21IABSC003
Ms. Noor Rabiya	3 rd Sem BSC	21IABSC019
Ms. Supriya S H	3 rd Sem BCA	21IABCA171
Ms. Komal Kumari	3 rd Sem BSC	21IABSC014
Ms. Sanjana P	3 rd Sem BOA	21IABOA019
Ms. Gayatri K	1 st Sem B.Com	22IABCM032
Ms. Abhinaya	1 st Sem BCA	22IABCA085
Ms. Maria Jasmin	1 st Sem BCA	22IABCA119

BNU Inter collegiate Pencak Silat Championship (Men)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Pencak Silat Championship and has secured the Overall Team Championship Trophy.

The Event, which took place at Indian Academy Degree College - Autonomous on January 21st, 2023 organized by Indian Academy Degree College - Autonomous, Bengaluru.

The List of Students:

NAME	CLASS	REG NO
Mr. Mohammed Adnan	3 rd Sem BBA	21IABBA074
Mr. Mark Lee	3 rd Sem B.Com	21IABCM164
Mr. Ranjith D N	3 rd Sem BCA	21IABCA134
Mr. Jiason William	3 rd Sem BSC	21IABSC011
Mr. Ravi Kumar	5 th Sem BSC	20IABSC018
Mr. Deepak	1 st Sem BCA	22IABCA096
Mr. Nandish V R	5 th Sem BCA	20IABCA058
Mr. Ranjith Kumar	5 th Sem BSC	20IABSC033
Mr. Manohar K	3 rd Sem B.Com	21IABCM157
Mr. Akshay K	3 rd Sem BCA	21IABCA007
Mr. Chetan Shinde	3 rd Sem BCA	21IABCA028

BNU Inter collegiate Pencak Silat Championship (Women)



Students of Indian Academy Degree College - Autonomous Participated in the Bengaluru North University Inter-Collegiate Pencak Silat Championship and has secured the Overall Team Championship Trophy.

The Event, which took place at Indian Academy Degree College - Autonomous on January 21st, 2023 organized by Indian Academy Degree College - Autonomous, Bengaluru.

The List of Students:

NAME	CLASS	REG NO
Ms. Sama Khan	3 rd Sem BBA	21IABBA127
Ms. Priyanka S	3 rd Sem BBA	21IABBA110
Ms. Sameena Taj	3 rd Sem BBA	21IABBA128
Ms. Sanjana P	3 rd Sem BOA	21IABOA019

South Zone Inter University Kho-Kho Championship



Mr. Tejas D S (21IABCM337) of 3rd Semester B.Com and **Veeresh V (21IABCM352)** of 3rd Semester B.Com, Participated in the South Zone Inter University Kho-Kho Championship representing BNU team.

The Event, which took place at JNT University, Kakinada, Andhra Pradesh from January 9th, to January 12th, 2023, Organized by JNT University, Kakinada, Andhra Pradesh.

South Zone Inter University Football Championship



Mr. Sanjay D (21IABCM281) a 3rd Semester B.Com Student, participated in the South Zone Inter University Football Championship representing BNU team.

The Event, which took place at Calicut University, Kerala from December 22nd to December 31st 2022, Organized by Calicut University, Kerala.

South Zone Inter University Volleyball Championship



Mr. Pawan Malla (21IABCM223) a 3rd Semester B.Com Student, participated in the South Zone Inter University Volleyball Championship representing BNU team.

The Event, which took place at Calicut University, Kerala from December 22nd to December 31st 2022, Organized by Calicut University, Kerala.

South Zone Inter University Kabaddi Championship



Mr. Manjunath H (21IABBA069) a 3rd Semester BBA Student, participated in the South Zone Inter University Kabaddi Championship representing BNU team.

The Event, which took place at St. Francis College, Bengaluru from December 6th to December 9th 2023, organized by St. Francis College, Bengaluru.

South Zone Inter University Table Tennis Championship



Mr. Gautam Singh Bisht (21IABSC005) a 3rd Semester BSC Student, participated in the South Zone Inter University Table Tennis Championship representing BNU team.

The Event, which took place at Christ University, Bengaluru from January 3rd to January 6th, 2023 organized by Christ University, Bengaluru.

All India Inter University Karate Championship



Mr. Nandish V R (20IABCA058) of 5th Semester BCA and **Manohar K (21IABCM157)** of 3rd Semester B.Com, Participated in the All India University Karate Championship representing BNU team.

The Event, which took place at Kurukshetra University, Haryana from March 14th to March 17th 2022, organized by Kurukshetra University, Haryana.

All India Inter University Yoga Championship



Mr. Sanjay S (22IABBA047) a 1st Semester BBA student, Participated in the All India University Yoga Championship representing BNU team.

The Event, which took place at KIIT University, Bhubaneswar on December 26th, 2022 organized by KIIT University, Bhubaneswar, Odisha.

All India Inter University Taekwondo Championship



Mr. Aadesh Sagar Naidu (20IABCM001) a 5th Semester B.Com student, Participated in the All India Inter-University Taekwondo Championship representing BNU team.

The Event, which took place at Guru Nanak Dev University, Amritsar from January 3rd to January 12th 2023, organized by Guru Nanak Dev University, Amritsar, Punjab.

All India Inter University Pencak Silat Championship



Students of Indian Academy Degree College - Autonomous Participated in the All India Inter-University Pencak Silat Championship representing BNU team.

The Event, which took place at Guru Nanak Dev University, Amritsar from March 24th to March 26th 2023, Organized by Guru Nanak Dev University, Amritsar, Punjab.

The List of Students got selected:

NAME	CLASS	REG NO
Mr. Manohar K	3 rd Sem B.Com	21IABCM157
Mr. Nandish V R	5 th Sem BCA	20IABCA058
Mr. Ranjith D N	3 rd Sem BCA	21IABCA134
Mr. Ravi Kumar	5 th Sem BSC	20IABSC018
Mr. Jiason William	3 rd Sem BSC	21IABSC011
Mr. Ranjith Kumar T V	5 th Sem BSC	20IABSC033
Ms. Sama Khan	3 rd Sem BBA	21IABBA127
Ms. Priyanka S	3 rd Sem BBA	21IABBA110
Ms. Sameena Taj	3 rd Sem BBA	21IABBA128

The Team Manager: - **Dr. Raghupathi K (PED IADC-A)**

The Team Coach : - **Mr. Jagadeesh**

International Yoga Festival



Mr. Sanjay S (22IABBA047) a 1st Semester BBA Student, participated in the 1st Bengaluru International Yoga Festival 2023 and has secure 5th Position,

The Event, which took place at Shikshakara Sadana, kempegowda road on February 19th, 2023 organized by

Avinash Yoga and Aerobics Institute, Nagawara, Bengaluru.

All India Inter University Pencak Silat Winners

Students of Indian Academy Degree College - Autonomus, Participated in the All India Inter-University Pencak Silat Championship representing BNU Team and has secured Bronze Medal in Women's Regu (Artistic Event).



The Event, which took place at Guru Nanak Dev University, Amritsar from March 24th to March 26th 2023, Organized by Guru Nanak Dev University, Amritsar, Punjab.

The List of Students got selected:

NAME	CLASS	REG NO
Ms. Sama Khan	3 rd Sem BBA	21IABBA127
Ms. Priyanka S	3 rd Sem BBA	21IABBA110
Ms. Sameena Taj	3 rd Sem BBA	21IABBA128

State Level Inter collegiate Throw Ball Tournament



Womens Throw Ball team of Indian Academy Degree College – Autonomous has Secured Runners position in the State level Intercollegiate Throw Ball Women’s Tournament.

The Event, which took place at HKBK Group of Institution , Bangalore on June 5th to 7th June , 2023 organized by HKBK Group of Institution, Bangalore.

The List of Students got selected:

NAME	CLASS	REG NO
Ms. Sampreetha B M	4 th Sem B.Com	21IABCM277
Ms. Rashmi P	2 nd Sem BCA	22IABCA057
Ms. Likitha Shree	4 th Sem BBA	21IABBA061
Ms. Sneha C	2 nd Sem BCA	22IABCA068
Ms. Kavya	2 nd Sem BCA	22IABCA029
Ms. Bindhu	2 nd Sem BCA	22IABCA009
Ms. Komal	2 nd Sem B.Com	22IABCM045
Ms. Gayathri	2 nd Sem B.Com	22IABCM032
Ms. Namratha	2 nd Sem BCA	22IABCA043
Ms. Keerthana Murali	2 nd Sem B.Com	21IABCM130

Inter Gym Competition (Dead Lift)



Mr.KN SHAN SOMANNA (21IABCA059) a 4th Semester BCA Student, participated in the Dead Lift competition 2023 and has secured Bronze medal,

The Event, which took place at Next Level Fitness Center Bengaluru on 14th May, 2023.

Decathlon Boxing Championship



Mr. S ANAND KUMAR (21IABCM266) a 4th Semester B.COM Student, participated in the Decathlon Boxing Challenge competition 2023 and has secured Silver medal, The Event, which took place at Decathlon Center White Field, Bengaluru on 20th May, 2023.

ORGANIZED SPORTS AND GAMES

S. No	Sports and Games	Page No
1.	Inter Class sports activities & Annual Sports Meet	62-65
2.	BNU Inter-Collegiate Karate Championship	66-68
3.	BNU Inter-Collegiate Pencak Silat Championship	69-71
4.	IADC-A Karate Coaching Camp	72
5.	IADC-A Pencak Silat Coaching Camp	73
6.	BNU Pencak Silat Coaching Camp	74

The Department of Physical Education has organized another successful year of Sports and Games.

Beginning with the Inter class tournaments for the students of each section till winding it up with the Bengaluru North University Pencak silat tournament the Department of Physical Education has put all the efforts to get the best out of it for the student's participation and performance.

INDIAN ACADEMY

Degree College - Autonomous

Department of Physical Education

Report

Annual Sports meet 2022-2023

Date: 09-12-2022

Time- 9:30AM

Place: **HMT Ground, Jalahalli**

Broad Aim of the Event:

- Motivate the students to know the importance of sports and games come forward and participate and make physical activities part of their life.
- Identify the student athletes to participate in higher level of competitions.

Objectives:

- To motivate the students to participate in sports.
- To gain knowledge on various Sports events.
- To learn about the organizing of an event.

Outcomes:

- The students were encouraged and inspired by the mega event.
- Gained the knowledge about various events.

Brief Detail about the event:

Being an athlete is more than just playing sports – it's about building a strong work ethic and always giving 100 percent effort no matter what happens on the field or court. Athletes know better than anyone else the importance of pushing themselves beyond their comfort zones to achieve things they never thought possible. They're the first ones to learn and teach that nothing comes easy and that hard work pays off at the end. It's also about respecting your teammates, coaches and opponents by giving everything you have without having any regrets or excuses. And finally, it's about embracing all of the ups and downs that come with being an athlete because they are a part of what makes sports so special.

Indian Academy Group of institutions organized Annual Sports Meet 2022-2023 on 9th December 2022 with a lot of energy and enthusiasm than the previous year.

Ms. Bindu rani G, International Athlete, Asian Medalist graced the occasion as the chief guest of the inaugural Session and delivered motivating address to the students highlighting on her life, the hard work she has done to reach the heights and the importance on being focused on achieving higher goals. Principal Indian Academy degree College- Autonomous **Dr. Srinidhi K Parthasarathi** motivated the students with his energetic speech where he took the example of the Flying Sikh Shri. Milkha Singh. Head of various institutions in Indian Academy Group also graced the occasion.

The track events like 100mtrs, 200mtrs, 400mtrs, 800mtrs, 1500mtrs, 4*100mtrs relay, 4*400mtrs relay, 4*100mtrs mixed relay and field events like Long jump, High jump, Shot Put, Discus Throw and Javelin throw were conducted with student athletes who participated with enthusiasm. There were 1300 students, participated and applauded the participants. Sumptuous lunch was provided to all the Staff, Students and participating athletes. The Event concluded in the valedictory session with the august presence of **Chairman of Indian Academy Education Trust Dr. T Somasekhar**. He also distributed prizes to the overall Champion athletes and Team Championship.

The overall Team championship was awarded to 2nd Year BSC students also Individual overall championship for men was awarded to Mr. Rakesh M of B.Com 2nd Year and in women's the Overall championship was backed by Bindhu Bhattraï of 3rd Year BBA. It was a pleasant day with plenty of energetic student athletes who participated with true sportsman spirit, respect and discipline. At the end of the day few won and few lost but as we say not all the games and sports are about winning it's also about giving our 100% and enjoying the game. With all the support of the faculty members and staff of IADC-A, we concluded the Mega Event smoothly and successfully.



Department of Physical Education

Report

Intercollegiate Pencak Silat Championship

Date: 24-01-2023

Time- 10:30 AM- 9:00 Pm

Place: **Indian Academy Degree College - Autonomous**

Broad Aim of the Event:

- To identify the students who bouts well in Pencak Silat.
- To Motivate other students to come forward and take part.

Objectives:

- Selection of Students for Higher Level.
- Sportsmanship Among the participants
- Discipline

Outcomes:

- Competitors showed true Sportsmanship.
- Competitors were filled with confidence and Self esteem.
- Competitors were able to build mental toughness

Brief Detail about the event:

“I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times.” - *Bruce Lee*

Indian Academy Degree college – Autonomous organized intercollegiate Pencak Silat competition in association with Bengaluru North University on 24th January 2023.

The function began with a welcome address by Mr. O Anish Physical Education Instructor. **Mr. Jagadeesh S P International Player and National Coach** graced the occasion as the chief guest of the inaugural Session and delivered the opportunity, Scopes and achievements in the game of pencak silat in Karnataka and motivated the students, told them the rules and regulation of the game. Principal IADC-A **Dr. Srinidhi k Parthasarathi** spoke briefly about Pencak silat, where it has come from and the meaning of Pencak silat and blessed the competitors. Intercollegiate Pencak Silat competition was conducted with the students of different colleges under Bengaluru North University. Around 90 athletes from 7 College's which are **Indian Academy Degree College- Autonomous, Govt College K.R Puram, Govt College Chikballapur, BGS Institute of Management Studies, Inspire Vijipura, PG centre Kolar, SKVCP Chikballapur** participated and showcased a true sportsman spirit and dedication towards the game. Mr. Jagadeesh S P and Team officiated the Pencak Silat bouts and helped in organizing the event in a smooth way.

Sumptuous lunch was provided to the athletes and the staffs in Udupi Park where we received a good feedback regarding the lunch arrangements as well as the event organization. Indian Academy Degree College-Autonomous Secured Overall Championship in both Men's and Women's category with **6 Gold, 2 Silver and 2 Bronze** in men's category and **4 gold and 1 bronze** in woman's category. Each and every bout was energetic with a lot of passion, dedication, sportsmanship and discipline. The events were winded up by 7:30pm and the facilitation ceremony was held soon after that. Dr. Srinivasa Rao COE of Indian academy Degree College - Autonomous graced the valedictory function as the Chief Guest and awarded the certificates to the winners and blessed them. The function ended with a vote of thanks by Dr Raghupathi K Director Physical Education.



Department of Physical Education

Report

Intercollegiate Karate Championship

Date: 22-12-2022

Time- 10:00 AM- 4:00 Pm

Place: **Indian Academy Degree College - Autonomous**

Broad Aim of the Event:

- To identify the students who bouts well in karate.
- Selection trails for All India Interuniversity Championship

Objectives:

- Selection of Students for Higher Level
- Sportsmanship.
- Discipline

Outcomes:

- Students were selected for All India Interuniversity Championship.
- Competitors showed true Sportsmanship.

Brief Detail about the event:

The ultimate aim of karate lies neither in victory nor defeat, but in the perfection of the character of its participants.

Indian Academy Degree college – Autonomous organized intercollegiate karate competition and AIU Selection Trails in association with Bengaluru North University on 12th December, 2022.

The function began with lighting of the lamp to invoke the blessing of the event by all the dignitaries followed by the welcome address of Mr. O Anish Physical Education Instructor. **Dr. P Chandra Kumar, National Karate Judge** graced the occasion as the chief guest of the inaugural Session and addressed the student athletes highlighting his achievements and motivating the students. Principal IADC-A **Dr. Srinidhi k Parthasarthi** spoke a few words about karate and about participation. **Prof. Suryanarayana, Academics Excellence, IAGI** took us through the journey of his karate career about how he came into karate what motivated him and what he achieved with it. Directors (I/C) of various institutions, judges & competitors actively participated in the event.

Intercollegiate Karate competition was conducted with the students of different colleges under Bengaluru North University. Around 100 athletes participated from different colleges and showcased a true sportsman spirit and dedication towards the game. **Dr. P Chandra Kumar** and Team showed their experience in officiating the bouts and helped in conducting the event smoothly. Lunch was provided to the

athletes, managers, coaches, referees and the staffs in Udupi Park. Indian Academy Degree college - Autonomous backed the Overall Championship with a great difference in lead. The event truly was full of inspiration, talent, dedication and emotion. The function ended with a vote of thanks by Dr. Raghupathi K Director Physical Education.

A huge thanks to all the student volunteers, staffs and house keep department for making this event a grand success.



Date: 12-12-2023 to 23-12-2023

Venue: Indian Academy Degree College - Autonomous

Participants: 30

Camp in Charge: Dr. Raghupathi K

Coach: Dr. P Chandra Kumar

REPORT

Indian Academy Degree College – Autonomous Karate Camp for men and women was held from December 12th to December 23rd 2022 at Indian Academy Degree College – Autonomous. The final list of players to participate in the Bengaluru North University competitions was finalized by the coach/camp in charge based on the performance, discipline, attendance and eligibility of the players. Coaching session timing were in the Evening 3:00Pm to 5:00Pm.

During the camp the coach trained students the basic and advanced skills of karate and improved the senior student's skill and techniques. Players had an opportunity for bout practice with each other of different categories where they built themselves and understand the techniques of fights also the artistic team had the opportunity to practice their demonstration and improve themselves. The Coaching camp came to an end with distribution of Karate kits.



Report prepared and submitted by

Dr. Raghupathi K

Director Physical Education

Date: 9-01-2023 to 23-01-2023

Venue: Indian Academy Degree College - Autonomous

Participants: 45

Camp in Charge: Dr. Raghupathi K

Coach: Mr. Anil Kumar

REPORT

Indian Academy Degree College – Autonomous Karate Camp for men and women was held from January 9th to January 23rd 2023 at Indian Academy Degree College – Autonomous. The final list of players to participate in the Bengaluru North University competitions was finalized by the coach/camp in charge based on the performance, discipline, attendance and eligibility of the players. Coaching session timing were in the Evening 3:00Pm to 5:00Pm.

During the camp the coach trained students the basic and advanced skills of karate and improved the senior student's skill and techniques. Players had an opportunity for bout practice with each other of different categories where they built themselves and understand the techniques of fights also the artistic team had the opportunity to practice their demonstration and improve themselves. The Coaching camp came to an end with distribution of Karate kits.



Report prepared and submitted by

Dr. Raghupathi K

Director Physical Education

Date: 13-03-2023 to 19-03-2023

Venue: Indian Academy Degree College - Autonomous

Participants: 25 Students

Camp in Charge: Dr. Raghupathi K

Coach: Shri. Jagadeesh

REPORT

Bengaluru North University Pencak Silat Coaching Camp for men and women was held from 13-03-2023 to 19-03-2023 at Indian Academy Degree College – Autonomous. The final list of players to participate in the All India University competitions was finalized by the coach/Camp in charge based on the performance, discipline, attendance and eligibility of the players. Coaching session timing were morning 9:00Am to 12:00Pm and Evening 2:00Pm to 5:00Pm.

During the camp the players had an opportunity for bout practice with each other of different categories where they built themselves and understand the techniques of fights also the artistic team had the opportunity to practice their demonstration and improve themselves. The Coaching camp came to an end with distribution of ID cards and Jerseys to the players.



Report prepared and submitted by

Dr. Raghupathi K

Director Physical Education

PARTICIPATED IN SPORTS AND GAMES

S. No	EVENT
1.	Sportstakes - St. Joseph University Inter-Collegiate Fest
2.	Revothsavam - Reva College Inter - Collegiate Fest
3.	Decathlon Sweat Fest 2022
4.	District level Dasara Tournaments
5.	District Level Kabaddi
6.	Hari Vidyalaya Alliance Square Vidhyarthi run 2022
7.	Kannada Abhivrudhi Pradhikara 3km Marathon Race
8.	State level Dasara Tournaments
9.	Bengaluru North University Table Tennis Men and Women.
10.	Bengaluru North University Chess Men and Women.
11.	Bengaluru North University Best Physique Men.
12.	South Zone Inter-College Kho-Kho Tournament
13.	South Zone Inter-College Kabaddi Tournament

14.	South Zone Inter-College Table Tennis Tournament
15.	South Zone Inter-College Volleyball Tournament
16.	South Zone Inter-College Football Tournament
17.	All India Inter-University Karate
18.	All India Inter-University Yoga
19.	All India Inter-University Taekwondo
20.	All India Inter-University Pencak Silat Men & Women
21.	International Yogasana Festival

FACILITIES AQUIRED DURING THE YEAR 2022- 2023

<i>S. No</i>	FACILITIES
1.	Kabaddi Mat
2.	Table Tennis Table
3.	Volley Ball Pole
4.	Multi gym
5.	Treadmills
6.	Elliptical Trainer
7.	Kabaddi Jerseys
8.	Football Jerseys
9.	Basketball Jerseys
10.	Kho-Kho Jerseys

11.

Wrestling Jerseys

12.

Table Tennis Rackets and Balls

13.

Badminton Shuttles

14.

Footballs

15.

Volleyballs

16.

Cones and Markers

17.

Medicine Ball

EXCELLENCE AWARD

2022-2023



Mr. Aadesh Sagar Naidu

VI SEM B.Com

A Sports Enthusiast, Hard worker and a very talented Martial Arts athlete. He has not only showcased her talent in Martial Arts but also has proven himself as good Yogist and good NCC cadet. Aadesh has always been in sports from her childhood, he has participated in various Inter collegiate to international level sports

competitions in his school days and built himself as a strong and authentic sports person. Aadesh joined IADC-A in the year 2021 to the B.Com Course. Little did we know he started her rein from the starting, where we could see him Participate in various sports meets and competition and also make sure that he wins all the tournaments he participate. After 3 years here we are witnessing the award ceremony of the sports achiever of the year 2022-2023.

Here are the few achievements of Mr.Aadesh Sagar Naidu

S. No	Event	Place
1.	BNU Inter-Collegiate Karate Championship 5 th March 2022	Gold Medal in Individual Kumite
2.	BNU Inter-Collegiate Karate Championship 22 nd Dec 2022	Gold Medal in Group Kata
3.	BNU Inter-Collegiate Taekwondo Competition 27 th Feb 2022	Bronze Medal in poomsae
4.	BNU Inter-Collegiate Taekwondo Competition 28 th Dec 2022	Gold Medal in Group poomsae
5.	BNU Inter-Collegiate Pencak Silat Competition 26 th July 2022	Gold Medal in Individual Sparring
6.	14 th Karanataka State cadet junior and senior Taekwonda championship	Silver Medal
7.	Open state level Yoga Championship	Bronze Medal

	27 th Nov 2022	
8.	Mysore Vivekananda Yoga Education and Research Institute National Level Yogasana Championship	6 th Place
9.	National level Karate Championship in 2022 at Haryana	Participation
10.	InterNational level Yoga championship in 2022 at Puduchchery	Participation
11.	National level Taekwondo Competition in 2023 at Amritsar	Participation

REPORT ON ANNUAL INTRA & INTERCOLLEGIATE FEST

SPECTRUM

Indian Academy Degree College, Autonomous, Bangalore, positioned among the top-notch colleges in Bangalore, Karnataka, also received A++ grade in the third cycle of NAAC reaccreditation, providing quality education and has always aimed at enhancing students' skill development, talents and thinking capabilities, which helps in the development of students in a holistic way. All roads led to Indian Academy Degree College –Autonomous as SPECTRUM 2022-2023, an intra-collegiate fest which is a mélange of SAHITHYA, SAMSKRUTHIKA AND SAMBRAMHA, was held on 23rd and 25th November 2022 in college campus. The excitement among the students was exhilarated as the most awaited cultural festival at our institution for students. The event was diligently organized.

SPECTRUM is the intra-collegiate cultural show organized by the Student Welfare Officers and most enthusiastic Student Council, with the overall support of the management this mega event unveils the most spectacular talents of our students in distinguished events. The most special thing about the event was for the first time there was a video presentation on Indian Academy Achievements. This event enables students to participate and exhibit their skills and talents in a competitive spirit with each other. This fosters the spirit of teamwork, enhances youth's creativity and potential, kindles students to think out of the box, and also provides an enjoyable platform to inculcate sportsmanship and leadership qualities in fun and frolic way. The chief guest of the event was Mr.Maltesh Badiger, a renowned theatre artist who has also directed more than 50 plays on social issue. A member of Karnataka Nataka Academy, he is responsible for the kannada theatre scene in several districts of Karnataka.

The fest was inaugurated by the Chief Guest Mr. Malatesh Badiger ,a veteran theatre actor and director, Mrs. Bharathi T. ,Secretary ,Indian academy Education Trust ,Dr. Srinidhi K. Parthasarathi, Principal, Indian Academy Degree College, Autonomous, Prof. Shalini S., Vice –Principal , Indian Academy Degree College, Autonomous, Mrs. Shobha S., Convener of the event.

Altogether 20 events were conducted at the campus through preliminary rounds and finals were conducted on 23th and 25th November 2022 .The events were organized by Student Welfare Officers and Student Council Members, and all the UG and PG students participated in various

events with enthusiasm. The management did its best to nurture the talents and to develop the spirit of competition among the students.

Various off stage events were conducted on 23th November 2022 like rangoli, face-painting, best out of waste, mehndi, cooking without fuel, street play, video making etc. Students participated in huge numbers with enthusiasm in these enthralling and wondrous events and exhibited their hidden talents. On 25th November 2022, on stage events like Solo, group and folk dances, solo, duet and group singing mime, and fashion show were conducted from 9:00 am - 5pm .All these events really enthralled the viewers and provided a platform to our students to show case and hone their art.The winners of the various events were announced during the program. Support and guidance from student welfare officers and student council members along with all the faculty members and persistent zeal of student coordinators and event heads made the fest a resounding one.





YUVTARANG



Yuvtarang, the 5th Edition of Annual Inter collegiate Cultural Fest of Indian Academy Degree College, Autonomous was held on 19th and 20th April 2023. Indian Academy, with its culturally

vibrant platform, has brought yet another episode of grueling competition, wit and finesse. It has grown to become one of the biggest and highly anticipated cultural fests in the city. Yuvtarang has seen astounding talent from across the city in a multitude of events ranging from Indian and Western music, Dance contests to Fashion shows and much more.

Imagine a world surrounded by nothing but smiles and also sharing of that happiness through charity. Imagine the world having the largest celebrations and delicious foods at the same time! That was the atmosphere in Indian Academy Degree College, Autonomous Inter-Collegiate Cultural Fest, Yuvtarang. The two days cultural fest was inaugurated by T. Bharathi, Secretary, Indian Academy Education Trust (IAET). Dr. Srinidhi K. Parthasarathi, Academy Advisor Addressed the Gathering and said “Cultural fests should be considered as a platform for participants who are amateurs, as it becomes a stepping stone for the participants to become professionals. So let us all encourage them by applauding and cheering them on. The Principals of IAGI graced the occasion with their warm presence. The cultural fest started on 19th April 2023 with the off-stage programmes such as face painting, collage, nail art, photography, beat boxing and so on attracted the creative young stars. The event continued on 20th April 2023 with on-stage events like Dance, Singing, Battle of bands, Mad ads, Mime, Fashion show and so on. Yuvtarang 2022-23 grabbed the attention of more than 40 colleges in and around Bangalore, colleges like , Christ University, St. Joseph, Kristu Jayanti, Reva University and many other colleges have taken part in the two days cultural extravaganza.

Ms. Shobha Student Welfare Officer, Coordinator said “Untiring efforts, excellent performance by the participants, alumni support and flawless execution have resulted in the grand success of Yuvtarang”. She also added “This is what we call right people at the right time for the right occasion”. Students from Army Institute of Fashion and Design said “It is our best stage performance and I really felt good and challenging with the new crowd”. “Yuvatarang was really a good experience and the way we were hosted by the volunteers was really pleasing and we hope to come back next year”, said Dhakshini Singh of St. Annes College. “I like the way all the students and teachers were co-operating to make it [Yuvtarang] a success”, from Aloysius College. “I had a different but pleasant experience in the fest and also loved the varieties of cupcakes.”

The most awaited event Group Dance (Non-Indian) attracted the crowd most where more participation was seen and it grabbed the attention of the audience the most. The Group Dance (Non-Indian) at the end of the programme had gained the largest response. The event had many participants and many students were eager to watch the show. Yuvtarang became a grand success

of the students who showcased it brilliantly. The Yuvtarang Fest is an eagerly awaited inter-collegiate fest for students. The event was diligently organized. There was a soul to it. A soul that was vibrant, contagious and exuberant. Organization of such inter-college fest helps the students to develop managerial skills, as college needs to attract big crowds from in and outside the college.

Our Fest provided a bigger platform for students to showcase, learn and exchange their cultural capabilities. All the events were judged by professionals in their respective areas.

Cultural fests have carved a niche in the university ecosystem for all the right reasons. Delineating on all of them throws light on important roles fests have been playing in one student's life. The tradition of celebrating Cultural fests is widespread in colleges across the stretch of the country. Cultural fest plays a predominant role in a student's life and in the recent years, have managed to fetch a significant place for themselves in the academic calendar. There is a growing consensus that a college festival is not just about fun but that it also augments a student's learning experience. It recognizes the underlined importance of such cultural fests. It helped students to stage their talent and get recognition on a greater scale. For one, through participation in fests, a student picks up a variety of skills. The networking ability of students skyrockets during involvement in fests. Students end up expanding their network that can support them and can help them during future career stages. Cultural fests give a lot of social benefits, the biggest being inter-college interaction. Students get a chance to medley with people from different walks of life.

Organizing and participating in fest activities is not a child's play; it needs arduous efforts and stern dedication. Fests facilitate students to work for a fixed goal in unison and this eventually develops a sense of responsibility in them. It elevates confidence and also teaches them how to work in a team and in various challenging situations. In fests, students get chance to explore the campus and city more after the event, eventually getting exposed to different culture. This helps them understand different cultures and explore their sensitivities and finer nuances. Most of the employers hire students whose potential don't just revolve around bookish knowledge. Continuous involvement in more than one activity reflects skills and abilities of the student. Students learn to prioritize and time management too. These academically and co-circularly talented students have an outstanding personality, which helps them to forge ahead in their career. Lastly, the prime intention of pulling up a fest is to allow students a period of recreation. Though cultural fests rob students of their energy but replenish them with new vigor and enthusiasm. Memories and friendships created in fests are cherished forever. In the vicious life cycle of a student, revolving around studies, 'College Fests' shows a certain degree of inflation in the excitement levels of



INDIAN ACADEMY

Degree College - Autonomous

CIRCULAR

IADA/Eng./Club/30/2022

30/06/2022

All the students are hereby informed that Astrophel – Literature Club, Department of English as a part of club activity is conducting an activity Scrabble on 1st June, 2022. All the BA students are expected to attend the same.

Venue: Block II S4

Time: 11.15 am – 12.10 pm


Head of the Department

HOD

DEPT. OF ENGLISH

Indian Academy Degree College
Kalyan Nagar, BANGALORE - 43


Principal

PRINCIPAL
INDIAN ACADEMY DEGREE COLLEGE
AUTONOMOUS
HENNUR MAIN ROAD, KALYAN NAGAR
BANGALORE-560043, KARNATAKA

INDIAN ACADEMY

Degree College - Autonomous

CIRCULAR

IADA/Eng./Club/13/2022

13/06/2022

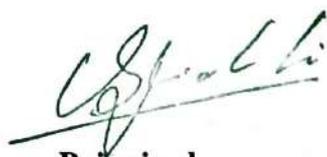
All the students are hereby informed that Astrophel – Literature Club, Department of English as a part of club activity is conducting an activity Hangman on 15th June, 2022. All the BA students are expected to attend the same.

Venue: Block II S4

Time: 11.15 am – 12.10 pm


Head of the Department

HOD
DEPT. OF ENGLISH
Indian Academy Degree College
Kalyan Nagar, BANGALORE - 43


Principal

PRINCIPAL
INDIAN ACADEMY DEGREE COLLEGE
AUTONOMOUS
HENNUR MAIN ROAD, KALYAN NAGAR
BANGALORE-560043, KARNATAKA

INDIAN ACADEMY

Degree College - Autonomous

Department of English

Astrophel (Literature Club)

Event: Astrophel (Literature Club)

Topic: Scrabble & Hangman

Date: 1/06/2022 & 15/06/2022

Time: 11.15 am – 12.10 pm

Target Audience: I, II.III Semester students:

Aims:

- Exposes players to new vocabulary that they might, otherwise, never get to know.
- To improve language skills not only by teaching new vocabulary but also by improving the players' spelling skills overall.

Objectives:

- To serve as a training ground to practice one's concentration skills. The more they play, the more players are able to ignore external distractions and control any sense of restlessness.
- Train decision skills, analysis skills, and the ability to predict and plan different outcomes.
- To create a relaxed and fun environment that prompts social interaction and bonding with anyone around, even strangers.

Outcomes:

- Students become more engaged in their learning, taught content is reinforced and class positivity is increased.
- Will help students to become a part of a team as well as take responsibility for their own learning.

- Will help students to have a more positive perception of their learning environment and give a true indication of their own learning.

The activity planned 1st June, 2022 was Scrabble, which was a word game. The game goes like this. The class is divided into three groups. One student from each group comes forward and writes a word on the board. Then all the players from the respective teams take turns and frame different words from each letter both vertically and horizontally. Each and every word written is dissected and each letter of the word will be framed into a new word. The students were motivated to come forward with a word of their own. And also they tried to think of new and uncommon words which was even explained to the students who wanted to know the meaning of that difficult. In this way the activity served to be a form of edutainment where students enjoyed and at the same time refreshed and learnt new vocabularies.

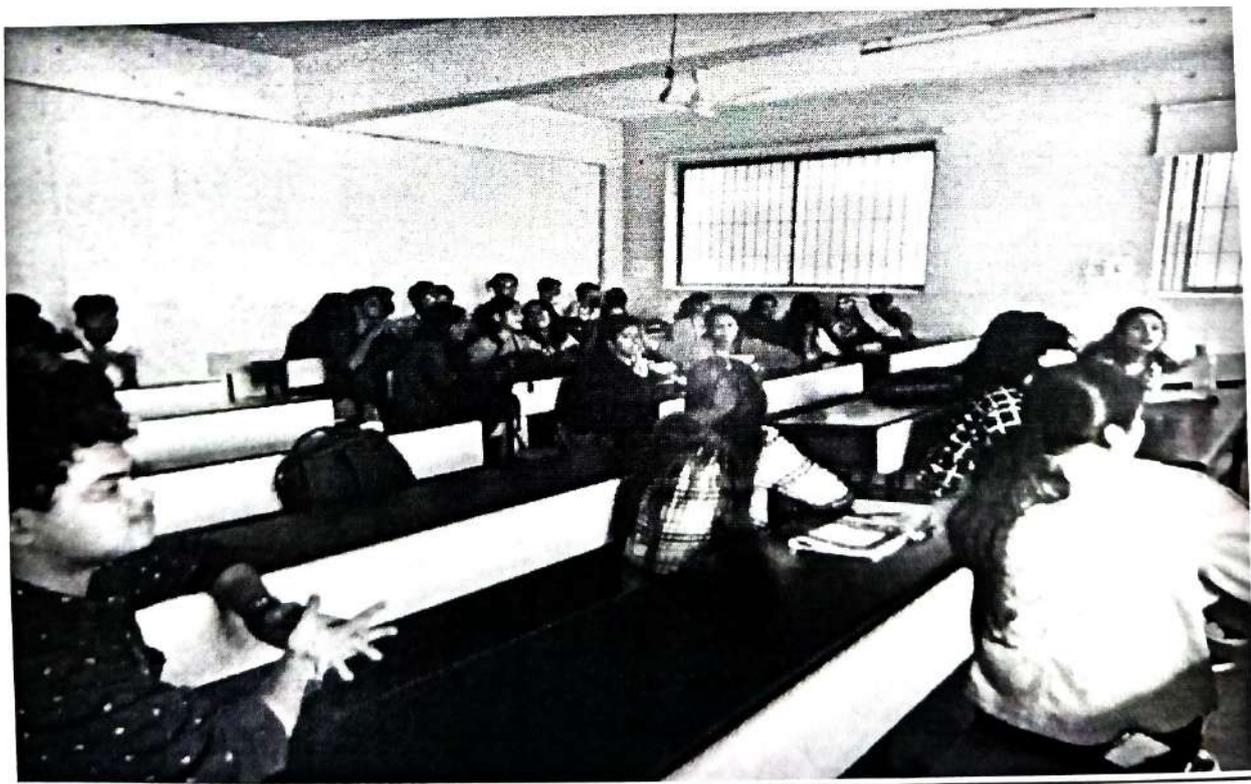
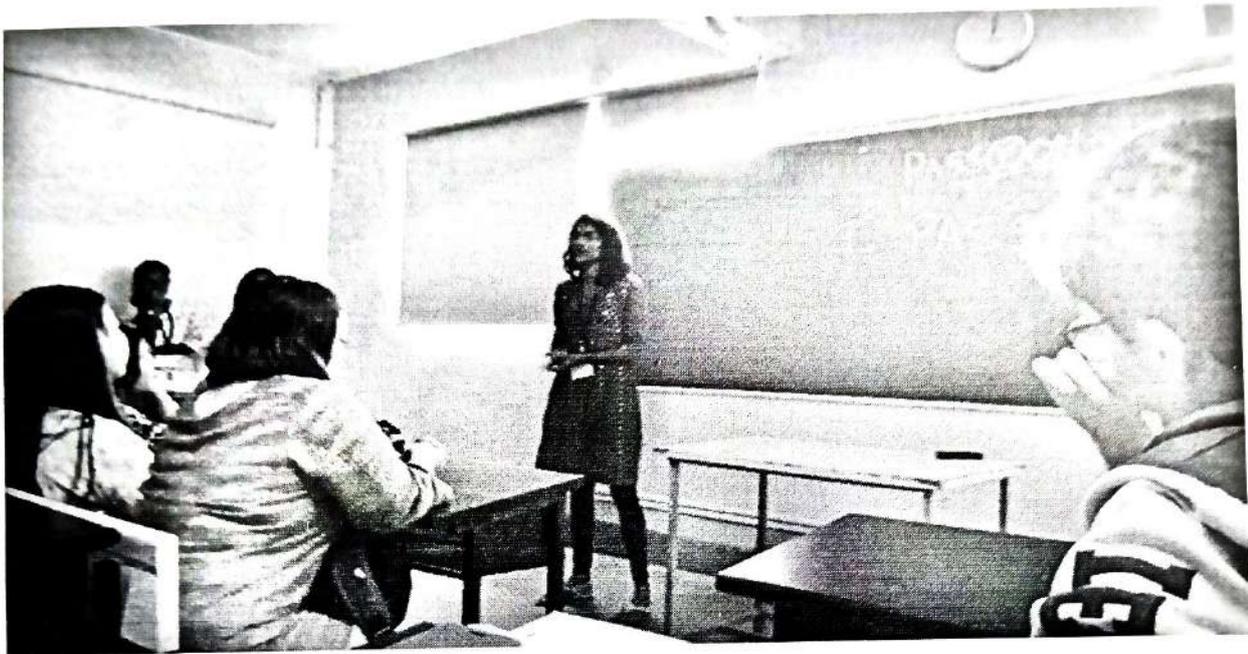
In the same way, the activity planned on 15th June, 2022, also aimed in enhancing the vocabulary of the students in a great deal. The game was named as HANGMAN. While the students divide themselves into teams, after a unanimous discussion with the team decides a difficult word to be given in the game. One student from the team writes the word incompletely leaving some blanks to be guessed by the other team. They then ask the first team to guess what letter comes next. If the team guesses the correct letter, write it in the space and ask the other team for the next letter. If the team guesses incorrectly, draw the first part of the hangman for that team and ask the other team what letter they think comes next. The game continues until the opponent team guesses the right word. In this way the students game out with difficult words which made the other team to think hard and find out. It even helped to improve their spellings.

INDIAN ACADEMY

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Department of English

Astrophel (Literature Club)



INDIAN ACADEMY

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IADA/Eng./Club/07/2022

27/06/2022

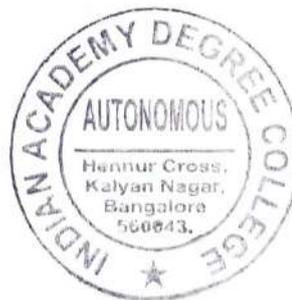
CIRCULAR

All the students are hereby informed that Astrophel – Literature Club, Department of English as a part of club activity is conducting a Debate-1 on 29th June 2022. All the BA students are expected to attend the same.

Venue: Block II S4

Time: 11.15 am to 12.10 pm


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IADA/Eng./Club/08/2022

04/07/2022

CIRCULAR

All the students are hereby informed that Astrophel – Literature Club, Department of English as a part of club activity is conducting a Debate-2 on 6th July 2022. All the BA students are expected to attend the same.

Venue: Block II S4

Time: 11.15 am to 12.10 pm


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Kalyan Nagar, BANGALORE




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Department of English

Astrophel (Literature Club)

Event: Astrophel (Literature Club)

Topic: Debate 1 & 2

Date: 29/06/2022 & 06/07/22

Time: 11.15 am to 12.10 pm

Target Audience: II, IV & VI Semester students:

Aims:

- Helps students understand essential critical-thinking and presentation skills.
- Nurtures rational thinking, citizenship, manners, organization of thoughts, persuasion and public speaking.
- Gives students the opportunity to test their thoughts and views against that of their peers.

Objectives:

- Teaches individuals the importance of being prepared to listen in two ways.
- It trains people in the mental preparation of listening - having a listening plan.

Outcomes:

- Will improve the capability to deeply engage the students in relevant learning and to inspire students to be deep thinkers.
- Students who contribute to class conversations early will continue contributing to class discussions later on.

As a part of literature club, a debate was conducted on the topic of "Online Vs. Offline Education" on 29th June 2022 which was later continued and discussed on 6th July, 2022.

The debate helped the students to think critically and share their views on the given topic.

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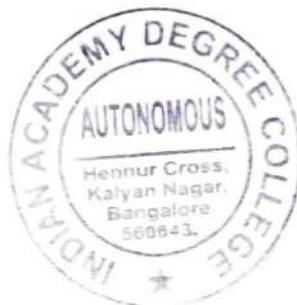
Chandana
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HENNUR MAIN ROAD, KALYAN NAGAR

Four teams with three students in each team participated in the Debate. Two teams spoke in favour of online education, and the other two teams spoke for offline education. Debater from the team online education said it is a useful teaching method for the new generation and has more flexibility. Advances in technology makes online teaching more effective. They also contributed by saying many students in the classroom environment aren't comfortable talking in public. They feel free to clarify their doubts through online education. Online education helps to save money that they need to spend on campus stay, food, and parking. Debater from the team offline education said it allows the teachers and students for more interaction. Pandemic is one reason where we depend more on online education. A student who resides in the remote areas finds it difficult to access online education due to poor internet connectivity which may affect their learning. In the online mode of education, the teacher cannot monitor the students directly they need to be more self-responsible for their learning. Offline education allows students to meet their teachers to clarify their doubts directly and improve their clinical practice skills and also actively engage themselves in extracurricular activities.

In conclusion, students said it is very essential to learn the skills to provide care to the individuals but this may not be possible in online education. A student from the audience explained the difficulty that they are facing by watching the slides for a long time in the online mode and also, he said it increases the screen time. As this debate was carried forward in two literature club hours it gave an opportunity for each and every student to express their opinion and even their critical views on the others' ideas/opinions.


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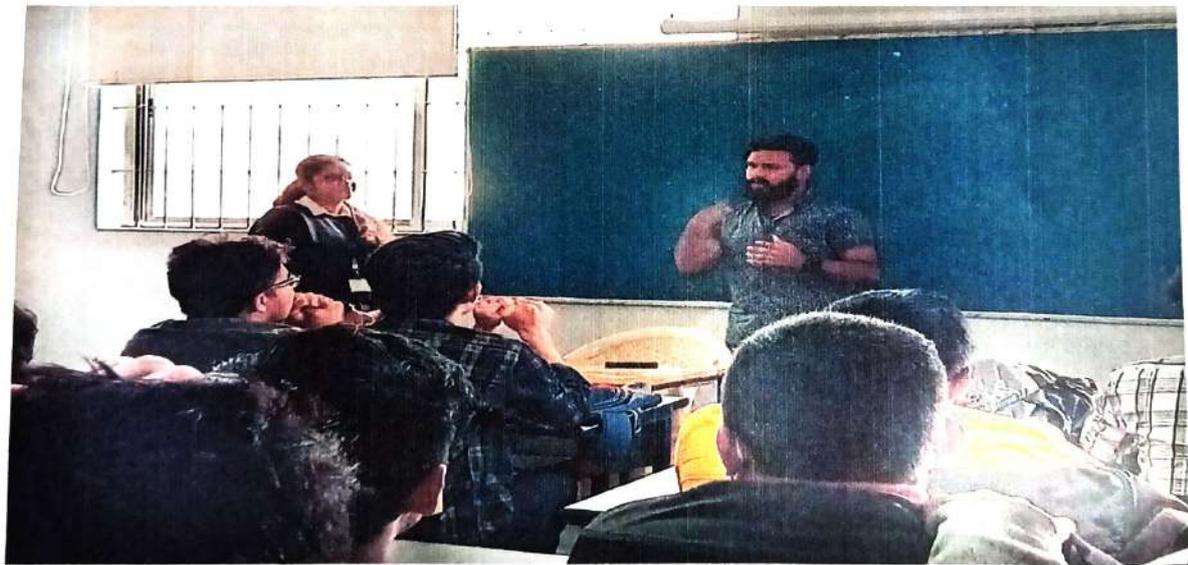

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Department of English

Literature Club



Reelhi
Head of the Department

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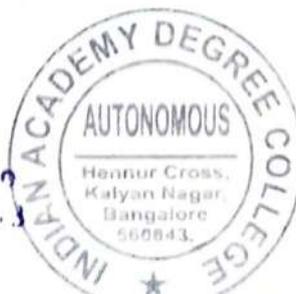
Department of English

Literature Club Attendance- June & July 2022

Sl. No	Name of the Student	Degree	Reg. No	29/6/22	06/7/22
1.	Devdip Kumar Bose	VI BA	19IABOA018	1	2
2.	Dora Grace Sam	VI BA	19IABOA019	1	2
3.	Francis Zorammuana	VI BA	19IABOA020	1	2
4.	Garrybayeva Leyla	VI BA	19IABOA021	1	2
5.	Iba Zehe grace Christelle	VI BA	19IABOA022	1	2
6.	Imkongakum Jamir	VI BA	19IABOA023	1	2
7.	Kosheingam Jagvei Lamkang	VI BA	19IABOA024	1	2
8.	Mamtha R	VI BA	19IABOA025	1	2
9.	Marfuha Tabassum	VI BA	19IABOA026	1	2
10.	Ngachanso RW	VI BA	19IABOA027	1	2
11.	Reena Raj R	VI BA	19IABOA028	1	2
12.	Rohith V	VI BA	19IABOA029	1	2
13.	Sameer Tigga	VI BA	19IABOA030	1	2
14.	Sanjay Santhosh	VI BA	19IABOA031	1	1
15.	Soram Sony	VI BA	19IABOA032	1	2
16.	Swathi	VI BA	19IABOA033	1	2
17.	Y Devyani	VI BA	19IABOA035	1	2
18.	Nithin Raj Kumar	II BA	21IABOA007	1	A
19.	Rakshitha S P	II BA	21IABOA008	1	2
20.	S Vikram	II BA	21IABOA009	1	2

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21.	Sharon Keziah L	II BA	21IABOA010	A	1
22.	V Sai Keerthi	II BA	21IABOA011	1	2
23.	Asha	II BA	21IABOA012	1	2
24.	Ayush Tiwari	II BA	21IABOA013	1	1
25.	Mohammed Izhan S S	II BA	21IABOA014	1	1
26.	Monika H	II BA	21IABOA015	1	1
27.	Parveen Taj A	II BA	21IABOA016	1	A
28.	Raja Junaid Javid	II BA	21IABOA017	1	A
29.	Renuka	II BA	21IABOA018	1	2
30.	Sanjana P	II BA	21IABOA019	A	1
31.	Tenzin Lhakpa	II BA	21IABOA020	1	2
32.	U Nithish Kumar	II BA	21IABOA021	1	2
33.	Aswin S	II BA	21IABOA022	A	A
34.	Bharath Kumar G S	II BA	21IABOA023	1	A
35.	Jancy W	II BA	21IABOA024	1	2
36.	Kripa Rai	II BA	21IABOA025	1	A
37.	Monica S	II BA	21IABOA026	1	2
38.	Nani R	II BA	21IABOA027	1	2
39.	Rachana R	II BA	21IABOA0281	1	2
40.	Mariya R	II BA	21IABOA037	A	A
41.	Meghana C	II BA	21IABOA038	1	2
42.	N Srushti	II BA	21IABOA039	1	2
43.	Nancy Arun Shrikande	II BA	21IABOA040	1	2
44.	S Manoj Kumar	II BA	21IABOA041	1	2
45.	Shakthivel R	II BA	21IABOA042	1	2

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46	Abigail	IV BA	20IABOA010	1	A
47	Baby Zeba	IV BA	20IABOA011	1	2
48	Bhakthi J	IV BA	20IABOA012	1	2
49	Disha Holla	IV BA	20IABOA013	1	2
50	Divya S	IV BA	20IABOA014	1	2
51	Easther Susan Paul	IV BA	20IABOA015	1	2
52	Jenifer B	IV BA	20IABOA016	1	2
53	Jobin John	IV BA	20IABOA017	1	2
54	Jyoti Harpal	IV BA	20IABOA018	1	2
55	Karthikeyan G I	IV BA	20IABOA019	A	1
56	Maria Synthia J	IV BA	20IABOA021	1	2
57	Moirangthem Netalion	IV BA	20IABOA022	1	2
58	Muskan Ahmed	IV BA	20IABOA023	1	2
59	Nizar Djema	IV BA	20IABOA024	1	2
60	Priyanka Sharma	IV BA	20IABOA025	1	2
61	Pulipati Yashwanth Sona	IV BA	20IABOA026	1	2
62	Ruth Krupa K	IV BA	20IABOA027	1	2
63	Sneha M	IV BA	20IABOA028	1	2
64	Sreenisha S	IV BA	20IABOA029	1	2
65	Vijayashree S K	IV BA	20IABOA032	1	2

Head of the Department

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INDIAN ACADEMY

Degree College, Alwar Road, Tanjore

DEPARTMENT OF ENGLISH

RHETORIC - SPEAKER'S CLUB

AMAZE... ASPIRE... ASSERT...

Topic

**'DREAMS' OR
'THE BEST DAY OF MY LIFE'**



WEDNESDAY, 21TH DECEMBER 2022



2:00 - 3:00PM



SEMINAR HALL - II

**CONTACT STUDENT COORDINATORS
FOR FURTHER DETAILS**

Ms. Soniya (M.Com.) - 86187 19447

Mr. Sanjay R (B.B.A.) - 63611 45449

CO-ORDINATORS

Ms. N Lakshmi

Ms. Babeena P K

HEAD OF THE DEPARTMENT

Prof. Geetha Ravi M

Speakers' Club Report

Topic: 'Dreams' or 'The Best Day of Life'

Event: Rhetoric

Date: 21/12/2022

Topics:

1. Dreams.
2. The best day of my life.

Aims:

- To develop listening, reading, and research skills of the students.
- To motivate inspire and help students to develop general speech fluency.
- To urge students to discover their public speaking potential.
- To enable speakers to convey their message effectively with good oral communication.

Objectives:

- To meet and listen to different perceptions of different people.
- To improve the public speaking skills of students.
- To enhance personal development and critical effective thinking of the students.

Outcomes:

- It helped students to explore possible solutions to shape their material to fit in their speech purpose.
- Students got to witness different perceptions of different people.
- It helped students to make new social connections among students of other streams.

Description:

The speech competition took place on 21.12.2022 at Seminar Hall 2 at 2:00pm. The participants/speakers were comprised of students from various streams and in total we had fifteen participants. The speech competition started with students sharing their personal experiences on a particular day which turned out to be the best day of their lives and other participants had put forth their perception on the topic "Dreams". The participants had a great boost of self-confidence and delivered a good speech to the audience.

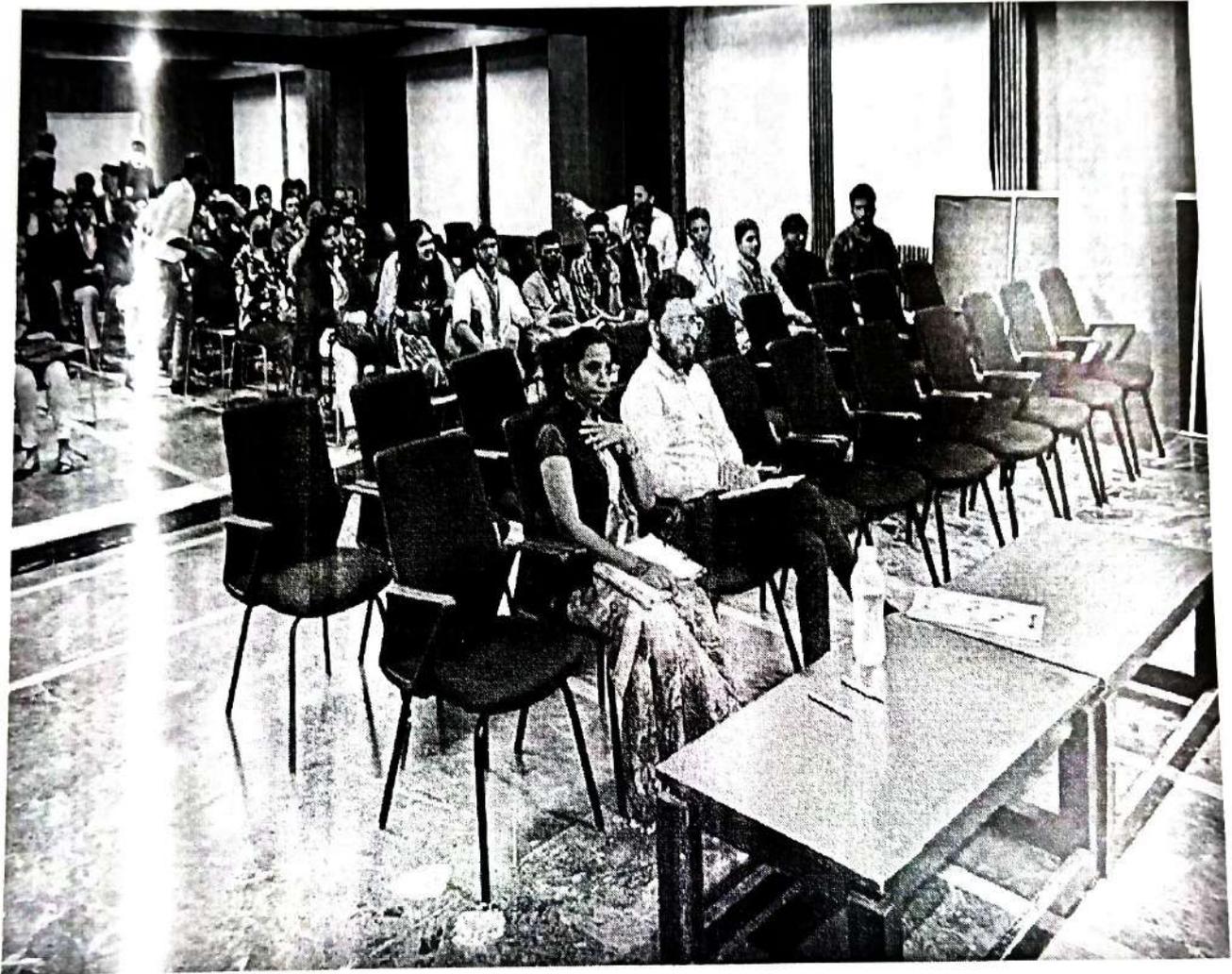
Winners:

The participants have been ranked based on their communicating skills, presentation and relevance to the topic.

The winners of this session are:

- First Position – Mark Ethan (B.Com-I Sem)
- Second Position – Disha Holla (BA-V Sem)
- Third Position – Rabiya Begum (B.Sc-III Sem)

Pictures:



INDIAN ACADEMY

Degree College - Autonomous

Department of English

RHETORIC

Speaker's Club

CONGRATULATIONS WINNERS!!!



Event: Rhetoric

Date: 21/12/2022

Topic: 'Dreams or 'The Best Day of Life'

Place	Name of participant	Class and section
First	Mark Ethan	I-B.Com
Second	Disha Holla	V-B.A.
Third	Rabiya Begum	III-B.SC

THANK YOU CONTESTANTS FOR YOUR ACTIVE PARTICIPATION. WISHING YOU THE BEST FOR CONTINUED SUCCESS!!!!


Head of the Department

Prof. Geetha Ravi.M

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Kalyan


Principal
PRINCIPAL

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Dr. Srinivas Parthasarathi

HENNUR MAIN ROAD

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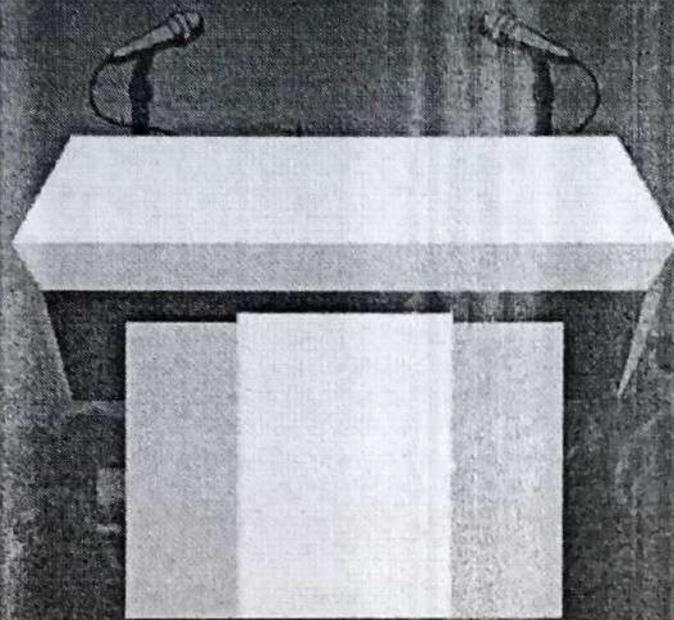
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DEPARTMENT OF ENGLISH

RHETORIC - SPEAKERS' CLUB

AMAZE.... ASPIRE.... ASSERT....



TOPIC

MUSIC HAS HEALING POWER



17TH JAN 2023 (TUE)



02:00 - 03:00PM



SEMINAR HALL - II

Student Co-Ordinators

Mr. Sanjay R (B.B.A.) - 63611 45449

Ms. Teena Daniel (B.Com.) - 70224 29758

Co-Ordinators

Ms. N Lakshmi

Ms. Babeena P K

Head of the Department

Prof. Geetha Ravi M

Speakers' Club Report

Event: Rhetoric

Date: 17/01/2023

Topic: 'Music has Healing Power'

Aims:

- To develop listening, reading, and research skills of the students.
- To motivate inspire and help students to develop general speech fluency.
- To urge students to discover their public speaking potential.
- To enable speakers to convey their message effectively with good oral communication.

Objectives:

- To meet and listen to different perceptions of different people.
- To improve the public speaking skills of students.
- To enhance personal development and critical effective thinking of the students.

Outcomes:

- It helped students to explore possible solutions to shape their material to fit in their speech purpose.
- Students got to witness different perceptions of different people.
- It helped students to make new social connections among students of other streams.

Description:

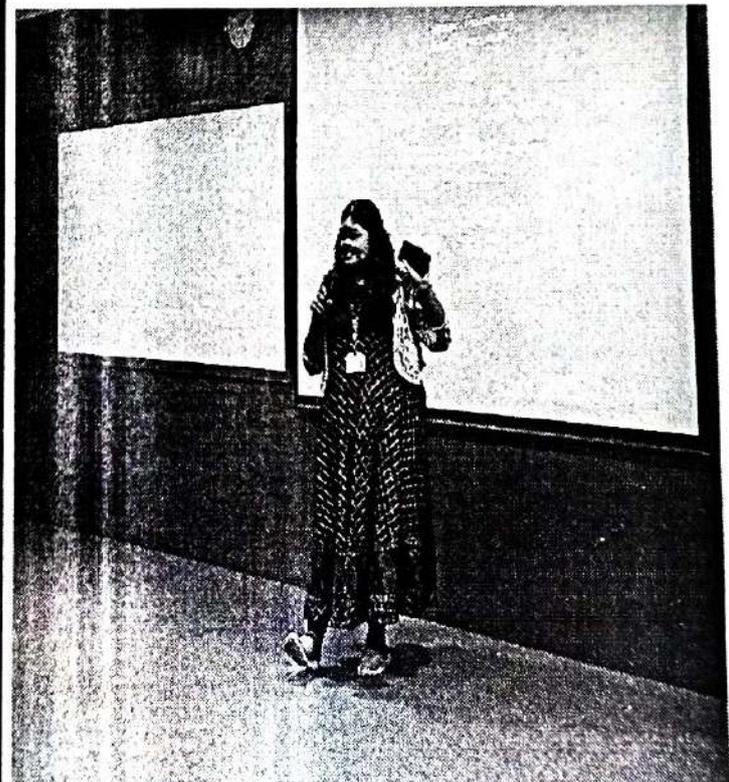
The speech competition took place on 17/01/2023 at Seminar Hall 1 at 2:00pm. The participants/speakers were comprised of students from various streams and in total we had fourteen participants. The speech competition started with students sharing their views on the topic 'Music has Healing Power'. The participants had a great boost of self-confidence and delivered a good speech to the audience.

Winners:

The participants have been ranked based on their communicating skills, presentation and relevance to the topic.

The winners of this session are:

- First Position – Sahil Khan J (BBA-III Sem)
- Second Position – ShaikFazilBasha (B.COM-III Sem)
- Third Position – Ashwani (B.COM-III Sem)



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Department of English

RHETORIC

Speakers' Club

CONGRATULATIONS WINNERS!!!



Event: Rhetoric

Date: 17/01/2023

Topic: 'Music has Healing Power'

Place	Name of participant	Class and section
First	Sahil Khan J	III-BBA
Second	Shaik Fazil Basha	III-B.Com
Third	Ashwani	III-B.Com

THANK YOU CONTESTANTS FOR YOUR ACTIVE PARTICIPATION. WISHING YOU THE BEST FOR CONTINUED SUCCESS!!!!


Head of the Department

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DEPT. OF ENGLISH


Principal

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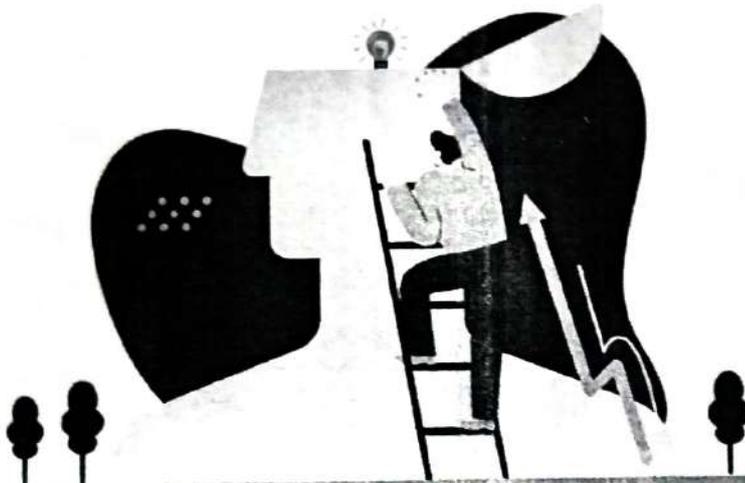
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Department of English
RHETORIC - SPEAKERS' CLUB

AMAZE... ASPIRE... ASSERT...

SELF - CONFIDENCE



Thursday, 27th April 2023
1:30 pm - 3:00 pm

Seminar hall - II

STUDENT COORDINATORS

Mr. Sanjay R (BBA) - 6361145449
Ms. Navya (MSc) - 9632025458

CO - ORDINATORS

Prof. N Lakshmi
Prof. Babeena

HEAD OF THE DEPARTMENT

Prof. Geetha Ravi M

PRINCIPAL

Dr. N Thilaka



Speakers' Club Report

Event: Rhetoric

Date: 27/04/2023

Topic: 'Self Confidence'

Aims:

- To develop listening, reading, and research skills of the students.
- To motivate inspire and help students to develop general speech fluency.
- To urge students to discover their public speaking potential.
- To enable speakers to convey their message effectively with good oral communication.

Objectives:

- To meet and listen to different perceptions of different people.
- To improve the public speaking skills of students.
- To enhance personal development and critical effective thinking of the students.

Outcomes:

- It helped students to explore possible solutions to shape their material to fit in their speech purpose.
- Students got to witness different perceptions of different people.
- It helped students to make new social connections among students of other streams.

Description:

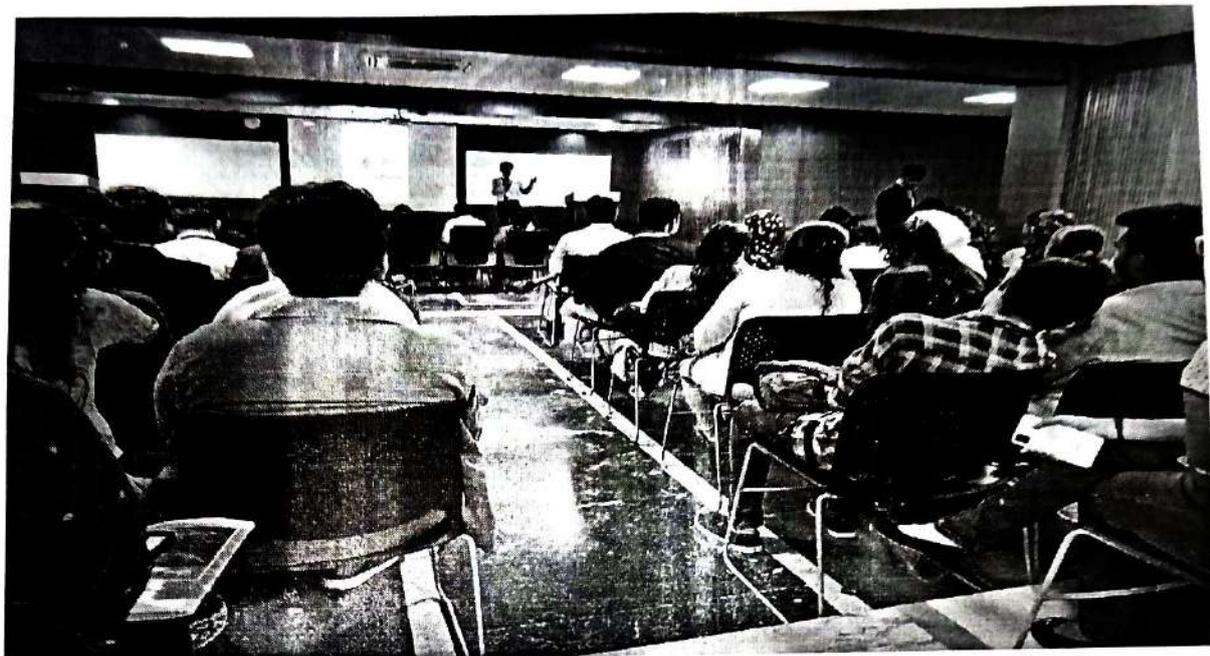
The speech competition took place on 27/04/2023 at Seminar Hall 1:30 pm at 3:00pm. The participants/speakers were students from various streams of UG and in total we had thirteen participants. The speech competition started with students sharing their views on the topic 'Self-Confidence'. The participants had a great boost of self-confidence and delivered a good speech to the audience.

Winners:

The participants have been ranked based on their communicating skills, presentation and relevance to the topic.

The winners of this session are:

- First Position – Sarswati (B.Sc-IV Sem)
- Second Position – Rabiya Begum (B.Sc-IV Sem)
- Third Position – Sahil Khan (BBA-IV Sem)



INDIAN ACADEMY

Degree College - Autonomous

Department of English

RHETORIC

Speakers' Club

CONGRATULATIONS WINNERS!!!



Event: Rhetoric

Date: 27/04/2023

Topic: 'Self-Confidence'

Place	Name of participant	Class and section
First	Saraswati	IV-B.Sc
Second	Rabiya Begum	IV-B.SC
Third	Sahil Khan	IV-BBA

THANK YOU CONTESTANTS FOR YOUR ACTIVE PARTICIPATION. WISHING YOU THE BEST FOR CONTINUED SUCCESS!!!!


Head of the Department
Prof. Geetha Ravi.M


Principal
Dr. N. Thilaka

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Department of English

RHETORIC – SPEAKERS' CLUB

AMAZE.... ASPIRE.....ASSERT

TOPIC

"Beauty lies in the eyes of the beholder"
or
"Things I learnt during lockdown"

THURSDAY 09 MARCH 2023 | 2:30PM to 4:00PM
SEMINAR HALL-2

Head of the Department
Prof. Geetha Ravilal

CO-ORDINATORS:
Prof. N Lakshmi
Prof. Babeena

Principal
Dr. Srinidhi K Parthasarathi

Student Coordinators
Ms. Navya (Msc) & Ms. Soniya (Mcom)



Speakers' Club Report

Event: Rhetoric

Date: 09/03/2023

Topic: 'Beauty Lies in the Eyes of the Beholder' or 'Things I Learnt during Lockdown'

Aims:

- To develop listening, reading, and research skills of the students.
- To motivate, inspire and help students to develop general speech fluency.
- To urge students to discover their public speaking potential.
- To enable speakers to convey their message effectively with good oral communication.

Objectives:

- To meet and listen to different perceptions of different people.
- To improve the public speaking skills of students.
- To enhance personal development and critical effective thinking of the students.

Outcomes:

- It helped students to explore possible solutions to shape their material to fit in their speech purpose.
- Students got to witness different perceptions of different people.
- It helped students to make new social connections among students of other streams.

Description:

The speech competition took place on 09/03/2023 at Seminar Hall 1:30 pm at 3:00pm. The participants/speakers were students from various streams of PG and in total we had fourteen participants. The speech competition started with students sharing their views on the topic 'Things I Learnt during Lockdown/Beauty Lies in the Eyes of the Beholder'. The participants had a great boost of self-confidence and delivered a good speech to the audience.

Winners:

The participants have been ranked based on their communicating skills, presentation and relevance to the topic.

The winners of this session are:

- First Position – Keerthana (II-Sem, MBA)
- Second Position – Amalan (I-Sem, M.Sc Biotech)
- Third Position – Zaiba (II- Sem, M.Sc, Chemistry)

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Department of English

RHETORIC

Speakers' Club

CONGRATULATIONS WINNERS!!!



Event: Rhetoric

Date: 09/03/2023

Topic: 'Beauty Lies in the Eyes of the Beholder'

or

'Things I Learnt during Lockdown'

Place	Name of participant	Class and section
First	Keerthana	II-MBA
Second	Amala	I-MSc (Biotech)
Third	Zaiba	II-MSc (Org.Chem)

THANK YOU CONTESTANTS FOR YOUR ACTIVE PARTICIPATION. WISHING YOU THE BEST FOR CONTINUED SUCCESS!!!!


Head of the Department

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Department of English

RHETORIC

Speakers' Club

CONGRATULATIONS WINNERS!!!



Event: Rhetoric

Date: 29/05/2023

Topic: 'G20-2023'

Place	Name of participant	Class and section
First	Arvind Swamy	IV-B.Com
Second	Rabiya Begum	IV-B.Sc
Third	Aparna	VI-BA

THANK YOU CONTESTANTS FOR YOUR ACTIVE PARTICIPATION. WISHING YOU THE BEST FOR CONTINUED SUCCESS!!!!

Head of the Department

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